



Miami Valley Outdoor Club

November, 2011

November 1 meeting



Andy Niekamp celebrates the end of his 1,400+ mile trek around Ohio at Deed's Point, right where he started.

Buckeye Trail. Andy is the 6th person to complete a thru hike of the Buckeye Trail.

His presentation will take you on a foot journey around Ohio. His beautiful photos and narrative will surely inspire you to hike on the Buckeye Trail. Come get acquainted with Ohio's backyard trail. Learn how Andy started his hike not knowing much about the Buckeye Trail or the Association which created and maintains it. Before his hike was over Andy was appointed to the board of directors of the Buckeye Trail Association and became the section supervisor for the Buckeye Trail in Dayton.

Read about Captain Blue's journey at: www.buckeyetrailhiker.com

Program Director Search

Our current Program Director, Dwight Gehring, is requesting any MVOC Member willing to learn the responsibilities, and take over as Program Director by January 1, 2013 to contact him at (937)371-8511 or ddgehring60@woh.rr.com by April 30, 2012 to start learning the duties.

Thru Hiking The Buckeye Trail - A 1,400 Mile Journey Around Ohio

On Tuesday, November 1, 7:00 p.m., Andy Niekamp, founder of the Dayton Hikers and member of the Miami Valley Outdoor Club, will be the featured speaker at combined meeting of the Dayton Hikers and the MV Outdoor Club at Wegerzyn Garden Center, 1301 E. Siebenthaler Ave., Dayton. His program will follow a short meeting and announcements at 6:30.

On March 20th, 2011 Andy "Captain Blue" Niekamp set out on a hiking journey on Ohio's Buckeye Trail. His journey started at Deeds Point in Dayton. The goal of his hike was to hike on the Buckeye Trail for as long as it was fun. Over 1,400 miles and 88 days later Captain Blue returned to Dayton on the Buckeye Trail, the longest circular trail in the nation, after completing the entire



Out and About

Lots of news to report in the past couple of months for the Miami Valley Outdoor Club. MVOCer Amy Callahan finally returned from her Great Appalachian Adventure with a fiancée, Joel West, whom she met on the trail. And MVOCers Jenny McConnell and Nat Davis, who met at Outdoor Club activities, were recently

married. Congratulations, Mr. & Mrs. Davis!

In September nine people representing MVOC attended the SunWatch Potluck and Overnight. Among



cookout - Hike at the October Cookout

them were Dan and Nancy Haas, their daughter, son-in-law, two grandchildren and a young friend. The group took a tour of SunWatch village before enjoying chili, lasagna, and oodles of tasty covered dishes and desserts. The youngsters and the young-at-heart made dream catchers and beaded jewelry after the meal. The Haas family left before bedtime, because Dan and Nancy were leaving the next day on a road trip out west. Only Mike Nelson and Lindy McDonough stayed for the evening campfire and overnight.

Steve Longenecker continues to lead assorted activities. In September he, along with MVOCer Bruce Howorth, traveled to Indiana for a day of kayaking at Summit Lake State Park. Afterwards they moved on to nearby New Castle for some go-cart racing. Later in the month Lindy McDonough was the only one to show up for Steve's bike ride from Tipp City to Troy. The two turned around almost to Troy, returning to Tipp where the annual Mum Festival was in full swing. They had a bite to eat before heading home. Steve really organized a winner October 15 when

he offered his farm for a cookout, hayride and bonfire and he led a hike nearby at the beautiful Lange Estate in Miami County. The Longenecker property is a former farm where Arabian horses were raised. Now it is a lovely home with ponds, formal gardens, fields and woods and Steve took the group on a tour describing how his homestead has evolved over the years. Eighteen people showed up for fun, food and fellowship. It was a perfect night with a clear starry sky



Basket winner - Walt Fenstermacher wins the MVOC raffle prize at GearFest.

and a nearly full moon, fantastic food, great conversation and a fierce euchre competition.

GearFest this year was a huge success not only for the MetroParks, but for MVOC as well. Nineteen singles/families renewed their MVOC memberships and six new members signed up. New and renewing members were entered into two raffles. Renewing MVOCer Walt Fenstermacher won the club gift basket worth over \$100.

Another renewing member, John Nichols, won the GearFest's grand prize for joining any outdoor club. His prize included a brand new pair of Keen hiking boots of his choice. Many

thanks go to the volunteers who signed up to work at the MVOC booth at the GearFest - Gayle Conley, John Nichols, Tom Schommer, Amy Callahan, Joel West, Sharon Mullins, Deb Lukjanov and to the many others who visited the booth and kept the workers company.



