



# Miami Valley Outdoor Club

May, 2008

May 6 Meeting: at Gander Mountain

## Combination: Paradise Trip and Living Green

By Donna Gehring

Because of an accidental double booking for speakers, the planned talk and slide show about the February Michigan cross-country ski/snowshoe trip was moved to May. In addition, the planned Living Green discussion will also be part of the topic.

In February 2008 Eight MVOCers left the traditional 1000 shades of gray of Ohio winter to journey to Upper Michigan for a week long romp in the white stuff. The April May program is the photographic documentation of that adventure accompanied by stories. Join us for an evening report of fun and adventure.

Also at our May meeting we will be sharing tips on the subject of living our modern lives in an earth friendly way.

What have you done and do regularly to make this planet a healthier and safer place to live? Do you have websites to share? Cleaning techniques to share? Gardening tips to share? Energy conservation tips to share?

Bring your information to the Gander Mountain Meeting and help us all live GREEN by sharing.

The talk will begin at 7:00 P.M., preceded by the business meeting at 6:30 P.M. Come at 6:00 for socializing and trip planning. The meeting will be the Gander Mountain Meeting Room at the Gander Mountain Store in Huber Heights. The address is 8001 Old Troy Pike, but the location is actually off of Old Troy along I-70.

## Upcoming MVOC Activities

May 3 and 4

### Car Camping at Red River Gorge

This weekend will be the peak of the season for Wildflowers at Red River Gorge, a part of Daniel Boone National Forest, Slade, Kentucky near Natural Bridge State Park. Lots of hiking along gorgeous sandstone cliffs and trails among the acid-soil loving wildflowers such as Moccasin Flowers, Ladyslipper orchids, Clintonia, Wild Iris, and Showy Orchis to name a few.

Getting there involves driving South from Dayton on I75 to Lexington and turning left and driving for another hour. This is a tent style camp-out, also called car camping. Any-

thing that you can put into, on-top-of or drag behind your car is okay to bring.

This weekend is the peak of the wildflower season. Twenty-Two MVOC members are signed up for the trip. Five backpackers plus 16 adults and one 7 years old girl. You can hike all you want or as little. Pick an all day trail hike or do the driving tour that stops for many short hikes to the natural arches. Such as Angel Windows, Whistling Arch, Sky bridge, Princess Arch, and Chimney top rock. From this area there are awesome sunsets. Call me ASAP if you plan to go. Donna Gehring 836-8515 or 371 8511.

## More MVOC Activities

May 17 Saturday 10am.

### Wildflowers at Englewood Reserve

Hike to the three falls in Englewood Reserve. Beginning at the East Park, we will hike to Oak Falls, Patty Falls and Martindale Falls. The return trip will take us along the Eastern River edge of the park and back to the parking lot. Bring your wildflower identification book and maybe a camera. Contact: Donna Gehring 836-8515 or [dgehring@worldnet.att.net](mailto:dgehring@worldnet.att.net) for meeting place

directions This may take up to 3 hours.

May 18 Sunday 2PM

### Big Spring @ Englewood Reserve

Hike to the Big Spring and various small springs that nurture this southernmost Englewood Reserve park on the Eastern side of the River south of the Aullwood center. This might be only be a 2 hour hike. Bring your wildflower identification books and a camera. This is a lovely, but not well known section of the Park. Contact: Donna Gehring 836-8515 or [dgehring@worldnet.att.net](mailto:dgehring@worldnet.att.net) for meeting place directions.

## Other

### State Park events:

Saturday May 3 **Hueston Woods State Park** 10am to 1PM Fish Ohio Free Clinic.

Meet the naturalist for free instruction for beginners. Bait will be provided. No fishing license required 513-523-6347 for more information.

Saturday and Sunday May 24 and 25 **Kiser Lake State Park**

Memorial Day Weekend archery, candlemaking crafts and a historical trail 937-363-3822.

Saturday May 24 **Caesar Creek State Park**

Spring into life hike begins at 10am at the day lodge. Hike through the woods and learn to identify wildflowers. 513-897-2437 for more details.

## Trip Report

April 19, 2008

### Trail Maintenance at Wildcat Hollow

Ralph Weiss, Bob Kelley, Ned and Marion Sheppard, Dale Bockhorst, Dave Wood, and us, Dwight and Donna Gehring met up with the Rangers, Sam, the bridge building expert and his "apprentice," the ranger who is learning about bridge building. We removed the ancient bridge located at the Trail Head near the parking lot. It consisted of two logs about 15 inches in diameter rebarred in place side by side with a 12 x 1 inch pressure treated plank nailed over the top of it.

