



# Miami Valley Outdoor Club

June, 2011

## “Canoeing in the Boundary Waters Wilderness”

Rescheduled from April

Join the Miami Valley Outdoor Club Tuesday, June 7, to hear outdoor enthusiast, former scout leader and MVOC member Nat Davis share his adventure canoeing last summer in the Boundary Waters Wilderness. The 7:00 p.m. presentation will take place at Wegerzyn Garden Center, 1301 E. Siebenthaler Ave., Dayton, following trip reports and announcements at 6:30.



For nine days during July and August, Nat Davis, along with his son Jim, and three other MVOC members, Sharon Mullins, David Snell and Jenny McConnell, took to the cool waters of the north in rented canoes. Starting at the Lake One entrance about 20 miles east of Ely, Minnesota they paddled about 75 miles and portaged another 5 miles between lakes as they moved in a big counter-clockwise oval, ending their trip at the Moose Lake entrance. Everyone was amazed by the magnificent, near-perfect weather. Temperatures were in the upper 70's in the daytime and the 50's at night with only a couple rainy evenings after making camp. They encountered only one windy day. The sunsets and sunrises were spectacular and they even went swimming several times. Fishing was great. They

caught smallmouth bass, walleye and pike and they saw lots of bald eagles, but were happy not to encounter any bear. This was Nat's fifth trip to the Boundary Waters. His first trip there was with his Virginia Boy Scout troop in 1999 when they were on the water during the “storm of the millennium” that took out tens of thousands of acres of trees. Fortunately Nat's troop survived to tell the tale! The program is free and open to the public.

Members and visitors are welcome to come at 6:00 to socialize, plan activities, browse the ‘Free Stuff’ table or catch up on the news.



## Out & About

by Lindy McDonough

May may have been rainier than April, but it wasn't enough to keep our MVOC members indoors. A few MVOC activities were cancelled, but there was still plenty to do. The end of April, Outdoor Club members Ed

Doczy and Dwight and Donna Gehring spent a weekend at Red River Gorge camping and day hiking. Early in May a group of nine explored the MetroParks' Shiloh Woods Conservation Area, led by MetroParks Director of Conservation Dave Nolin. Outdoor club members, Sharon Mullins, Jim Lemaster, Lindy McDonough, Laurel Slate, Sue Howorth, and Hank Trimble, along with a regular friend of the outdoor club Eva Williams and David from



**Tour of Shiloh Woods Conservation Area.**

the Dayton Hikers, hiked in the rain through ankle deep streams, thick brush, wet grass and mud, but the weather didn't dampen their spirits.

As many as nine hikers in one day joined Sharon Mullins and Jim Nies as they continued their Tuesday afternoon hikes at Taylorsville. Regulars Patty Wheelbarger, Hank Trimble and David Snell were almost always there as well as a few Dayton Hikers. New MVOC member Brenda Taulbee joined the group at least once.

Three out of four of the evening hikes in May, led by Lindy McDonough took place as planned with MVOCers Larille Losh, Brenda Taulbee, Jim Lemaster and Tom



**Exploring at Englewood MetroPark, Eva Williams, Jim Lemaster & Brenda Taulbee**

Schommer coming to one or more, along with visitors from Dayton Hikers. Jim Lemaster helped out at Aullwood Nature Center in May, by spending a morning with other volunteers pulling up the invasive garlic mustard plants growing around the center.

Hank Trimble continued his weekly get-togethers at the Urban Krag for rock climbing. He also reported he spent 4 1/2 days in May hiking a 75 mile section on the Appalachian Trail. He started at US 19 at Elk Park and hiked North into Damascus, VA. While Dayton was getting

drenched with rain he enjoyed spring days in the 70s and only got sprinkled on twice.

