



Miami Valley Outdoor Club

April, 2012

April 3 meeting

“Exploring Costa Rica’s Natural Wonders”

On Tuesday, April 3, 7:00 p.m., Miami Valley Outdoor Club member Deb Lukjanovs will be the featured speaker at the outdoor club meeting at Wegerzyn Garden Center, 1301 E. Siebenthaler Ave., Dayton. Her program will follow a short meeting and announcements at 6:30. Come as early as 6:00 p.m. for browsing the “free stuff” table, socializing and trip planning. The program is free and open to the public with light refreshments.

Deb will share memories and images of her recent trip with the Road Scholar program (AKA Elderhostel) to Costa Rica where she visited various ecological niches of this fascinating country. From Tortuguero’s sea turtle hatchery beach to Selva Verde, the sumptuous rain forest home of the Resplendent Quetzal, Costa Rica is an incredibly diverse area encompassing many ecosystems. The monkeys, birds, and plant life found there are simply dazzling. Join us



in an exploration of the island from coast to coast. Deb will also cover the trip’s structuring and talk a bit about other Road Scholar trips she has taken and will take in the future.

Progressive Tour of 4 Beavercreek Wetlands

Sunday, April 22, 1:00 - 5:00 p.m.

If you haven’t seen these nearby natural gems, now is your chance. You are invited to join MVOC member Lindy McDonough on a progressive tour of four sites in the Beavercreek Wetlands Complex plus one other reserve. The areas contain a mix of swamp, marsh, fen, wet prairie and upland prairie and the Beaver Creek Wetland Association has been working to preserve these wildlife sanctuaries since 1988. Hopefully we will see a large variety wildflowers and birds and maybe even some reptiles

and amphibians. Bring along your binoculars and cameras.

The tour will begin at the Cemex Reserve in Fairborn with a walk around the loop trail. From there we will caravan to the remaining locations including the Koogler Wetland/Prairie Reserve, Siebenthaler Fen, Beaver Creek Wetland Nature Preserve and if there is time finish at the Glenn Thompson Reserve on the Little Miami River where the river passes under U.S. 35. The event will last all afternoon; however, individuals may leave anytime during the tour. And if there is interest, anyone who cares to can join the group for dinner at a restaurant somewhere along U.S. 35 afterward. Sorry, no dogs, please. It could be muddy, so be prepared.

We will meet at the Cemex Reserve. Take Garland Rd. west off Trebein Rd. Turn right on Sanctuary Dr. Entrance to the reserve goes straight as Sanctuary turns left into Conservance Cir. Please sign up in advance and be on time so we can begin right at 1:00. We have a lot of territory to cover. For form information or to sign up, contact Lindy at 278-1493 or lindymcd46@aol.com.

May 1 MVOC Meeting Location Change

The May MVOC meeting will be at Taylorsville MetroPark Red Fox Shelter, 8400 Brown School Rd instead of its usual location at Wegerzyn Garden Center at 7:00 p.m. Massage therapist, Dwight Gehring and occupational therapist Sharon Mullins, both avid hikers and members of the Miami Valley Outdoor Club, will present a program on "Stretching for Outdoor Activities." They will demonstrate stretching and conditioning techniques for a variety of outdoor activities. We will meet in the large shelter with seating for 100, rain or shine. Details in the next newsletter, email announcements and online at www.mvoc.net.

Have an Idea for an Event?

Have a place you want to explore or want to kayak on your favorite river? Consider leading an MVOC activity. It's really not hard. About all you need to do is plan an outdoor activity and invite the rest of us to come along. It can be an overnight backpack trip or an afternoon canoe trip or even a short morning hike. There's always someone else who wants to do it too. You can sign up to do something once a year or once a month or weekly if you prefer, but just give it a try. Contact any MVOC officer (listed at the end of this newsletter) for more information and suggestions on how to get started.



Mary Walsh and Bruce Howorth planting seedlings.

Out & About

by Lindy McDonough

Looks like the groundhog was wrong this year by about one month. Trees have blossomed out more than in recent memory and I'm sure many of you are enjoying the sights, sounds and fragrances of an early spring. The MetroParks



"Bike for the Health of It" begins April 7 and I still have a flat tire that needs to be patched. I'm also looking forward to National Bike to Work Day and the free pancake breakfast provided by the MetroParks on May 18.

MVOC member Steve Longenecker is back from wintering in Florida and is already planning a Yosemite trip this summer or fall for the outdoor club. At least fifteen

Mike Nelson helps prepare for tire cleanup

people have expressed interest in participating. If you want to go along, I'm sure there is still time to sign up. Watch for notices about upcoming planning meetings.

Another MVOC member Sue Howorth was one of the project leaders for the recent MetroParks "Seedling Saturdays," where volunteers planted thousands of baby trees to replace the many dying ash trees devastated by the emerald ash borer. I went one Sunday afternoon and helped Bruce Howorth and Mary Walsh plant trees at Carriage Hill MetroPark. It was quite a workout!

MVOC member Andy Niekamp is working hard organizing the upcoming Buckeye TrailFest April 26-29 and he's looking for volunteers to help with the event. I hope many of you can make it to this event near Lebanon, OH. There will be lots to see and do.

Outdoor club member Sharon Mullins is planning a club backpack trip to Red River Gorge in May, Ella Himes is organizing another bike and camping trip from Corwin to Yellow Springs in June, and Dwight and Donna Gehring have scheduled the annual tubing float for Saturday, July 14 on the Mad River near Springfield. And of course, it won't be long 'til we can drag out our kayaks and canoes and start paddling through spring and summer.

Red River Gorge Backpack Trip

May 19 & 20.

