



Miami Valley Outdoor Club

Nov. 3

Hiking in Iceland

November, 2009

Chemistry Professor at Clark State Community College, Dr. Midge Hall will share her recent experiences hiking in Iceland. Though she admits she is not expert on either hiking or Iceland, her first-hand knowledge of both probably far exceeds most of us. Her talk will highlight some of the places she visited, including Thingvellir in West Iceland, beaches and waterfalls in the south, Skaftafell National Park in the southeast, and glacial rivers in the south and east of Iceland. In addition she will describe her visit to a bird sanctuary in North Iceland around Lake Myvatn, and the beaches and lava fields in Snaefellsnes (a peninsula in West Iceland).

Join us at 6:00 p.m. for socializing and trip planning, followed by the business meeting at 6:30 p.m., and our guest speaker at 7:00. The meeting will be at Wegerzyn Garden Center, 1301 East Siebenthaler, Dayton.

Upcoming MVOC Activities

Car camping and day hiking in Hocking Hills State Park

Saturday-Sunday, Nov. 7-8

We will reserve a group campsite at the park and spend the weekend day hiking the wonderful trails and enjoying the fall colors. Contact person: Donna Gehring 937-836-8515 or ddgehring60@verizon.net

Mark your calendars: The December meeting, also at Wegerzyn, will be the club's annual Christmas party and auction. Bring a dish to share and a gently-used outdoor item to auction for charity. Club will provide meat and drinks.

New Display Photos Still Needed

It's time to update our MVOC photo display that we use at events like GearFest and the Adventure Summit. Although the photos we have are wonderful, they are too old to truly represent the current character of the outdoor club. If you have some great photos of MVOC trips from the past five years, please donate one or more to us. We will even credit you with the photo. Preferred size 8" x 10". Also we would need a location and year of the photo. We will type all the labels so they all match.

Arrangements can be made for mailing, dropping off at my home or emailing a file that can be printed. Contact Lindy McDonough, 278-1493 or lindymcd46@aol.com.

Trip Reports

Hiking in the Hocking Hills Area -

Saturday, October 10, 2009

by Donna Gehring

Dwight and I met up with Ed Doczy at the Conkles Hollow parking lot at about 10am. We hiked the rim trail first and took pictures of the beautiful fall colors and fabulous terrain. Then we hiked the trail that runs up through the hollow ending at a waterfall and returned to the parking lot where we ate lunch. After lunch we drove to the Rock House parking lot. The Rockhouse trail is shorter and extremely popular to families with small children and the place was getting crowded. After this short hike, we all returned home.

More Trip Reports

Trail Maintenance

Saturday, October 24, 2009

by Donna Gehring

My husband, Dwight and I picked up Dan Haas in Vandalia at 5am Saturday and traveled to the Corning, Ohio, area near Burr Oak State Park. We met up with Bob Kelley, Ralph Weiss, and Bill, and Stan from Wayne National Forest accompanied by Joe, a student intern from Ohio University. We did not work on Wildcat Hollow. It happens that this particular weekend there was a primitive hunting weekend in Wildcat Hollow. So, Bill and Stan led us by car 20 minutes away to a wetland with a birding trail which has been in the past a railroad bed. We worked on three

aspects of the trail. It was supposed to be a handicapped trail so. Some of us worked on flattening and smoothing the trail for wheel chairs and people who are not steady on their feet. And some of us worked on installing a new bench. Others cleared a place for a boardwalk to cross a section of the wetland to get to the trail. This would make it possible for hikers to gain access to the trail without walking out onto the road. After lunch there was an additional project at the furthest end of the trail near the bird blind. We stopped work at a little after two and Dwight and I returned Dan to his home in Vandalia by a little after 5PM.

Kayaking in Kentucky Mountains

On one beautiful weekend in mid-September, MVOC member Allan Rettberg got his first taste of wilderness kayaking on Laurel River Lake, nestled in the in the mountains of Daniel Boone National Forest near London, Kentucky. He, along with seven others spent two nights at primitive campsites and carried their camping gear with them in their kayaks. According to Allan, the weather was great - warm enough for swimming - and the park was not crowded with summer visitors. One morning they spotted a resident eagle along the lake shore. Saturday was an all day 10-mile paddle with one stop for lunch and Sun-

day the paddled back to their starting point. The trip was the follow-up to a Five Rivers Outdoors kayaking course offered earlier in the summer, consisting of both classroom instruction and hands-on, in-the-water practice at Eastwood Lake in Dayton. For the kayaking trip, the MetroParks provided the transportation, food and gear for a very reasonable fee of \$125. Allan has also taken a similar backpacking course and trip and he highly recommends the MetroPark Five Rivers Outdoors programs. Sounds like something MVOCers would enjoy doing as a group next year.

GearFest 2009

October 3 Eastwood MetroPark

by Lindy McDonough

The day was chilly but the mood was sunny for those who attended the annual GearFest at Eastwood MetroPark. Bands performed all day, youngsters played in the Adventure Zone, and visitors could participate in lots of outdoor activities and demonstrations including kayaking, snowboarding, fishing, cycling, climbing, hiking, and disc golf. Local and out-of-town vendors and outdoor organizations displayed their merchandise and club activities and there were lots of outdoor lovers to trade stories with. Many thanks to all the MVOC members who helped staff our booth. Mike Nelson and Lindy McDonough arrived around 7:30 in the morning to have the booth set up and ready for business by 8:00. Jim and Connie Steele, who

arrived home from a five-month camping trip out west just days earlier, volunteered to take the second shift. They had lots of news to share and were very pleased to have sold over \$80 worth of used gear at the GearFest consignment shop. Brand new MVOC member Jessica Putterbaugh and returning member Ned Shepard took over in the middle of the afternoon. Jessica is quite an outdoor enthusiast and shared some of her recent adventures with us. Finally Ella Himes and Sharon Mullins finished up the day and then packed up our belongings. Lots of lookers stopped by our booth, and although no one joined on-the-spot, a few people we talked to attended our October MVOC meeting at Wegerzyn just days later. We hope they come back and join us in the out-of-doors!