Gearfest - Sharon Mullins at MVOC booth at GearFest 2011

Although I don't know the details, MVOCers Ella Himes and Gary Mount spent some time recently hiking in the Swiss Alps. Finally, many thanks go to Dwight and Donna Gehring for presenting an interesting and informative program at the October meeting on their trips to Isle Royale. They hope to plan a trip there in 2013. We'll keep you posted on developments.

Weekly Moderate Hikes in November

Different days, times & places. Join Lindy McDonough for these moderately paced, 1.5 hour hikes in several locations.

Wed., Nov. 2, 4:00 p.m. **Possum Creek MetroPark** 4790 Frytown Rd; meet at the Argonne Forest parking lot

Fri., Nov. 11, 9:00 a.m. **Englewood MetroPark East**, 4361 National Rd., meet at the Patty Shelter parking lot

Wed. Nov. 16, 3:00 p.m. **Cox Arboretum**, 6733 Springboro Pike (SR 741), meet in the parking lot

Fri., Nov. 25, 9:00a.m. **Taylorville MetroPark** - 2101 U.S. 40, meet at the CCC shelter parking lot

Wed. Nov. 30, 3:00 p.m. **Carriage Hill MetroPark** Carriage Hill Farm - 7821 E. Shull Rd; meet at the Red Wing Shelter.

MVOC to Paint Blue Blazes

The Miami Valley Outdoor Club has agreed to sponsor a part of the Troy section of the Buckeye Trail for trail maintenance. MVOC member Andy Niekamp is the new Troy Section Supervisor and will advise us of our responsibilities and MVOCer Sharon Mullins will be in charge of scheduling and coordinating maintenance events. The Troy section begins in Fairborn, OH, goes west to Dayton, and north along the Mad River, the Great Miami and Stillwater Rivers. It passes through Taylorsville MetroPark and continues on to Tipp City, Troy, and Piqua and ends in Lockington. MVOC will be responsible for a stretch at the north end of the section near historic Johnston Farm and duties will include mostly painting trail markers, clearing brush, and weed wacking .

The Outdoor club will continue to conduct trail maintenance at Wildcat Hollow in SE Ohio spring and fall and will be coordinated by Donna Gehring.

Climbing at Urban Krag

Wednesdays 6:30, Nov. 2, 9, 16, 23, and 30

Urban Krag Climbing Center, 126 Clay Street, Dayton, www.urbankrag.org.

Meet at the viewing platform at 6:30 pm. After 6:30 the person at the desk can point us out in the climbing area. Your first time in to the gym you will need to complete a belay certification which takes about 30 to 45 minutes and is a one-time charge of \$15.00. Everyone 14 or older must complete a belay certification. If you are under the age of 14 you will need someone who is belay certified to belay for you. If you are a minor (under the age of 18) you will need to have a parent or guardian sign a waiver for you.

Cost: The total charges for a first time visit will be: Belay certification \$15.00, Daily pass \$12.00, Shoes \$4.00, Harness \$3.00. For more information or to sign up, contact Hank Trimble at hank.trimble@yahoo.com

Tuesdays at Taylorsville --the times, they are a-changin

November 1 at 5:00

November 8, 15, 22, 29 at 4:30 (*Daylight Savings Time ends at 2:00 AM, Sunday, Nov. 6*)

Join Sharon M and members of the Dayton Hikers.org Meetup Group for a Tuesday hike at Taylorsville MetroPark. Sharon will lead a fast-paced hike through hilly wooded terrain and along the Great Miami River, beginning promptly at the time noted

above. We will be completing a modified orange loop with steep hills and a pace around 4 miles an hour. Meet at the parking lot near the CCC shelter off Route 40. This is a conditioning hike. They will be extending the hike for those who can stay.

Note: November 1 marks the 2nd anniversary of the TT hikes. For two years without a break , every Tuesday rain, snow, mud and sunshine, someone from the group has been there. Come on out that day and celebrate with the regulars before Andy Niekamp's Buckeye Trail presentation at the MVOC meeting.

Welcome New Members

Steve Frierott
Christopher Erisman
Darlene Niles
Bev Denlinger
Barbara Matthews
Dan Bagwell and Family
Joel West
Jan & John Driesbach
John & Teresa Nichols

Get Ready for the Dec. 6 Feast & Auction

It's time to dig through your closets, basements, garages and attics for all that outdoor equipment, apparel, maps and books that you no longer need. Our annual Holiday Feast and Auction is coming up. Get ready for some great food and some real bargains. Join us Tuesday night, December 6, at Wegerzyn Garden Center. The club will provide meat and drinks; you bring a dish to share, dinner service, and your gently-used outdoor gear. Auction proceeds will go to

Glen Helen's Raptor Center and the Brukner Nature Center.