Later in the month Hank Trimble and Lindy McDonough were spotted at the Bike to Work Day free pancake breakfast at RiverScape in downtown Dayton and got a tour of the new Bike Hub featuring indoor bike racks, lockers, restrooms and shower facilities. From there Lindy pedaled on over to the 2011 Miami Valley Cycling Summit at the new Kroc Center on Keowee Street where she ran into MVOCer Bruce Howorth. They both enjoyed a free lunch, informative booths and displays, and interesting lectures and workshops about how to make The Miami Valley a more bicycle friendly community. Jim Nies spent two intense days in Chicago recently at the National Outdoor Leadership School (NOLS) taking a course in wilderness first aid. Apparently MVOCers Hani Trimble and Patty Wheelbarger took the course recently as well.

One of our MVOC members, Steve Longenecker, was definitely a victim of the spring weather. He planned two canoe/kayak activities this month and threatening storms spoiled both. He still hasn't given up on his paddling plans. He's now hoping to organize an overnight river trip in the near future. Let Steve know if you are interested and have trip planning ideas.

MVOCer Andy Niekamp is still tramping along the 1400+ miles of the Buckeye Trail. On May 4 - day 46 of his trek - he reached the half-way point near Salt Fork State Park and on May 24 he completed over 1000 miles in the Old Man's Cave section of the Buckeye Trail. If you want to follow his day-to-day adventures, check out his journal at [www.buckeyetrailhiker.com](http://www.buckeyetrailhiker.com).

A group of MVOCers, Nat Davis, Jenny McConnell, David Snell & Sharon Mullins, just got back from a spectacular 2-week hiking vacation in the German Swiss Alps. Hopefully we'll see the details on the big screen at one of our upcoming MVOC meetings.



**Sharon on the trail in Europe**

Coming up June 25 is the long-anticipated Bike Ride, Hike and Campout from Corwin to Yellow Springs and back. It was rained out last year, but organizers Ella Himes and Sharon Mullins are willing to give it another try. Should be a very fun event. Check out the details in this issue of the newsletter and get your reservations in early!

And don't forget - our July 5 meeting is a picnic at the Paw Paw Shelter in Hills and Dales MetroPark. Good food and conversation, a t-shirt exchange and hiking. Mark your calendars!

## **John Bryan Biking/Hiking/ Camping**

### **June 25 & 26 - Corwin to John Bryan State Park**

Come join us for an overnight trip on the Little Miami Bike Trail! Here are the details:

We will meet at 1:00pm on June 25 in the parking lot by the bike path in Corwin. The plan is for you to bring your camping gear with you to Corwin where we will have a car to transport the gear. We will leave Corwin and ride about 25 miles to Yellow Springs. In Yellow Springs, we will take the road to the John Bryan Park Group Campgrounds. We will set up camp, have dinner, and relax around the campfire.

Then, Sunday morning we will eat breakfast, break down camp and start riding back to Corwin arriving around noon where we can have lunch or just collect our gear and head home.

If you will be driving and leaving your vehicle by the bike path in Corwin overnight, please forward me your vehicle make, model and license plate number upon registering. These will be forwarded to Corwin Parks personnel to insure your car is not towed.

The campsite provides picnic tables, a fire ring, and a pit toilet. The cost for the campsite is \$4 per person, and we will need to purchase firewood if we want a fire so make sure you bring some cash for the the group camp as well as for lunch on Sunday. Everyone is responsible for cooking their own food Saturday night and Sunday morning (unless someone wants to run into Yellow Springs for carryout??). Dogs are allowed if leashed and under control at all times.

If you aren't up for the whole 50 miles, you have two other options:

a. Skip the bike ride, but meet us in Corwin at 1:00pm to collect our camping gear. Then drive to Yellow Springs and claim your campsite first and enjoy the park! On Sunday, drive our camping gear back to Corwin and join us for lunch.

OR

b. Skip the bike ride, and meet us in Yellow Springs at the John Bryan group campsite and claim your campsite first and enjoy the park! On Sunday, drive our camping gear

back to Corwin and join us for lunch.

c. If no one volunteers to transport our gear, we will plan to collect the camping gear on Friday night and transport it to the park prior to our departure on Saturday. Stay tuned for final details.

