



Miami Valley Outdoor Club

May, 2010

May 4 Meeting

Visual Awareness and the Art of Seeing in Photography

Terry Cavanaugh, photographer, will be the guest speaker at the Miami Valley Outdoor Club meeting, Tuesday, May 4, at Wegezyn Garden Center, 1301 E. Siebenthaler, Dayton.

Following a short business meeting at 6:30 p.m. Cavanaugh will present a program about how to improve your photographic skills on your outdoor adventures whether novice or advanced. For Cincinnati native Terrance W. Cavanaugh, "Photography is the means of visual expression to communicate, educate and share with others art, beauty and nature."

Over the past 27 years, in addition to studio assignments, Terrence has been an associate and teacher of photography through Sinclair College, the University of Cincinnati adult education program (Anderson High School), Five Rivers Metro Parks, the Cincinnati Nature Center and the Cincinnati Women's Club. Many of his images have been published both nationally and internationally through area advertising agencies. He has won numerous photography awards, and in 2008 he was honored as Photographer of the Year by the Focus Photo Club of Dayton, Ohio.

Upcoming MVOC Activities

"Get Out and Go Hike"

Tuesday Evening at Taylorsville Metro Park
2101 U.S. 40 - East of Taylorsville Dam

Two Start times - Join Sharon for one or both loops:
4:20 - Fast pace -
5:30 - Slower pace second time around
May 4, 11, 18, 25

Join Sharon M and MVOC members for a brisk Tuesday hike at Taylorsville MetroPark. The first, fast-paced 4+ mile hike through hilly wooded terrain lasts about an hour. Hike begins promptly at 4:20 so that everyone can finish before dark. Meet at the parking lot near the CCC shelter off Route 40.

A second, slower paced 3.6 hike around the orange trail again will start at 5:30. You may want a head lamp if you come at 5:30 and do the slower loop. It will take about 1 hour 15+ minutes for the second loop. There are many options if you want to do a shorter and/or slower loop

Sharon Mullins, 620-0887 dmullinsvanoh@aol.com

Wednesday Nite Kayaking

Every Wednesday in May 5:00 to 8:00 PM

Join MVOC members and other kayaking enthusiasts at Whitewater Warehouse for an evening paddle down the Mad River. You might see great blue herons, kingfishers, deer, and turtles. Enjoy the easy ride with a few small rapids to get your adrenalin going. Whitewater Warehouse waiver required.

Shuttles leave at approximately 5:30 and 6:15 p.m. Come about a half hour to 45 minutes early to sign up and gear up if you plan to rent your equipment

\$15 for all gear, kayak and shuttle. \$5 for shuttle if you bring your own kayak, \$1 for shuttle if you bought your kayak at Whitewater Warehouse.

Check the Whitewater Warehouse website -- www.kayakdayton.com -- for more details.

Location: 104 Valley St, Dayton, OH

Contact Name: Lindy McDonough, 278-1493
Contact Email: lindymcd46@aol.com

More Upcoming MVOC Activities

Camping at Red River Gorge

Friday and Saturday night April 30, and May 1, 2010, Dwight and Donna Gehring will be camping at Koomer Ridge, Red River Gorge, Daniel Boone National Forest, Kentucky. They will be hiking and enjoying the spring wildflowers. If any of you would like to join them please respond no later than Wednesday April 28 by email or Thursday evening April 29 by phone, 937-836-8515 and they will save camp space for you for Friday night at Koomer Ridge.

Celebrate May Day

Join MVOCer Allan Rettberg Saturday, May 1 at 11:30 AM for a 1.5 hour hike at Twin Creek MetroPark.

This outstanding natural area contains steep, wooded ravines containing mature forest with a diverse understory plant life, extensive areas of second growth forest, floodplain forest, several large managed grasslands, a large scenic pond, and the beautiful Twin Creek. In addition, the MetroPark contains a winding prehistoric Indian mound and a scenic hilltop vista. The MetroPark is linked by the wooded Twin Creek Corridor that connects it to Germantown MetroPark to the north.

