



# Miami Valley Outdoor Club

Aug. 4

## August meeting features Brent Anslinger

August, 2009

The August meeting will feature Brent Anslinger from Five Rivers Metroparks. In addition, you are invited to bring your old magazines for a magazine exchange. Instead of pitching that five year collection of *National Geographic Adventure Travel*, bring it to the meeting and let others have a chance to read it.

Join us at 6:00 P.M. for socializing and trip planning, followed by the business meeting at 6:30 P.M. and the talk at 7:00. The meeting will be at **Wegerzyn Garden Center**, 1301 East Siebenthaler, Dayton.

### Upcoming MVOC Activities

August 8, 2009 Saturday

## Mad River Innertube Float Trip

*(Going to try again. The July trip was rained out.)*

It is so simple, yet so pleasant. Bring your innertube. You just drop your innertube into the river, sit down on it and float through a river paradise.

Listen to the birds, talk to friends or just perfect your floating technique. If you don't have an innertube maybe we can loan you one, or tell you where to find one.

Dress to get wet. Wear shoes that you don't mind getting wet. Don't bring anything onto the river that you won't mind losing: sunglasses, (not prescription) sunscreen, a change of clothes.

We will meet at the Speedway Station on Upper

## Rafting Down the Nile

Tuesday, August 11, 6:00 p.m. Air Force Museum

Experience the adventure of explorers and scientists, as they become the first to navigate the entire length of the Blue Nile and Nile in rubber rafts and kayaks, from it's source to the sea. Feel the challenge of this wild river, see the changing landscape, and learn about the native animals and African cultures along the way. A real thrilling trip. The team are featured in the IMAX movie "Mystery of the Nile" at the Air Force Museum.

A while back a group of MVOCer's saw the movie in Cincy and I liked it so much I want to see it again. It will be more fun seeing it with MVOC friends, so join us for the ride of a lifetime! See the movie trailer at the museum website [www.nationalmuseum.af.mil/](http://www.nationalmuseum.af.mil/). For more information, contact Lindy McDonough 278-1493 or [lindymcd46@aol.com](mailto:lindymcd46@aol.com). No reservations required. Just show up.

Valley Pike in Springfield and travel north and deposit our innertubes and passengers at the put-in. Then all drivers and vehicles will travel to the take-out and park. Dwight will bring the drivers back to the put-in. Then we walk down into the cool clean springfed Mad River and float 2 miles to the take-out. Then a volunteer will drive Dwight back to the take-out to retrieve his car. This is cheap, cool, clean and easy fun.

The river is spring fed and very clean and cold. It is also shallow for the most part. This event is weather dependent. Thunderstorms or high river levels make this dangerous. So, I need explicit contact information in case of cancellation.

Contact person: Donna and Dwight Gehring 836-8515 or [ddgehring60@verizon.net](mailto:ddgehring60@verizon.net)

Hello MVOCers,

It is not too late to sign up for the zip line adventure at YMCA Camp Kern in Warren County. For details about this event go to [ozonezips.org](http://ozonezips.org) If you plan to sign up go to the website and schedule for Sunday, August 2, 2009 at 2PM. Let me know so that I can notify Chris Addison that you are part of our group. The price is \$75. Only two people are signed up right now, Donna and Lindy.

Thanks,

Donna Gehring  
836-8515

### Next board meeting:

The next MVOC board meeting will be at Marion's on North Dixie August 13 at 6:00. All members are welcome.

## Trip Reports

### Annual Summer Picnic

July 7, 2009

by Lindy McDonough

Hot dogs, burgers, salads, fruit, desserts and t-shirts were the theme of the day. Around 35 MVOC members and their kin showed up for this yearly feast at Indian Riffle Park. The weather was perfect and there was more than enough food to go around.

It was great to see Geoff and Katie Frank and family after a long absence. Emma Pleasant, her daughter and grandchildren were also among the crowd. Much thanks go to Gary Mount and Dwight Gehring for sweating over a hot grill to provide us with our main course. It was great to see Jim Glidwell again and hear his report on his recent visit to England where he connected with long lost relatives. Even Rees and Dolly Vosburg came and Rees happily showed off his new itsy-bitsy Smart Car, including its secret compartment where he keeps his emergency money.