People Photos Wanted

We want to try something fun and new at our December meeting. The plan is to project photos of our MVOC members at various past activities on the big screen, during the dinner and auction. If you have photos you would like to share, please email them to Lindy McDonough at lindymcd46@aol.com by November 18.

Consider Running for Office

Elections are coming soon and all offices are available if anyone wants to serve in the coming year. Consider throwing your hat in the ring. Offices include President, Vice President, Treasurer, Program

Director, Activities Director/s, Newsletter Editor, and Webmaster. We would love some new blood and new ideas to lead the organization. If you would like run for office, recommend someone or want to know what the responsibilities are for any position, contact Lindy McDonough at 278-1493 or lindymcd46@aol.com.

Coming Up - Mark Your Calendars

November 10 Board Meeting at Marion's
November 27 ... Newsletter Deadline
December 6 ... Election, Holiday Dinner & Auction
January 3 ... Mike Fanelli on 32 countries on \$50 a day
February 7 ... Chili Cookoff at Cricket Hollow
February 10 & 11 ... Adventure Summit
March 6 ... Nat Davis on Hiking in the Swiss Alps

Vote on Constitutional Changes at November Meeting

The Board of Directors of the Miami Valley Outdoor Club, after some consideration, are proposing that the time of the annual election of officers be changed from January to December and that the new officers officially begin their terms on January 1, the following month. The election will occur on the first Tuesday of December during the club's monthly meeting, which typically is the annual dinner and auction. The majority of the board felt that it would be a good time to have the election, since we often have the largest turnout of members at that event. It is also felt that the election would take only a few minutes and would not detract from the holiday festivities.

Below is a list of proposed changes of the Miami Valley Outdoor Club Constitution and Policies. We will vote on the proposed changes at the November MVOC meeting, on Tuesday, November 1, 2011

Proposed Constitution Changes - New wording is underlined:

Article IV - Membership and Fees

4. A term of membership shall be one (1) year from January 1 to December 31."

Article V - Officers

1. «.....They shall be elected by the club members at the December business meeting for one year»

Article VI - Committees

5. «The Nominating committee shall be appointed by the President at the October business meeting. Their nominations for the Board of Directors will be presented at the December meeting»

Article VII - Meetings

2. «The Board of Directors, elected in December, will take office January 1»

Article VIII - Fiscal Year

1. «The fiscal year of the club shall begin January 1 each year and end December 31.»

Proposed Policy Change - New wording is underlined:

III. Club Meetings

6. « Election of Officers and Board of Directors (December meeting only)»

7. «Installation of Officers and Board of Directors (January meeting only)»

November MetroParks Action

Wed 11/09 6:00 PM - 8:30 PM

Backcountry Gourmet Cooking

PNC 2nd Street Market 14Y and Up \$15.00 fee

Learn to cook in the backcountry like you do in your kitchen. Discover a variety of cooking methods that include more elaborate gourmet meals using foods common at your local grocery. Get tips on filling foods such as pizza, fajitas, steamed peppers, spaghetti and of course, desserts, using lightweight backpacking stoves. Ingredients

provided. Bring a spork or foon. Registration is required and limited so please call (937) 277-4374 or register online.

Thu 11/17 6:30 PM - 8:30 PM

Fundamentals of Backcountry Knots

Wegerzyn Gardens MetroPark 14Y and Up \$5.00

Do you struggle with knots and knot tying? Would you like to learn some of the best knots for use in the backcountry? Then join the Outdoor Recreation Department as we take a hands-on approach to knot tying, use and know-how in this informative evening program. Registration is required and limited so please call (937) 277-4374 or register online.

Wed 11/02 6:00 PM - 8:30 PM

Introduction to Bicycle Maintenance

Wegerzyn Gardens MetroPark 12Y and Up \$5.00

This class will help you diagnose and fix minor mechanical hiccups when out on your ride. Participants will be introduced to trail side repairs and the tools needed to make those repairs. Topics will include washing and lubricating your bike, fixing a flat tire, and adjusting brakes and gears. Come learn so you can make sure your ride doesn't get cut short. For more information and to register call (937) 277-4374 or register online.