To sign-up or for more info contact Sharon M at 620-0887 or [dmullinsvanoh@aol.com](mailto:dmullinsvanoh@aol.com); or Ella H. at 321-6314 or [ellahimes@yahoo.com](mailto:ellahimes@yahoo.com).

### **Wednesday Climbing at Urban Krag**

**Urban Krag**, Wednesdays 6:30, June 8, 15, 22, 29

Urban Krag Climbing Center, 126 Clay Street, Dayton, [www.urbankrag.org](http://www.urbankrag.org).

Meet at the viewing platform at 6:30 pm. After 6:30 the person at the desk can point us out in the climbing area. Your first time in to the gym you will need to complete a belay certification which takes about 30 to 45 minutes and is a one-time charge of \$15.00. Everyone 14 or older must complete a belay certification. If you are under the age of 14 you will need someone who is belay certified to belay for you. If you are a minor (under the age of 18) you will need to have a parent or guardian sign a waiver for you. Cost: The total charges for a first time visit will be: Belay certification \$15.00, Daily pass \$12.00, Shoes \$4.00, Harness \$3.00. For more information or to sign up, contact Hank Trimble at [hank\\_trimble@yahoo.com](mailto:hank_trimble@yahoo.com)

### **Taylorville Tuesday Hikes**

June 7, 14, 21, 28

Join Sharon M and members of the Dayton Hikers. org Meetup Group for a Tuesday hike at Taylorville MetroPark. Sharon will lead a fast-paced hike through hilly wooded terrain and along the Great Miami River, beginning promptly at 4:20pm. We will be completing a modified orange loop with steep hills and a pace around 4 miles an hour. Meet at the parking lot near the CCC shelter off Route 40. This is a conditioning hike. They will be extending the hike for those who can stay.

### **MVOC Tour of Medlar Conservation Area**

**Monday, June 6, 6:00 p.m.**

Join Five Rivers MetroParks Director of Conservation Dave Nolin for a special tours of one of the MetroParks' most recent acquisitions. Learn the history of the area as well its special features and future plans. This is not a MetroPark event, but tours just for the outdoor club members, family and friends. This new 410-acre Conservation Area is located south of Miamisburg

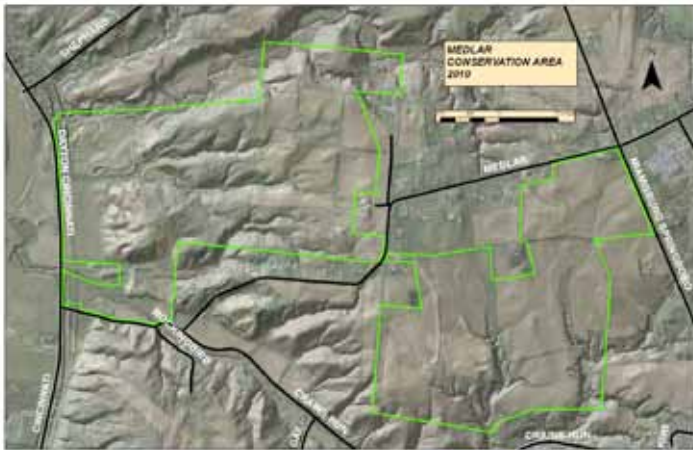


in a rapidly developing area near the new Austin Pike interchange. Medlar contains old woods, steep ravines, a historic house, a stone canal aqueduct, a scenic hilltop vista, pretty pond, and restored wetlands.

Meet at the gravel parking lot on Medlar Rd. Meet at the white farmhouse at the sw corner of Medlar Rd and Miamisburg-Springboro Pike (becomes Austin Pike).

No limit on attendees. Wear sturdy shoes, long pants, and be prepared for no facilities or developed trails.

