



Miami Valley Outdoor Club

April 7 Meeting:

April, 2009

43 Years of Hiking Glen Helen

Rubin Batino has been hiking regularly in Glen Helen for 43 years. His presentation will show many slides of the Glen organized around the four seasons, and will be primarily an impressionistic showing of the various sides of the Glen. There are many trails, and Rubin has hiked them in all seasons. One section is devoted to photos of family and others in the Glen. The most popular place to visit is the pine forest which was planted in the 30s by the CCC. The Glen at one time was a resort with a large hotel and a boating lake. The mineral waters which the visitors drank now "harden" the local water supply!

Join us at 6:00 P.M. for socializing and trip planning, followed by the business meeting at 6:30 P.M. and the talk at 7:00. The meeting will be at Wegerzyn Garden Center, 1301 E. Siebenthaler Ave., Dayton.

Upcoming MVOC Activities

Try Mountain Biking - Free
Huffman Metro Park
Saturday, April 4, 1:00 - 5:00

Never tried mountain biking? Now's your chance. Join MVOC friends at Huffman Metro Park for the next best thing to biking in the Colorado Rockies. Free bikes and helmets available on a first come first served basis or bring your own. Trails for all ability levels. Details on page 49, Metro Parkways magazine, spring 2009 or check their website at www.metroparks.org. Reservations recommended by calling Metro Parks at 937-277-4374. If you plan to use park equipment, they would like to know your height and in-seam length. If you are a spur of the moment person, walk-ins are welcome.

**MVOC contact person: Lindy McDonough,
278-1493**

Trail Maintenance at Wild Cat Hollow

Starts on April 18, 2009 at 8:00AM
Ends on April 19, 2009 at 1:00PM

Join MVOC for the annual Trail Maintenance at Wild Cat Hollow. Meet at Burr Oak State Park Lodge at 8am Sat. Camping for trail maintenance volunteers at the National Forst Campground near Burr Oak State Park. Please dress in work clothes; bring work gloves, water and lunch to carry on the trail.

For more details contact Ralph Weiss at 698-3232 www.weisspainting.com

Note: Be sure to catch Ralph with questions before the 15th of April.

The Fort Hill hike and picnic happens the next day. See p. 2 for details.

May meeting: Early warning: Because the Wegerzon auditorium won't be available the MVOC May meeting will take place at Gander Mountain instead and it will happen on MONDAY, May 4, at the usual time..

More MVOC Activities

April 19 1-4 PM

Fort Hill Day Hike and Picnic Near Bainbridge and Hillsboro, Ohio

Fort Hill is an ancient earthworks site that is also a very steep climb. The climb is worth it for the wonderful view of the area. At the end we will have a picnic dinner at the shelter around the parking lot. Disk and tubular meet products and charcoal provided. Please bring a covered dish to share. Contact Donna Gehring 937-836-8515 or ddgehring60@verizon.net for directions and meeting location.

Trip Reports

(Or What we've been up to)

March saw a shortage of formally organized club activities, but that didn't mean we didn't get outdoors.

As part of the Team Green meetup group, members Andy Niekamp and Scott Barga invited MVOC members on two excursions to Eastwood Lake for bald eagle viewing. They report success both times. In addition, as a part of the Team Green meetup group Scott has led two early spring bike rides along the Great Miami.

Wright Patt had an outdoor club "expo" where local outdoor clubs could showcase themselves. Lindy McDonough organized a table of MVOC exhibits.

In mid-March Dwight and Donna tried to have a backpacking trip to Archer's Fork near Marietta but got no takers so they were headed there anyway to scout the area for future excursions. Says Donna, "Anyone who is interested in short backpacking trips, please contact me."

Have some outdoor gear just filling up a closet? Need a piece of gear, or an entire campsite full? Want to try backpacking or camping or some other outdoor activity, but don't want to invest big bucks on the necessary equipment? Advertise your used gear needs or surplus in the newsletter.

April 26, 2009 at 1:00 - 5:00 PM

Day Hike at Cedar Bog

Join us at this unique wildlife area, see it's brand new visitor center, walk the trails and enjoy the many spring wildflowers. Afterward, we may spend some time at a nearby park for another hike or visit an area attraction. Finally for those interested, we'll have dinner somewhere in the Springfield. More details coming later.
Contact Person: Lindy McDonough, 278-1493.

Board Meeting, Thursday, April 16

This month's board meeting will be at Marion's Piazza, 3434 N. Dixie Dr., at 6:00 p.m. All club members are welcome.

In the works

Trips in the coming months of May and beyond

May 1-3

Car Camping at Red River Gorge

I am planning a weekend car camping weekend at Red River Gorge, May 1-3. It will be a weekend full of day hikes or a possible short backpacking trip. we will try to be there early on Friday to reserve our camping spots - so pre-sign up is necessary to let me know the number of sites required.

Wild flowers will be abundant so lace up those boots and lets go hiking.

For more info or to sign up please call Sandy at 937-698-5046.

May 23-25 2009

Car camping Lake Vesuvius Recreation Area Near Ironton, Ohio

We will reserve a group campsite in the park. There are opportunities for hiking. An 8 mile trail around the lake, swimming at the beach, canoeing, bicycling around the park, and rock climbing and rappeling. Contact person: Donna Gehring 937-836-8515 or ddgehring60@verizon.net

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Continued from p. 2 In the Works

June 12-14

Camping at Blue Rock State Park, Safari Ride at The Wilds

Sometime this summer

Camp Kern Zip Line

So far, Donna Gehring has response from three adults who are interested in doing the Camp Kern Zip Line this summer. She is investigating further and asks that anyone interested contact her and let her know what weekends you will be available.