Wed 11/09 6:00 PM - 8:30 PM

Bicycle Maintenance Basics

Wegerzyn Gardens MetroPark All Ages \$10.00

This next step in the bike maintenance progression will give riders a more comprehensive understanding of what makes the wheels go round. This hands-on class will cover bike fitting, tune-ups, advanced brake and drivetrain maintenance, as well as wheel truing. Intro to Bike Maintenance is a pre-prerequisite. For more information and to register call (937) 277-4374.

Tue 11/15 6:00 PM - 8:00 PM

OUTFITTING YOUR KAYAK

Five Rivers St. Clair Building All Ages \$25.00

In order to have maximum control and proven technique in your kayak you must first fit into the boat properly. You will be given materials to help you design the best fit for your boat along with expert staff to help you shape and place into the proper areas of the boat to feel

comfortable and secure. Whether you prefer to paddle a whitewater, touring or a recreation kayak we will help you outfit your boat so you will want to paddle everyday! For more information or to register please call (937) 277-4374.

Hike for the Health of It!

Hike for a healthier lifestyle in the great outdoors! Hikes will be held every Saturday year round at 2:00 PM. Each hike will be about 3 miles and will move at a comfortable, brisk pace. Terrain will vary with the site and some is rugged. Hikers who complete 10 hikes will receive a Five Rivers MetroParks Health Hike ball cap. For general Health Hike questions, call (937) 277-4374 Monday-Friday.

11/05 Huffman MetroPark

11/12 Cox Arboretum MetroPark

11/19 Possum Creek MetroPark

11/26 Eastwood MetroPark

Happy Bird Day

Celebrate Bird Day at Aullwood

Admission is free all day.

Celebrate the exciting world of birds at Aullwood's Happy Bird Day on Saturday, Nov. 5 from 7:30 a.m. to 4 p.m. at the Marie S. Aull Education Center.

Fun bird-related programs and activities for families and groups will be offered throughout the day beginning at 7:30 a.m. with an early morning bird walk led by Tom Hissong, Aullwood's Education Coordinator. There will be a bird banding demonstration from 9:30 to 12 noon by Drs. Jill and David Russell, Miami University biologists. For a nominal fee visitors may participate in building bird houses or feeders. Children's activities will be provided from 11 a.m. to 2 p.m. Meet Aullwood's Red-tailed Hawk at 10:45 a.m. and 12:30 p.m. and join in other activities that will continue until 4 p.m. Many of the activities will help both Cub Scouts and Girl Scouts complete requirements for the All About Birds badge.

The Friends of Aullwood truckload birdseed sale will be held from 9 a.m. to 4 p.m. and pre-orders may be picked up during this time. Aullwood's Nature Store will feature a big selection of quality bird feeders, field guides and natural history books.

Happy Bird Day is sponsored by Vectren and Merchants Security Service. For more information call Aullwood at 890-7360.

Location: 1000 Aullwood Rd

Miami Valley Outdoor Club
P.O. Box 292571
Dayton, OH 45429
www.miamivalleyoutdoorclub.org

Membership/Waiver Form

Annual dues are \$16 for singles or \$24 for families. New members joining after July 1 may pay half a year's dues.

Name _____ I'd like to join _____ I'd like to renew _____

Address _____ I'd like more information _____

City _____ State _____ Zip _____ Phone # _____

Email Address _____ Amount enclosed \$ _____

Please circle one: (Include) (Do not include) my name and information on the annual roster sent to all MVOC members.

I hereby declare that I am at least 18 years of age and agree to abide by the rules and regulations of the Miami Valley Outdoor Club. I do hereby relieve the Miami Valley Outdoor Club and/or its officers and members from all responsibility and liability regarding any loss, injury, or accidents incurred at, or related to, any club activity or function.

Signature _____ Date _____

MVOC Officers

President:	Lindy McDonough	278-1493	lindymcd46@aol.com
Vice President:	Gary Mount	367-6702	glmount@yahoo.com
Secretary/Treasurer:	Dale Bockhorst	513-675-1425	dalebockhorst@yahoo.com
Programs Director:	Dwight Gehring	836-8515	ddgehring60@woh.rr.com
Newsletter/Publicity:	Jim Nies	275-9614	jnies@aol.com
Activities:	Sharon Mullins	620-0887	dmullinsvanoh@aol.com
	Ella Himes	321-6314	ellahimes@yahoo.com
	Steve Longenecker	901-8722	slongenecker@woh.rr.com
Webmaster:	Mary Ellen Beardmore	274-2956	beardmore@aol.com