For more info contact Sharon Mullins, 620-0887; [dmullinsvanoh@aol.com](mailto:dmullinsvanoh@aol.com) or Lindy McDonough at



278-1493 or [lindymcd46@aol.com](mailto:lindymcd46@aol.com)

## Keep Kool Friday Morning Hikes

Fridays in June at 8:00 a.m.

Kick-start your day with a cool hike in the woods before it gets too hot to walk. Join Lindy McDonough for these moderately paced, 1.5 hour hikes in several different MetroParks

June 3 - Englewood MetroPark East - 4361 National Rd (Rt. 40), meet at the Patty Shelter parking lot

June 10 - Carriage Hill Farm - 7821 E. Shull Rd., meet at the Red Wing Shelter parking lot

June 17 - Englewood MetroPark South - 9331 Meeker Rd, meet in the parking lot

June 24 - Possum Creek MetroPark - 4790 Frytown Rd, meet at the Argonne Forest parking lot

**MVOC Board Meeting** - Thursday, June 16, 6:00 p.m. at Marion's Pizza on North Dixie

## July Picnic Coming Up

Tuesday, July 5

Mark your calendars for the Annual MVOC July Picnic. Pot luck, with hamburgers and hot dogs provided. It will be held at the Hills & Dales MetroPark Paw Paw Shelter. Same place as last year. It's a beautiful new shelter, parking close by and excellent restrooms. And of course, beautiful hiking trails. Start going through your closets and drawers. We will be having another free t-shirt exchange, but this year it will include sweat shirts and ball caps. Bring some, take others home. Even if you don't bring any, you can take as many as you want. Anything left over goes to Goodwill. Details coming later.

## Wednesday Nite Paddles Have Begun!

Wednesday Nite Paddles for recreational and whitewater boaters, brought to you by local outfitter Whitewater Warehouse, are off and running and will keep going all summer long.

Time: Shuttles leave at approximately 5:30 & 6:15

Join in on what has become a tradition for Dayton's



**Amy Callahan kayaking the Mad River in 2010**

paddlesports community, the Wednesday Nite Paddle down our local waterway, the Mad River. Enjoy the transition from an urban wilderness to the downtown Dayton skyline. We paddle approximately three miles of what is considered "moving water" from Eastwood MetroPark to the Keowee Street Bridge. This river trip generally takes 1 ¼ to 1 ½ hours.

Shuttles leave from Whitewater Warehouse at approximately 5:30 and 6:15; with a separate private boater shuttle leaving when full. Equipment and shuttle slots are available on a first come first serve basis. Dress to get wet, and be ready to have some Fun!

Check the Whitewater Warehouse calendar at [www.kayakdayton.org](http://www.kayakdayton.org) for Special Event Wednesdays throughout the Summer where we may bring in manufacturers and Pro-Athletes, as well as offer special activities. For example, June 22 is Customer Appreciation Night; and July 13 is our annual River Cleanup on the Mad. (Note: We won't be

running trips on July 6 or August 3<sup>rd</sup>).

For additional information call (937) 222-7020 or contact us by e-mail at: [www@erinet.com](mailto:www@erinet.com).

**Prerequisite:** *This is not a guided river trip. New boaters may consider attending recreational kayaking classes prior to participating. Our Kayak Basics class will get you started; Basic River Running will teach you to deal with moving currents and controlling your boat; and the Safety Skills class will teach you to deal with basic safety, including self-rescue situations. Larger groups should call ahead and may consider scheduling a trip on a different night. Call or email for details. Recommended age 14+.*

**Cost:** \$20.00 Equipment and Shuttle; \$5.00 Shuttle Only; Equipment and Shuttle fees for the Wednesday Nite Paddle include sales tax. Payment by cash or check preferred.