Next board meeting:

The next MVOC board meeting will be at Marion's on North Dixie November 12 at 6:00. All members are welcome.

Trip Reports

Here's a report from Gary Mount about a trip he and Ella took over Columbus Day weekend.

The weekend of Oct. 10 -12 took us to Shenandoah National Park , Va. Waynesboro, Va. was celebrating the fall colors with a festival so we stopped to enjoy the food, arts, and crafts. Entering the park from the south we drove to the Big Meadow area (central) the first day enjoying the peak fall colors. Along the way we hiked to Black Rock Summit which overlooked the Shenandoah Valley. The next day we hiked the Rose River Loop Trail which included 2 of the 5 falls in the park. We also hiked the Hawksbill Mtn. loop which took us to the highest point in the park. 4050' With the colors, weather and views this is what I would call a perfect day. We ended up at Loft Mtn. for the night. Monday was cool and cloudy so with a 7 hour drive ahead of us we decided to head on home. Of course the drive included many beautiful views with all the colors you can imagine along the way.

Metro Parks Action

Winter TVT Backpacking Trip

Sat., 11/21-Sun. 11/22

Come test out your backpacking skills with us on a winter style overnight backpacking trip. Learn tips and tricks for camping in the winter while enjoying one of the few primitive backcountry experiences in the Miami Valley. Equipment available on request. A pre-trip meeting will be held on November 12 at the Outdoor Recreation Office at 224 North Saint Clair St, Dayton. Pre-trip meeting attendance required. Registration is required and limited so please call (937) 277-4374.

Try Kayaking!

Tues., 11/10 11:30 AM - 1:30 PM West Carrollton YMCAm 900 S. Alex Road.

Come try a kayak and see if it is something you would like to learn more about in the future. An introduction to the boat and proper safety gear will be offered and you will have the opportunity to try different styles of kayaks. A great way to learn about the sport in a controlled environment. For more information please call (937) 277-4374.

Beginning Thu, March 11, 6:00 pm TO 9:00 pm

Backcountry Leadership Development Program

Five Rivers St. Clair Building

The Backcountry Leadership Development Program (BLD) will consist of multiple evening classroom sessions and a multi-day field experience. Applicants accepted into the program will learn the fundamentals of backcountry leadership through a progression of topics ranging from group dynamics, expedition behavior, program design, and site management. Applications are due by March 1, 2010. Contact (937) 277-4374. Age 18 Y and up. Fees \$150.

(Editor's note: These programs tend to fill up early.)

Hike for the Health of It!

Hike for a healthier lifestyle in the great outdoors! Hikes will be held every Saturday year round at 2:00 PM. Each hike will be about 3 miles and will move at a comfortable, brisk pace. Terrain will vary with the site and some is rugged. For general Health Hike questions, call 278-2623, Monday-Friday.

Sat 11/7 Possum Creek Argonne Forest Parking Lot

Sat 11/14 Wegerzyn Gardens MetroPark

Sat 11/21 Englewood MetroPark Patty Shelter Parking Lot

Sat 11/28 Twin Creek MetroPark Chamberlain Rd Trailhead

Metro Dayton Hikers

Sun 11/15 1:30 PM - 3:30 PM Taylorsville Hike with the Metro Dayton Hikers Meet at the Tadmor Parking Lot. 5 miles moderate hike with some hills

Sun 11/29 1:30 PM - 3:30 PM Possum Creek Hike with the Metro Dayton Hikers. Meet at the Argonne Forest Parking lot 5 miles easy, no hills. Call Chris Sands at 937-687-0114 for more information about the Metro Hikers hikes.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 Member meeting Hiking in Iceland 6:30	4	5	6	7 Car Camping Hocking Hills Hike/Health
8	9	10 Try Kayaking	11	12 Board Meeting 6:00	13	14 Hike/Health
15 Hike/Metro Dayton	16	17	18	19	20	21 Hike/Health
22 Hike/Metro Dayton	23	24	25	26 Thanksgiving	27	28 Hike/Health
29	3			Miami Valley Outdoor Club P.O. Box 292571 Dayton, OH 45429 www.miamivalleyoutdoorclub.org		

Membership Response Form

Annual dues are \$16 for singles or \$24 for families. New members joining after July 1 may pay half a year's dues.

Name _____ I'd like to join _____ I'd like to renew _____

Address _____ I'd like more information _____

City _____ State _____ Zip _____ Phone # _____

Email Address _____ Amount enclosed \$ _____

Please circle one: (Include) (Do not include) my name and information on the annual roster sent to all MVOC members.

I hereby declare that I am at least 18 years of age and agree to abide by the rules and regulations of the Miami Valley Outdoor Club. I do hereby relieve the Miami Valley Outdoor Club and/or its officers and members from all responsibility and liability regarding any loss, injury, or accidents incurred at, or related to, any club activity or function.

Signature _____ Date _____

MVOC Officers

President:	Lindy McDonough	278-1493	lindymcd46@aol.com
Vice President:	Gary Mount	367-6702	glmount@yahoo.com
Secretary/Treasurer:	Dale Bockhorst	433-5533	dalebockhorst@yahoo.com
Programs Director:	Dwight Gehring	836-8515	ddgehring60@verizon.net
Newsletter/Publicity:	Jim Nies	275-9614	jnies@aol.com
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