



Miami Valley Outdoor Club

July 7

July meeting features the annual picnic

July, 2009

Don't Miss the New T-Shirt Exchange

One of our most popular events, the annual July picnic and membership meeting will again be held at Indian Riffle Park, 2801 E. Stroop Rd in Kettering. Tuesday evening, July 7. The park is called "Indian Riffle" even though the road nearby is "Indian Ripple." Please bring a dish to share and table service. The club will provide burgers, hot dogs, buns, condiments, ice and drinks (your membership dues at work!) We will start grilling about 7:00 p.m., but come anytime after 6:00 p.m. to start nibbling on appetizers and catch up on news.

DIRECTIONS: Traveling south on Stroop from the intersection of Indian Ripple, Dorothy Lane and Stroop Roads, it is about 0.8 miles to the park entrance on the right. Going north from the intersection of Stroop and Woodman it is about 0.8 miles to the park entrance on the left. We have reserved shelter #3.

T-SHIRT EXCHANGE

This year we are trying something new for fun, to liven up the event. Bring your old or new imprinted, but washed T-shirts to the picnic. Anything is fair game - outdoor, political, whimsical - any size. We'll display them on one of the picnic tables for browsing and taking. Bring as many as you want. Take as many as you want. No even exchange necessary. You may contribute one or more, but go home empty handed! Or go home with an armload of new (to you) shirts.

Have questions? Contact Lindy McDonough 278-1493 or lindymcd46@aol.com

Upcoming MVOC Activities

July 11, 2009 Saturday

Mad River Innertube Float Trip

It is so simple, yet so pleasant. Bring your innertube. You just drop your innertube into the river, sit down on it and float through a river paradise.

Listen to the birds, talk to friends or just perfect your floating technique. If you don't have an innertube maybe we can loan you one, or tell you where to find one.

Dress to get wet. Wear shoes that you don't mind getting wet. Don't bring anything onto the river that you won't mind losing. Sunglasses, (not prescription) sunscreen, a change of clothes. We meet in Springfield and travel north. We position cars at the takeout to shuttle drivers

back to their cars at the putin.

The river is spring fed and very clean and cold. It is also shallow for the most part. This event is weather dependent. Thunderstorms or high river levels make this dangerous. So, I need explicit contact information in case of cancellation

Contact persons: Donna and Dwight Gehring
ddgehring60@verizon.net or 937-836-8515.

MVOC Board Meeting

The monthly MVOC Board meeting will take place 6:00 PM, Thursday, July 16, at Marion's Piazza on North Dixie. All members are welcome.

Memberships Now Half Price!

Starting July 1 the yearly memberships are reduced to half price. For the remainder of the year, dues are Singles \$8 and Families \$12. All memberships end December 31.

Trip Reports

Trip Report:

Animal Safari at the Wilds

June 12, 13 & 14

by Lindy McDonough

The weather couldn't have been better for our MVOOC outing to the Wilds and Blue Rock State Park near Zanesville. Even though our group was small, we were able to stay in the group campground, somewhat removed from the more crowded individual campsites. We were just a short walk from Cutler Lake, the beach, concession and bathhouse. On Friday Dave and Virginia Wood, their son Mark and their granddaughter Bianca, Mike Nelson and Lindy McDonough arrived early enough to enjoy swimming and kayaking before and after dinner. Saturday morning several of us got up early to take a light hour-long hike through the woods along the lake shore, then had an early brunch before heading off to the Wilds.

MVOCCer Terrie Shouse, her son and daughter-in-law and two grandsons were supposed to join us on Saturday for the trip to the Wilds and one night of camping. When they didn't show up at the campground, we went ahead to the Wilds, hoping to meet up with them there, but couldn't find them there either. After returning to Dayton on Sunday, we learned that Terrie and her family were over 100 miles from Dayton along their way to the campground when a wheel fell off their van while cruising on I-70 at 70mph. Needless to say, the mishap was very frightening for Terrie's family. Fortunately, she was able to maneuver to the roadside where AAA picked them up and towed them home. We were all disappointed that the Shouse's couldn't visit the Wilds, but grateful the all arrived home safely.

The Wilds was a rare experience, enjoyed by all. Our open-air bus ride through the rolling fields of this 10,000 acre animal sanctuary and research center took 2 1/2 hours. We saw over 20 protected animals, including two types of rhino, camels, giraffes, cheetahs, wild African dogs, Asian wild horses, and foreign antelope, deer, sheep, goats, zebra and birds. We learned about the history and mission of the Wilds and the lives of the animals. On a short walk to one of the many lakes on the reserve, we saw and fed a school go gigantic catfish - bigger than any I'd ever seen. The Wilds wasn't the only place we saw wildlife. On our rides to and from the campground, traveling along winding, one-lane gravelly backroads our caravan had to stop for a 4 foot snake sprawled across the road. In order to pass we had to

get out and move the snake with a tree branch. At another spot en route, we had to pull aside to let two farmers on foot and four or five cattle pass by. And finally at another point, a small spotted fawn was caught in the road with a new wire fence separating it from its mother. The frightened baby tried and tried to jump through the fence, running quite a distance along the road next to our cars before finding an opening to safety and its mother.

Saturday evening, Lindy, Dave and Virginia took another short hike after dinner, while Mike took a nap. Sunday morning before breaking camp, Dave, Virginia and Lindy had a second chance to kayak around the lake, which in some areas was filled with thousands of blooming water lilies, while Mike read his newspaper and watched from the shore.