There was a touch of the bittersweet, though, knowing that this would be the last July MVOC picnic for Dave and Virginia Wood, who will be leaving the area soon to start their new life adventure, first in Hawaii and later in Oregon.

Everyone was so busy talking and eating, that our president was reluctant to interrupt the festivities for the usual short business meeting, so she didn't. We did have a new activity this year, the T-Shirt Exchange, that added bit of whimsy. Lots of members brought a nice variety of shirts and everyone had fun rooting through several dozen shirts with all kinds of messages and from many different places. I've already worn the two I picked out - one from San Diego, where my sister now lives and the other from the Virgin Islands, that I chose just because I loved the color. Probably half the shirts were snatched up and the rest will go to Goodwill. The picnic was again a real success.

I think we'll do it again!

### Tar Hollow Family Campout June 26-28

Virginia Wood

Six adults and three children were able to enjoy a pleasant weekend at Tar Hollow SP. Although our campsite with a shelter was not as secluded as last year, its proximity to a creek with salamanders, crawdads, and tiny fish proved to be the weekend entertainment for our three younger participants, Bianca, Heather, and Danielle. Dwight and Donna brought their two person kayak for all to share. Unfortunately, Tar Hollow proved to be too developed a State Park (too much light on the lake) for them to enjoy a night paddle under the stars. But Jeanne was able to enjoy an excellent ranger talk and the kids enjoyed the movies in the evening. For the most part time was spent at the beach, creek, or around the campfire on Friday and Saturday. On Sunday Jeanne, Donna, and Virginia took a short hike while David and Dwight watched the kids and Mark fished. On their hike the women took a look at the conference center which accommodates 300 people that is located on the park property.

### More MVOC Activities

#### Summer Wildflowers at Cedar Bog, Urbana

Sunday, August 16, 1:00 p.m.

Join us for a stroll along the boardwalk through this unique wildlife area, Ohio's first nature preserve purchased with state money. See the new visitor center that opened this spring. This is a follow-up to our April trip, but this time we'll see the summer array of wildflowers. In 1802 surveyors considered the area an impenetrable swamp. In 1942 the state purchased the first one hundred acres of this Natural National Landmark. The walk lasts about 1 hour. \$4 per person.

To sign up contact: Lindy McDonough, 278-1493 or [lindymcd46@aol.com](mailto:lindymcd46@aol.com).

#### Five Rivers Metroparks GEARFEST

Saturday, October 3, 2009

<http://www.metroparks.org/GEARFEST/>

Club member hike in July

## Appalachian Trail in Shenandoah National Park

I took about a 52 mile hike in middle part of Shenandoah National Park. It was easy hiking on trails well maintained by Potomac Appalachian Trail Club. Park access on our trip was at Waynesboro and Elkton Virginia. We camped at Loft Mountain and Big Meadows campgrounds, and 1 night at a motel in Elkton Virginia. Although we had food to cook, we ate all of our meals at park wayside restaurants, Big Meadows Lodge, and Skyland Resort, and at restaurants in Elkton. Many great views and animals in the park. Trail creatures included a mature bear and an immature skunk. Loft Mountain campground was over run by rabbits. Contact me if interested in more details. Dale Bockhorst

## Other Things to Do Outside

Whitewater Warehouse's **Wednesday night float** continues on the Mad River. Cost is \$5.00 to shuttle your own boat, \$15 for equipment rental and shuttle. The trip takes about an hour and a half, with shuttles leaving at 5:30 and 6:15. Trips are rain or shine, unless lightning occurs.

## Metroparks Activities

### Backpacking

08/08

9:00 AM - 12:00 PM **Volunteer: Backpacking Trail Work Days**

Help maintain the Twin Valley Backpacking Trail--a backpacking trail connecting Germantown and Twin Creek MetroPark. No experience is necessary. Tools and instruction provided. Individuals and groups are invited. Reservations requested, walk-ins welcome. Youth 14 - 17 must be accompanied by an adult. For more information and to register, please contact (937)-277-4374.

08/20

6:30 PM - 9:00 PM **Intro to Backpacking**

Get an introduction to backpacking and find your comfort zone in terms of trips and gear selection. The class will cover trip planning, trail techniques and nutrition, physical fitness, and 'Leave No Trace' concepts. Introduction to Backpacking or other demonstrable experience is a prerequisite for local Five Rivers Outdoor Recreation Department overnight

backpacking trips. Registration is required, so please call (937) 277-4374.