## 4 MVOCers Hike in the Alps

Nat Davis, Jenny McConnell, Sharon Mullins and David



Snell have just gotten back from a 2-week hiking vacation in the German and Swiss Alps! They spent a week in Garmisch, Germany and then another week in the alpine village of Gimmelwald, Switzerland. In Garmisch, they went up the Zugspitze and played in the snow of Germany's highest mountain (2,962m), hiked through the Partnachklamm Gorge, and spent a day hiking and exploring the Kramerspitz, another mountain in the Garmisch area.

They also played "tourist" by visiting Salzburg and Innsbruck, Austria, and Munich and Rothenburg o de Tauber, Germany. Gimmelwald is located about 15 km south of Interlaken, Switzerland, high above the Lauterbrunnen Valley. The 4 travelers parked their rental car down in the valley and took a cable car up to Gimmelwald. This village of about 150 residents sits on the edge of the cliff some 1,800 feet above the valley floor! Nat, Jenny, Sharon, and David enjoyed hiking throughout the area and also took the cable car to the top of the Shilthorn (9,745 feet) and the cog railway to the Jungfraujoch (11,333 feet and the highest railway station in

Europe) -- situated between the Eiger, Monch, and Jungfrau mountain peaks. On the Zugspitze and the Shilthorn, they had the feeling of being on top of the world with 360-degree views of the surrounding mountains. The photo above is of the 4 of them atop the Zugspitze.



Nat and Jen in glacial ice on top of Jaugfrau mountain

## Late Breaking News of Hikers on the trail

Buckeye Trail thru-hiker Andy Niekamp is almost finished with his 1,445 mile trip around Ohio. On June 15 at 3:00 he will hike the last 3 miles, going from Eastwood Metropark to downtown Dayton at Deeds Point, where he started on March 20. He's inviting others to join him on those last 3 miles. See [www.DaytonHikers.org](http://www.DaytonHikers.org) for details.

As of this writing (June 5,) Amy is still going strong on the Appalachian Trail. Having survived snow, rain, cold, and Damascus, Virginia, Trail Days, she's 616 miles into the adventure.

## MetroParks Action

**Bike for the Health of It** every Saturday at 9:00 AM at various bike trails in the area. The distance ranges between 12 and 20 miles and goes on rain or shine.

**Hike for the Health of It** every Saturday at 2:00 PM in various MetroParks in the area. The distance is usually somewhere around 3 miles and goes on despite most weather events except lightning.

**Backpacking Trail Workdays** the second Saturday in June, July and August at 9:00.

See the MetroParks website for details on all these activities: [www.metroparks.org](http://www.metroparks.org)

Miami Valley Outdoor Club  
P.O. Box 292571  
Dayton, OH 45429  
www.miamivalleyoutdoorclub.org

## Membership/Waiver Form

Annual dues are \$16 for singles or \$24 for families. New members joining after July 1 may pay half a year's dues.

Name \_\_\_\_\_ I'd like to join \_\_\_\_\_ I'd like to renew \_\_\_\_\_

Address \_\_\_\_\_ I'd like more information \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Phone # \_\_\_\_\_

Email Address \_\_\_\_\_ Amount enclosed \$ \_\_\_\_\_

Please circle one: (Include) (Do not include) my name and information on the annual roster sent to all MVOC members.

I hereby declare that I am at least 18 years of age and agree to abide by the rules and regulations of the Miami Valley Outdoor Club. I do hereby relieve the Miami Valley Outdoor Club and/or its officers and members from all responsibility and liability regarding any loss, injury, or accidents incurred at, or related to, any club activity or function.

Signature \_\_\_\_\_ Date \_\_\_\_\_

### MVOC Officers

President:	Lindy McDonough	278-1493	lindymcd46@aol.com
Vice President:	Gary Mount	367-6702	glmount@yahoo.com
Secretary/Treasurer:	Dale Bockhorst	513-675-1425	dalebockhorst@yahoo.com
Programs Director:	Dwight Gehring	836-8515	ddgehring60@woh.rr.com
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	Ella Himes	321-6314	ellahimes@yahoo.com
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