



Miami Valley Outdoor Club

July, 2011

Come to the Annual MVOC July Picnic!

Tuesday, July 5, 6:00 p.m. - Dark

Don't miss one of our most popular events of the year - the annual summer picnic on July 5. We will meet again this year at the Paw Paw Shelter at Hills & Dales Metro Park, 2740 S. Patterson Blvd.

The club will provide hotdogs and hamburgers, buns, condiments, and pop. Please bring your own table service and a side item to share - salad, casserole, fruit, dessert, cheese & crackers, chips or pretzels, etc.

NEW THIS YEAR. Come a little early and walk off a few calories before the feast by taking a hike through beautiful Hills & Dales MetroPark. We'll leave promptly at 6:00 and return about 6:45. If you're not up for a hike, come any time after 6:00 to start nibbling on appetizers and catch up on news. We will start grilling about 7:00 p.m.

THIRD ANNUAL T-SHIRT EXCHANGE - Expanded

Again we will liven up the event with the fun t-shirt exchange. But this year we are including sweat shirts and ball caps. Bring your old or new imprinted items to the picnic. Anything is fair game - outdoor, political, whimsical - any size. We will display them on one of the picnic tables for browsing and taking. Bring as many as you want. Take as many as you want. No even exchange necessary. You may contribute one or more, but go home empty handed! Or go home with an armload of new (to you) shirts and hats.

DIRECTIONS

From Dorothy Lane between Rt. 48 and Dixie Drive, turn north on South Patterson Drive. Turn Right on Oak Knoll Road, then left on Deep Hollow Road to the entrance for Paw Paw Camp/Shelter.

Check out the map at <http://www.metroparks.org/Parks/HillDales/Maps.aspx> for more precise directions.

Out & About

by Lindy McDonough

Rain, rain, go away! Don't you think it's about time? But inspite of an unusually wet June, our MVOCers still managed to enjoy the outdoors. MVOCer Andy Niekamp aka Captain Blue, finished his 1445 mile hike of the Buckeye Trail on June 15. A number of Dayton Hikers as well as a couple MVOCers walked with him the last three miles into downtown Dayton where he was greeted by a cheering crowd of family, friends and MetroParks staff. Andy is only the 7th person to through-hike the entire Buckeye Trail since it began over 50 years ago. Congratulations, Andy! At his welcome back party, he announced that he would now be taking over as supervisor the Troy section of the Buckeye Trail. Hank Trimble, Cathie Vickers and Lindy McDonough were present for the festivities.

Another committed hiker and MVOCer Amy Callahan, aka Falling Turtle, is still hiking her way from Georgia to Maine on the Appalachian Trail. As of June 24, she had finished 1010 miles at Duncannon, PA walking from Georgia through North Carolina, Tennessee, W. Virginia, Virginia and Maryland. Hang in there, Amy! No pain, no gain, no rain, no Maine!

Recently, long lost MVOCer Becky Gruber was spotted at Englewood MetroPark making circles in the grass on a great big bushhog. She misses joining in on club activities but has been very busy keeping up with all the mowing, clearing and chopping wood required because of all the rain this spring. We miss you, Becky, but thank you for helping keep our MetroParks so well cared for.

Sharon Mullins continued her infamous power hikes through Taylorsville MetroPark in June, and has no plans of quitting. Hank Trimble reports that he still had a nice turnout for climbing at Urban Krag last month. Bruce Howorth, Jeanne Boeke and Lindy McDonough were the

only ones at Watersports Day at Eastwood Lake recently, but they all had a great time anyway. Lindy took advantage of the time to just sit and do nothing while Jeanne and Bruce had plenty of windsurfing time.

On June 11, Bruce also swam in the Senior Olympics held at Sinclair Community College. He swam in 6 events: a 50 yd backstroke, 50 yd breaststroke and a 50, 100, 200 and 500 yd freestyle. He earned 4 bronze, 1 silver, and 1 gold medal. This was his first venture into competitive swimming and had great fun while challenging himself by doing something new. Jim Lemaster was recently spotted at Wegerzyn with his grandchildren. He was battered and bruised from a fall while cycling alone in the West part of Englewood reserve. He said he was grateful he had been wearing a helmet that day.