08/29

6:00 PM - 11:59 PM **Backpacking Basics**

This overnight field based program hits the trail for a trip into the wilds of Germantown MetroPark on the Twin Valley Trail. Spend a night out under the stars utilizing "Leave No Trace" principles and practice the techniques covered during Introduction to Backpacking. Prerequisite: Introduction to Backpacking. Backpacking Basics is a prerequisite for trips. Gear is available at no additional charge with reservation. Registrations required. For more information and to register please contact (937)-277-4374.

### Paddling

Tue 08/11

6:00 PM - 8:00 PM **Intro to Kayaking**

Come get an introduction to paddle-sports and learn all the different avenues of the sport. This class takes you through all the different styles of equipment selection, how to progress through the various categories of paddle-sports, trip planning, navigation, and general locations of where to go locally and regionally. For more information and to register please contact (937)-277-4374.

Five Rivers St. Clair Building All ages \$5.00

Tue 09/01

6:00 PM - 8:00 PM **Kayak Basics**

During this hands-on class, students will become acquainted with equipment and learn basic paddle strokes and concepts along with safety topics for beginners in recreational kayaking. Class will meet at Eastwood Lake at the bluehole. Equipment is provided by Five Rivers MetroParks Outdoor Recreation Department. Please dress to get wet, bring water and closed toed shoes with you. For more information and to register please contact (937)-277-4374.

### Cycling

**Bike for the Health of It: Each Saturday in August, starting at 9:00 AM, a two or three hour ride.** Go to metroparks.org for award details and information about these rides, or call 275-PARK ex. 1416

### Miami Valley Cycling Summit

August 14 -9:30 A.M.-4:30 P.M. - UD COLLEGE PARK CTR  
See the website [www.metroparks.org/MVCyclingSummit](http://www.metroparks.org/MVCyclingSummit) for the schedule, featured speakers, and to register.  
Help make the Miami Valley a more cycling friendly area.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Miami Valley Outdoor Club P.O. Box 292571 Dayton, OH 45429 www.miamivalleyoutdoorclub.org						1
2 Zipline 2:00	3	4 Monthly meeting 6:30 Wegerzyn	5 Wednesday nite paddle	6	7	8 Mad River Float
9	10	11 IMAX ...Nile 6:00	12 Wednesday nite paddle	13 Board Meeting 6:00 Marions	14 Cycling Summit 9:30-4:30	15
16 Cedar Bog 1:00 PM	17	18	19 Wednesday nite paddle	20	221	22
23	24	25	26 Wednesday nite paddle	27	28	29

## Membership Response Form

Annual dues are \$16 for singles or \$24 for families. New members joining after July 1 may pay half a year's dues.

Name \_\_\_\_\_ I'd like to join \_\_\_\_\_ I'd like to renew \_\_\_\_\_

Address \_\_\_\_\_ I'd like more information \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Phone # \_\_\_\_\_

Email Address \_\_\_\_\_ Amount enclosed \$ \_\_\_\_\_

Please circle one: (Include) (Do not include) my name and information on the annual roster sent to all MVOC members.

I hereby declare that I am at least 18 years of age and agree to abide by the rules and regulations of the Miami Valley Outdoor Club. I do hereby relieve the Miami Valley Outdoor Club and/or its officers and members from all responsibility and liability regarding any loss, injury, or accidents incurred at, or related to, any club activity or function.

Signature \_\_\_\_\_ Date \_\_\_\_\_

### MVOC Officers

President:	Lindy McDonough	278-1493	lindymcd46@aol.com
Vice President:	Gary Mount	367-6702	glmount@yahoo.com
Secretary/Treasurer:	Dale Bockhorst	433-5533	dalebocchorst@yahoo.com
Programs Director:	Dwight Gehring	836-8515	ddgehring60@verizon.net
Newsletter/Publicity:	Jim Nies	275-9614	jnies@aol.com
Activities:	Kathy Hemmerick	698-6492	hemmerkm@woh.rr.com
Webmaster:	Andy Niekamp	296-0245	andyniekamp@gmail.com