Directions: Follow Rte. 4 south of Germantown, turn on left (east) on Eby Road. Go left into park entrance at 9688 Eby. Meet in the parking lot.

Contact Name: Allan Rettberg, 937-478-2812

Watersports Day at Eastwood

Thursday, May 13, 6:00 to 8:00 PM

If you have a canoe/kayak or sailboat/sailboard, bring it along. If you don't have any, come out and share in the fun. We should have plenty of "boats to share" for all. We will be meeting near the eastern end of Eastwood lake... Look for the MVOC sign.

Location: Eastwood Lake MetroPark, 1385 Harshman Rd.

Contact Name: Sharon Mullins

Contact Email: dmullinsvanoh@aol.com

Twin Valley Trail Backpack

May 15-16, 2010

The plan is to hike the Twin Creek Orange Loop (approximately 7 miles) in the morning without packs, and depending on weather have lunch at the shelter. We will then drive to the Germantown sled hill and wait for the rest of the group to join us. At 2pm, we will depart with our packs and hike the orange backpack trail in to the Shimps Hollow Group Campsite. The entire loop is approximately 8 miles and depending on the weather we will hike 5 in and 3 out or vice-a-versa.

You can either meet us at the Twin Creek High View parking area on Eby Road at 10:00am or the Germantown sled hill at 2pm on May 15.

If you will be driving and leaving your vehicle in the Sled Hill overnight parking area on Boomershine Road, please forward to Ella your vehicle make, model and license plate number upon registering. These will be forwarded to the Five Rivers MetroParks personnel.

Currently no water is available at the group campsite; however, Ella will cache 1 gallon of water per person prior to our hike for your use Saturday evening and Sunday morning. You will only have to worry about water for the hike in.

The campsite provides picnic tables, a fire ring, firewood, and a pit toilet. Everyone is responsible for cooking their own food Saturday night and Sunday morning. Dogs are allowed if leashed and under control at all times. No alcohol is allowed.

Ella Himes 298-2943, Sharon Mullins 620-0887 ellahimes@yahoo.com or dmullinsvanoh@aol.com

A Call for Hike for Bike Leaders

Care to lead regular hikes or rides anywhere in the area but especially in southern Montgomery County?

Contact Sharon Mullins, 620-0887, dmullinsvanoh@aol.com or Ella Himes, 321-6314, ellahimes@yahoo.com

Next board meeting:

The next MVOC board meeting will be at Marion's on North Dixie, May 6 at 6:00. All members are welcome. Stop by and help determine club activities.. Note: This is a change in days from the usual week after the main membership meeting.

Another MVOC Outing

Trail Maintenance

May 15

This year the traditional April trail maintenance work weekend at Wayne National Forest was postponed due to the Rangers being called to action because of fires in Ironton, Ohio. So, Saturday, May 15 will be our work day. You may spend Friday and/or Saturday night at the National Forest campground near Burr Oak State Park for free. Or, you can drive there Saturday Am and come home after the work is done.

You will need to bring drinking water, lunch, work gloves, work boots and work clothes. We meet at the National Forest Campground at 8 am. We will be finished by mid-afternoon.

If you plan to attend let Donna know SOON. That way she can give the rangers an idea of how many he can expect and what we can do. email ddgehring@verizon.net or 937-836-8515.

MetroParks Action

HIKE FOR THE HEALTH OF IT!

Hike for a healthier lifestyle in the great outdoors! Hikes will be held every Saturday year round at 2:00 PM. Check the Metroparks website for the location of each Saturday's hike.

05/11

INTRO TO KAYAKING

6:00 PM - 8:00 PM Five Rivers St. Clair Building
Come get an introduction to paddle-sports and learn all the different avenues of the sport. This class takes you through all the different styles of equipment selection, how to progress through paddle-sports categories, trip planning, navigation, and general locations of where to go locally and regionally. For more information and to register please contact (937) 277-4374.