Not one Keep Kool Friday morning hike in June was rained out and anywhere from 4 - 8 people participated. Ten hikers showed up for the tour of the MetroParks Medlar Conservation Area south of Miamisburg. And, finally, many thanks go to Nat Davis for a great presentation on his Boundary Waters trip. His talk was well worth the wait after being cancelled unexpectedly in April.



MVOCers touring the Medlar conservation area

MVOC Canoe/Kayak/Camp with Steve

Saturday & Sunday, July 9 & 10

Hello canoe enthusiasts we have set a date for the Great Miami River overnight canoe trip. We will leave Saturday July 9th in the morning and return Sunday afternoon July 10th depending on how many go, we may have enough canoes and kayaks for everybody. We are working on the details of transportation and where to stay overnight. Our intention is to start at Indian Lake and go to somewhere close to Piqua or Troy if the river is still navigable that far north. If interested and available please respond ASAP to reserve free canoes or kayaks. To those who respond further

details will follow. Contact Steve Longenecker at Home # 937-698-1115 or Mobile # 937-901-8722

Mad River Innertube Float Trip

Saturday, July 30, 2011

It is so simple, yet so pleasant. Bring your innertube. You just drop your innertube into the river, sit down on it and float through a river paradise. Listen to the birds, talk to friends or just perfect your floating technique.

If you do not have an innertube maybe we can loan you one, or tell you where to find one. Dress to get wet. Wear shoes that you do not mind getting wet. Do not bring anything onto the river that you will not mind losing. Sunglasses, (not prescription) sunscreen, a change of clothes. We meet in Springfield and travel north. We position cars at the takeout to shuttle drivers back to their cars at the put-in.

The river is spring fed and very clean and cold. It is also shallow for the most part. This event is weather dependent. Thunderstorms or high river levels make this dangerous. So explicit contact information is needed in case of cancellation. Reservations required for all and waivers for non-members required.

Contact Dwight or Donna Gehring, at ddgehring60@woh.rr.com or by cell (937) 371-8511.

North Country Trail Conference

Thurs. - Sun., August 11 - 14, Dayton, Ohio

Don't miss the annual North Country Trail conference being held at Wright State University this year. Registration is now open. The conference features workshops, presentations, keynote speakers and outdoor activities. The featured guest speaker will be Andrew Skurka, well-known adventure athlete, speaker, guide and writer, named "Adventurer of the Year" by National Geographic Magazine and "Person of the Year" by Backpacker Magazine. Check out the web site for more information: <http://northcountrytrail.org/get-involved/special-events/conf/> The early registration discount expires on July 1 and volunteers are needed.

A Note About Dues

Any person who joins after July 1 may pay half year dues. See the membership signup form on the last page of this newsletter

Next board meeting:

The next MVOC board meeting will be at Marion's on North Dixie, TUESDAY, July 14 at 6:00. All members are

welcome. Stop by and help determine club activities.

John Bryan Biking/Hiking/Camping (trip report)

June 25 & 26 - Corwin to John Bryan State Park

Jim Nies and Sharon Mullins met Gary Mount, Ella Himes, David Snell and Linda in Corwin to gather gear. While Jim and Sharon drove to the campground in John Bryan State Park, the others started the trek north. In Xenia, Jim and Sharon waved at Dwight and Donna Gehring, who were waiting at a stoplight after putting air in Dwight's tire.

Once at the campsite, the gear transport team hopped on bicycles and rode back down the Little Miami trail to meet the others, eventually running into them in Xenia.

Once the bicyclers reached John Bryan, they set up tents, planned for dinner and were joined by Jeanne Boeke and her great niece and nephew. While some cooked dinner in camp, Jim, Sharon and David went to town to pick up HaHa pizza for those wanting a bit larger taste/calorie load.

After dinner was filled with games (euchre and Trouble,) conversation and campfire watching. Eventually, well past camper's midnight, folks turned in.

The original plan was to break camp after breakfast on Sunday and ride bicycles back to Corwin. The rain caused a change in plans. Instead, everyone ate breakfast, packed gear and headed out.