Coming Up

Metroparks events:

Besides the usual Metroparks activities like Hike for the Health of it, Intro to Climbing, Trail Trekker, and Bike for the Health of It, you may find the following interesting.

Try Backpacking!

Apr 9 5:00-8:30 Eastwood MetroPark

Have you ever tried backpacking? Are you even slightly curious? Then come to this evening, hands on program, try on a backpack, talk with local experts, and experiment with some of the gear. Walk-ins welcome, registration is not required. For more information please call (937) 277-4374.

Volunteer: Backpacking Trail Work Days

Apr 11 9:00 12:00 Noon Germantown MetroPark

Help maintain the Twin Valley Backpacking Trail. Meet at the Germantown Main Park Office at 6675 Conservancy Road. Individuals and groups are invited. Groups are 7-15 people. Groups should contact Rachel Brand at Rachel.Brand@metroparks.org or 937-564-5431. Reservations Requested, Walk-ins Welcome. Youth 14 - 17 must be accompanied by an adult. For more information and to register, please contact (937)-277-4374.

Volunteer: MoMBA Trail Work Days

Apr 16 and Apr. 27, 6:-8:30 PM,

Help maintain MoMBA, MetroParks' mountain bike trail. No experience is necessary. Volunteers will have the opportunity to learn sustainable trail building techniques including corridor clearing, contour bench trail construction, creek armoring and more. Bring your

energy, water, and work gloves; tools and instruction provided. A night ride will follow Friday's Work Day. Meet at the picnic tables next to the parking lot. Reservations Requested, Walk-ins Welcome. Youth 14 - 17 must be accompanied by an adult. For more information and to register, please contact (937)-277-4374.

Backpacking Basics

Apr. 17 6:00 PM to Apr 18, 12:00 PM

This overnight field based program hits the trail for a trip into the wilds of Germantown MetroPark on the Twin Valley Trail. Spend a night out under the stars. Prerequisite: Introduction to Backpacking. Backpacking Basics is a prerequisite for trips. Gear is available at no additional charge with reservation. Registration is required, so please call (937) 277-4374.

TVT Hike with the Metro Dayton Hikers

Apr. 19 10:00 AM - 3:00 PM

Hike 10 miles of the 22-mile Twin Valley backpacking trail that connects Germantown and Twin Creek MetroParks. Bring a small lunch to carry in a pack. Two or more automobiles will be left at the trailend in Twin Creek MetroPark to carpool hikers back to their automobiles parked at Germantown MetroPark Nature Center. Call Chris Sands at 937-687-0114 for more information.

Kayak Basics

Apr. 21 Eastwood MetroPark 5:30 - 7:30 PM

During this hands-on class, students will become acquainted with equipment and learn basic paddle strokes and concepts along with safety topics for beginners in recreational kayaking. Class will meet at Eastwood Lake at the bluehole. Equipment is provided by Five Rivers MetroParks Outdoor Recreation Department. Please dress to get wet. For more information and to register please contact (937)-277-4374.

More Outdoor Resources:

Five Rivers MetroParks website: www.metroparks.org

MVOC website: www.miamivalleyoutdoorclub.org

The Ohio state parks website: www.dnr.state.oh.us/parks

A local website formed by local outdoor equipment retailers has an extensive calendar of activities and lists of groups www.go4theoutdoors.com

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Activity Calendar April 2009

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Miami Valley P.O. Box 292571 Dayton, OH 45429 www.miamivalleyoutdoorclub.org	Outdoor Club	1	2	3	4 Mountain Biking	5
6	7	8	9 Metro Try BackPacking!	10	11 Metro MoM- BA Trail Work	12
13	14	15	16	17 MP Back- packing Basics	18 Trail Main- tenance @ Wildcat	19 Fort Hill MDH TVT Hike
20	21 MP Kayaking Basics	22	23	24	25	26 Cedar Bog
27 Metro MoM- BA Trail Work	28	29	30	May 1 Red River Gorge	May 2 Red River Gorge	May 3 Red River Gorge

Membership Response Form

Annual dues are \$16 for singles or \$24 for families. New members joining after July 1 may pay half a year's dues.

Name _____ I'd like to join _____ I'd like to renew _____

Address _____ I'd like more information _____

City _____ State _____ Zip _____ Phone # _____

Email Address _____ Amount enclosed \$ _____

Please circle one: (Include) (Do not include) my name and information on the annual roster sent to all MVOC members.

I hereby declare that I am at least 18 years of age and agree to abide by the rules and regulations of the Miami Valley Outdoor Club. I do hereby relieve the Miami Valley Outdoor Club and/or its officers and members from all responsibility and liability regarding any loss, injury, or accidents incurred at, or related to, any club activity or function.

Signature _____ Date _____

MVOC Officers

President:	Lindy McDonough	278-1493	lindymcd46@aol.com
Vice President:	Gary Mount	367-6702	glmount@yahoo.com
Secretary/Treasurer:	Dale Bockhorst	433-5533	dalebocchorst@yahoo.com
Programs Director:	Dwight Gehring	836-8515	dgehring@worldnet.att.net
Newsletter/Publicity:	Jim Nies	275-9614	jnies@aol.com
Activities:	Kathy Hemmerick	698-6492	hemmerkm@woh.rr.com
Webmaster:	Andy Niekamp	296-0245	andyniekamp@gmail.com