NATIONAL BIKE TO WORK DAY PANCAKE BREAKFAST

Friday, May 21 6:30-9:00 AM

Ride in on your own or with a group to the National City Second Street Market for a free pancake breakfast. Full details are available at www.metroparks.org/biketowork

Activity Reports

Weekly Hikes and Bike Rides

The Tuesday evening hikes at Taylorsville have continued their popularity. On the right you can see a collection of recent hikers. As many as eight or nine show up for the earlier, conditioning hike. Then, about 4 or 5 hikers leave to do other things, only to be replaced by another group of 4 or 5 who join up for the second loop.

In addition, Lindy's Wednesday night bike rides have seen as many as 6 to 8 riders leaving from Jake Grossnickle Park to go over Englewood Dam, through Englewood Park, and back to Grossnickle via Aullwood Road.



Ohio Cavern trip

By John Pawlak

A few of us met at the Taylorsville dam to carpool and caravan. The beautiful spring day made for a very scenic and pleasant drive. Upon our arrival at Ohio Caverns in West Liberty, Ohio we met up with others from MVOC.

As we entered the cavern I sure was glad for the long sleeves and long pants I was wearing considering that the temperature is a constant 54F.

The historic tour took us to areas of the caverns that are not seen by all. The wondrous plethora of color was a titillating visual experience. The screams I heard told me that flying bats were a startling surprise not only to me. The journey was about an hour and a half long but felt much shorter.

After the wonderful tour we preceded to "Marie's Candies" for some oooh so tasty treats. I personally partook in more than my share of free samples, but I made several purchases, reinforcing that their marketing works.

Great trip with some good friends is how I will remember that spring day.

Miami Valley Outdoor Club
P.O. Box 292571
Dayton, OH 45429
www.miamivalleyoutdoorclub.org

Upcoming Events

Apr. 30 RRG Camping
May 1 May Day Hike at Twin Creek
May 4 Membership Meeting, Wegerzyn
May 4, 11, 18, 25 - Evening Hikes at Taylorsville
May 5, 12, 19, 26 - Evening Kayak Float at Whitewater Warehouse
May 6 MVOC Board Meeting, Marion's Pizza
May 13 Watersports Day @ Eastwood Lake
May 15-16 Twin Valley Trail Backpacking
May 15 Trail Maintenance @ Wildcat Hollow
Jun 1 Membership Meeting Wegerzyn
Jun 5...Paddle in the Park Eastwood Lake
July 6 Picnic @ PawPaw Shelter, Hills and Dales Park
Tubing: July 31 and August 14

Membership/Waiver Form

Annual dues are \$16 for singles or \$24 for families. New members joining after July 1 may pay half a year's dues.

Name _____ I'd like to join _____ I'd like to renew _____

Address _____ I'd like more information _____

City _____ State _____ Zip _____ Phone # _____

Email Address _____ Amount enclosed \$ _____

Please circle one: (Include) (Do not include) my name and information on the annual roster sent to all MVOC members.

I hereby declare that I am at least 18 years of age and agree to abide by the rules and regulations of the Miami Valley Outdoor Club. I do hereby relieve the Miami Valley Outdoor Club and/or its officers and members from all responsibility and liability regarding any loss, injury, or accidents incurred at, or related to, any club activity or function.

Signature _____ Date _____

MVOC Officers

President:	Lindy McDonough	278-1493	lindymcd46@aol.com
Vice President:	Gary Mount	367-6702	glmount@yahoo.com
Secretary/Treasurer:	Dale Bockhorst	433-5533	dalebocchorst@yahoo.com
Programs Director:	Dwight Gehring	836-8515	ddgehring60@verizon.net
Newsletter/Publicity:	Jim Nies	275-9614	jnies@aol.com
Activities:	Sharon Mullins	620-0887	dmullinsvanoh@aol.com
	Ella Himes	321-6314	ellahimes@yahoo.com
Webmaster:	Mary Ellen Beardmore	274-2956	beardmore@aol.com