Wednesday Climbing at Urban Krag

Urban Krag, Wednesdays 6:30, July 6, 13, 20, 27

Urban Krag Climbing Center, 126 Clay Street, Dayton, www.urbankrag.org.

Meet at the viewing platform at 6:30 pm. After 6:30 the person at the desk can point us out in the climbing area. Your first time in to the gym you will need to complete a belay certification which takes about 30 to 45 minutes and is a one-time charge of \$15.00. Everyone 14 or older must complete a belay certification. If you are under the age of 14 you will need someone who is belay certified to belay for you. If you are a minor (under the age of 18) you will need to have a parent or guardian sign a waiver for you.

Cost: The total charges for a first time visit will be: Belay certification \$15.00, Daily pass \$12.00, Shoes \$4.00, Harness \$3.00. For more information or to sign up, contact Hank Trimble at hank_trimble@yahoo.com

Taylorville Tuesday Hikes

July 5, 12, 29, 26 (*Note: July 5 only, start time is 4:10*)

Join Sharon M and members of the Dayton Hikers.org Meetup Group for a Tuesday hike at Taylorville MetroPark. Sharon will lead a fast-paced hike through hilly

wooded terrain and along the Great Miami River, beginning promptly at 5:30pm. We will be completing a modified orange loop with steep hills and a pace around 4 miles an hour. Meet at the parking lot near the CCC shelter off Route 40. This is a conditioning hike. They will be extending the hike for those who can stay.

Keep Kool Friday Morning Hikes

Fridays in July at 8:00 a.m.

Kick-start your day with a cool hike in the woods before it gets too hot to walk. Join Lindy McDonough for these moderately paced, 1.5 hour hikes in several MetroParks

July 8 - Englewood MetroPark East - 4361 National Rd (Rt. 40), meet at the Patty Shelter parking lot

July 15 - Carriage Hill Farm - 7821 E. Shull Rd., meet at the Red Wing Shelter parking lot

July 22 - Englewood MetroPark South - 9331 Meeker Rd, meet in the parking lot

July 29 - Possum Creek MetroPark - 4790 Frytown Rd, meet at the Argonne Forest parking lot

MVOC Board Meeting - Thursday, June 16, 6:00 p.m. at Marion's Pizza on North Dixie

Wednesday Nite Paddles

Nearly every Wednesday throughout the summer.

(*Note: They won't be running trips on July 6 or August 3rd*).

Whitewater Warehouse, 104 Valley St, Dayton, OH

Time: Shuttles leave at approximately 5:30 & 6:15 and later if necessary.

Cost: \$20.00 Equipment and Shuttle; \$5.00 Shuttle Only; Equipment and shuttle fees include sales tax. Payment by cash or check preferred.

Enjoy the transition from an urban wilderness to the downtown Dayton skyline. We paddle approximately three miles of what is considered "moving water" from Eastwood MetroPark to the Keowee Street Bridge. This river trip generally takes 1 ¼ to 1 ½ hours. Shuttle leaves whenever it is full, and will continue until all boaters are on the river - sometimes as many as 4-5 shuttles. Equipment and shuttle slots are available on a first come first serve basis. Dress to get wet, and be ready to have some Fun! Recommended age 14+.

Check the Whitewater Warehouse website at www.kayakdayton.com special events and trips, variations in dates, classes, river conditions and more.

August Newsletter Deadline: July 24, 2011

Send your material to Lindy (lindymcd46@aol.com)

Miami Valley Outdoor Club
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www.miamivalleyoutdoorclub.org

Membership/Waiver Form

Annual dues are \$16 for singles or \$24 for families. New members joining after July 1 may pay half a year's dues.

Name _____ I'd like to join _____ I'd like to renew _____

Address _____ I'd like more information _____

City _____ State _____ Zip _____ Phone # _____

Email Address _____ Amount enclosed \$ _____

Please circle one: (Include) (Do not include) my name and information on the annual roster sent to all MVOC members.

I hereby declare that I am at least 18 years of age and agree to abide by the rules and regulations of the Miami Valley Outdoor Club. I do hereby relieve the Miami Valley Outdoor Club and/or its officers and members from all responsibility and liability regarding any loss, injury, or accidents incurred at, or related to, any club activity or function.

Signature _____ Date _____

MVOC Officers

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