Then with the use of a circular saw, a generator, two battery operated drills a 14 foot by two foot pedestrian bridge was soon in service. The supporting sides were each made of two pressure treated planks laminated together. There were support beams underneath connecting the sides and planks placed permanently across the top for foot traffic. It is truly a very nice foot bridge. We finished it by 1:00.

After lunch we met up at the campground. Ralph had arrived a few days early to scope out the mushroom potential. He hadn't found anything. It started raining soon after. When the rain slackened we discovered about 10 mushrooms right in the campsite. Some of them were no bigger than a bean. Too small to pick. So, we decided to mark them so as not to stomp on them and see how much bigger they would be in the morning. It rained most of the night.

Next morning the mushrooms were not much bigger. We went to Glouster, Ohio for breakfast. Then Dwight and I went home. The sun came out and I am hoping that those who didn't go home had a good day of hiking and mushroom hunting.

## Coming Up

- |        |                                  |
|--------|----------------------------------|
| May 6  | MVOC meeting @ GANDER MTN        |
| May 15 | MVOC Board Meeting               |
| May 17 | Wildflowers @ Englewood          |
| May 18 | Big Spring @ Englewood Metropark |
| June 3 | Member meeting at Wegerzyn       |

## Board Meeting, Thursday, May 15

This month's board meeting will be at Marion's Piazza, 3434 N. Dixie Dr., at 6:00 p.m. All club members are welcome.

## River Clean-ups

Stillwater Watershed project is sponsoring a clean-up day in four locations on the Stillwater River May 30. They cleaned up 17 1/2 miles of the Stillwater River last year. Contact person: Greg McGlinch 1-937-548-1715.

Miami Valley Conservancy may be sponsoring a river cleanup. Keep an eye on your email for info on this one.

REMINDER: Check out the calendar on the club website:

[www.miamivalleyoutdoorclub.org](http://www.miamivalleyoutdoorclub.org)

## Other Outdoor Action

Five Rivers MetroParks has geared up with a variety of activities.

### Kayaking

Kayaking Basics 5/06 and 5/20 \$50 fee Register at 277-4374

Wednesday night paddles beginning 5/07 Contact Whitewater Kayak for more info (222-7020)

Twin Creek Float 5/10 free Register at 277-4374

Kayak Demo night 5/13 free

### Cycling

Bike for the Health of It

Saturdays in May, PLUS Bike to work Pancake Breakfast on May 16.

Check out [www.metroparks.org](http://www.metroparks.org) for times and locations

**Backpacking trail work days** Twin Creek Backpack trail May 14 and 17 277-4374

## Activity Calendar

## May 2008

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1	2	3 Camping Red River  Bike/Health	4 Camping Gorge
5	6 Meeting at Gander Mtn	7 Wed. paddle	8	9	10 Bike/Health	11
12	13	14 Wed. paddle	15 Board Meeting at Marion's	16	17 Hike Wildflowers @ Englewood Bike/Health	18 Hike Big Spring @ Englewood
19	20	21 Newsletter Deadline Wed. paddle	22	23	24 Bike/Health	25
26 Memorial Day	27	28 Wed. paddle	29	30 Stillwater cleanup	31 Bike/Health	

Miami Valley Outdoor Club  
P.O. Box 292571  
Dayton, OH 45429  
www.miamivalleyoutdoorclub.org

## Membership Response Form

Annual dues are \$16 for singles or \$24 for families. New members joining after July 1 may pay half a year's dues.

Name \_\_\_\_\_ I'd like to join \_\_\_\_\_ I'd like to renew \_\_\_\_\_

Address \_\_\_\_\_ I'd like more information \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Phone # \_\_\_\_\_

Email Address \_\_\_\_\_ Amount enclosed \$ \_\_\_\_\_

Please circle one: (Include) (Do not include) my name and information on the annual roster sent to all MVOC members.

I hereby declare that I am at least 18 years of age and agree to abide by the rules and regulations of the Miami Valley Outdoor Club. I do hereby relieve the Miami Valley Outdoor Club and/or its officers and members from all responsibility and liability regarding any loss, injury, or accidents incurred at, or related to, any club activity or function.

Signature \_\_\_\_\_ Date \_\_\_\_\_

### MVOC Officers

President:	Sandy Todd	698-5046	saza3@hotmail.com
Vice President:	Gary Mount	367-6702	glmount@yahoo.com
Secretary/Treasurer:	Dale Bockhorst	433-5533	dalebockhorst@yahoo.com
Programs Director:	Dwight Gehring	836-8515	dgehring@worldnet.att.net
Newsletter/Publicity:	Jim Nies	275-9614	jnies@aol.com
Activities:	Donna Gehring	836-8515	dgehring@worldnet.att.net
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