Eastwood Lake Sailboarding

By Virginia Wood

We had some of the best weather we have had in two years. The breeze was gentle and warm. The sun too hot but the shade tree just right. Three kayaks and two sailboards were available for everyone to enjoy. Our two new sailboarders, Allen and Kylen, picked up the skill right away and were able to enjoy some short sails. Jeanne is becoming a pro and should be a good teacher for the future. Thanks to Lindy, Cindi, and Donna for bringing their kayaks. Always makes one feel a bit more adventurous when you know there is someone to rescue you from the middle of the lake. All in all there were nine of us enjoying a summer evening at the lake. Interested in sailboarding in the future, speak to Jeanne Boeke.

Other Things to Do Outside

Whitewater Warehouse's **Wednesday night float** continues on the Mad River. Cost is \$5.00 to shuttle your own boat, \$15 for equipment rental and shuttle. The trip takes about an hour and a half, with shuttles leaving at 5:30 and 6:15. Trips are rain or shine, unless lightning occurs.

Thursday - Sunday, July 16 - July 19,

6th Annual Greene Trails Cycling Classic

Bicycle rides of varying length and difficulty, highlighting the large numbers of bicycle trails in Greene County and beyond. Cost ranges from \$12 to \$110, depending on age and number of days registered. See the website, www.greentrailsclassic.com, for more information.

The Great Ohio River Paddle 2009 (GORP 2009) will be Saturday, July 18 - Sunday, July 19, 2009. PARTICIPATION IS LIMITED TO A MAXIMUM OF 150 PADDLERS. Paddlers will stop each day at different sites. Along the way, naturalists, biologists, scientists, and local historians will share their knowledge and experiences. Many have intimate knowledge and up-to-date information about their areas of expertise. Come explore, learn, and have fun! For more information and to register, see their website: www.ohioriverfdn.org/events/gorp04/gorp.html

What MVOCers have been up to

In June MVOCer Dale Bockhorst and former member Doug Chenoweth spent 8 days hiking 70 miles of the Appalachian Trail, starting at the Long Meadow section in Virginia and ending in the Shenandoah National Park.

In May, Gary Mount and Ella Himes had a great time camping and hiking in Hawaii, including a visit with Jim and Connie Steele. On their way back they spent several days in Yosemite, King's Canyon and Sequoia National Parks.

In June, Jim and Pat Nies spent a week on the island of Aruba celebrating the end of her school year. Snorkling was the major activity most days.

Ideas you can use

According to Dwight, **not all health insurance covers** injuries and illnesses suffered during outdoor activities, especially when involved in "extreme sports." So you might want to check on your coverage before you plan that base jumping adventure to the New River this October. (This year's Bridge Day, when over 450 jumpers parachute off the New River Gorge Bridge in West Virginia, is October 17, in case you were wondering.)

See Dwight at the picnic for your MVOC car sticker. He still has several available.

The deadline for articles for the August issue of the newsletter is Wednesday, July 22.

Interested in **posting events** on the MVOC website calendar? When he gets off the trail, Andy, the webmaster, will let us know the details. Look for them in the next newsletter or in your email.

Miami Valley Cycling Summit

August 14 -9:30 A.M.-4:30 P.M. - UD COLLEGE PARK CENTER

Join key members of the Miami Valley community as we strive toward making the Miami Valley a "Bike-Friendly Region," according to standards set by the League of American Bicyclists. Get ready for influential keynote speakers, powerful breakout sessions and motivating round table discussions.

More details next newsletter.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Miami Valley Outdoor Club P.O. Box 292571 Dayton, OH 45429 www.miamivalleyoutdoorclub.org			1 Wednesday Paddle	2	3	4
5	6	7 Picnic @ Shelter #3, Indian Riffle Park Grill at 7	8 Wednesday Paddle	9	10	11 Mad River Float
12	13	14	15 Wednesday Paddle	16 Board Meeting 6:00	17	18 GORP
19 GORP	20	21	22 Wednesday Paddle	23	24	25
26	27	28	29 Wednesday Paddle	30	31	

Membership Response Form

Annual dues are \$16 for singles or \$24 for families. New members joining after July 1 may pay half a year's dues.

Name _____ I'd like to join _____ I'd like to renew _____

Address _____ I'd like more information _____

City _____ State _____ Zip _____ Phone # _____

Email Address _____ Amount enclosed \$ _____

Please circle one: (Include) (Do not include) my name and information on the annual roster sent to all MVOC members.

I hereby declare that I am at least 18 years of age and agree to abide by the rules and regulations of the Miami Valley Outdoor Club. I do hereby relieve the Miami Valley Outdoor Club and/or its officers and members from all responsibility and liability regarding any loss, injury, or accidents incurred at, or related to, any club activity or function.

Signature _____ Date _____

MVOC Officers

President:	Lindy McDonough	278-1493	lindymcd46@aol.com
Vice President:	Gary Mount	367-6702	glmount@yahoo.com
Secretary/Treasurer:	Dale Bockhorst	433-5533	dalebocchorst@yahoo.com
Programs Director:	Dwight Gehring	836-8515	ddgehring60@verizon.net
Newsletter/Publicity:	Jim Nies	275-9614	jnies@aol.com
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