A Red River Gorge backpacking trip is planned for the outdoor

club in May. The group will meet on Saturday around 1:00pm, will be backpacking to Hansen Pt. and will leave Sunday around 1:00pm. Everyone is responsible for his/her own transportation to/from the event. If people want to come early, they may do so and stay in the campground or backpack on their own. The meeting point will be determined later depending on the number of people who attend - to allow for adequate parking. For more information or to sign up contact Sharon Mullins at 620-0887 or dmullinsvanoh@aol.com.

Corwin to John Bryan State Park Biking/Hiking/Camping Event

June 23 & 24

Come join us for an overnight trip on the Little Miami Bike Trail!

We will meet at 1:00pm on June 23 in the parking lot by the bike path in Corwin. The plan is for you to bring your camping gear with you to Corwin where we will have a car to transport the gear. We will leave Corwin and ride about 25 miles to Yellow Springs. In Yellow Springs, we will take the road to the John Bryan Park Group Campgrounds.

We will set up camp, have dinner, and relax around the campfire. Then, Sunday morning we will eat breakfast, break down camp and start riding back to Corwin arriving around noon where we can have lunch or just collect our gear and head home. Stay tuned for more details in the June newsletter and online at ww.mvoc.net.

To sign-up or for more info contact Sharon M at 620-0887 or dmullinsvanoh@aol.com; or Ella H. at 321-6314 or ellahimes@yahoo.com.

Welcome New Members

Robin Heider
Rob Pimentel
Mike Fanelli

Thursday Morning Moderate Hikes in April

Join Lindy McDonough for these moderately paced, 1.5 hour hikes at 10:00 a.m. every week in April. Locations vary. Dogs are welcome but must be on leash.

Thurs., Apr. 5 **Possum Creek MetroPark** - 4790 Frytown Rd; meet at the Argonne Forest parking lot

Thurs., Apr. 12..... **Englewood MetroPark East** - 4361 National Rd. Meet at the Patty Shelter parking lot.

Thurs., Apr. 19..... **Carriage Hill MetroPark** - 7821 E. Shull Rd; meet at the Red Wing Shelter.

Thurs., Apr. 26..... **Englewood MetroPark South** - 9331 Meeker Rd.

Climbing at Urban Krag

Wednesdays 6:30, April 4, 11, 18, 25

Urban Krag Climbing Center, 126 Clay Street, Dayton, www.urbankrag.org.

Meet at the viewing platform at 6:30 pm. After 6:30 the person at the desk can point us out in the climbing area. Your first time in to the gym you will need to complete a belay certification which takes about 30 to 45 minutes and is a one-time charge of \$15.00. Everyone 14 or older must complete a belay certification. If you are under the age of 14 you will need someone who is belay certified to belay for you. If you are a minor (under the age of 18) you will need to have a parent or guardian sign a waiver for you.

Cost: The total charges for a first time visit will be: Belay certification \$15.00, Daily pass \$12.00, Shoes \$4.00, Harness \$3.00. For more information or to sign up, contact Hank Trimble at hank.trimble@yahoo.com

Tuesdays at Taylorsville

April 3, 10, 17, 24 at 4:30

Join Sharon M and members of the Dayton Hikers.org Meetup Group for a Tuesday hike at Taylorsville MetroPark. Sharon will lead a **FAST**-paced hike through hilly wooded terrain and along the Great Miami River, beginning promptly at 4:30 at a pace around 4 miles an hour. Meet at the parking lot near the CCC shelter off Route 40. This is a conditioning hike.

MVOC Events Coming Up

April 3 - Exploring Costa Rica -MVOC meeting

April 13 - MVOC Booth at WPAFB

April 22 - Progressive Tour of 5 Beaver Creek Wetlands

May 1 - Stretching for Outdoor Activities

MVOC meeting at Taylorsville Fox Run shelter

May 19-20 - Red River Gorge Backpack Trip

June 23 & 24 - Corwin to John Bryan Bike & Camp

June 5 - Cycling Across Thailand - MVOC meeting

July 3 - Annual Picnic at Hills & Dales Paw Paw Shelter

July 14 - Tubing on Mad River near Springfield

Aug. 7 - Alaskan Road Trip - MVOC Meeting

Buckeye TrailFest

Don't forget Buckeye Trailfest April 26-29 at King's Domain Conference Center near Lebanon, OH. For more, lots more, info and to register, see <http://buckeyetrailfest.org>. The website includes details regarding scheduled programs, evening presentations, trail-building, hikes (at least 16 over the weekend,) meals, camping facilities, and directions.

Just a sample of activities--A Year to Travel the World with Mike Fanelli, Building an Alcohol Stove, Caesar Creek Wildflower hike, Trail-building 101, and more!

Miami Valley Outdoor Club
P.O. Box 292571
Dayton, OH 45429
www.miamivalleyoutdoorclub.org

Miami Valley Outdoor Club Membership/Waiver Form

New members please mark time-frame you are joining: _____Jan. thru Mar. - singles \$16 / families \$24
_____April thru June - singles \$12 / families \$18 _____July thru Sept. - singles \$8 / families \$12
_____Oct. and after - full-year membership dues (\$16 or \$24) will include the remainder of the year and the entire following year. Renewing dues are singles \$16 / families \$24. Renewing members must fill out membership/waiver form every year. Both spouses/partners in a family must sign. Membership year is Jan.1 to Dec.31

Name _____ I'd like to join _____ I'd like to renew _____

Address _____ I'd like more information _____

City _____ State _____ Zip _____ Phone # _____

Email Address _____ Amount enclosed \$ _____

I hereby declare that I am at least 18 years of age and agree to abide by the rules and regulations of the Miami Valley Outdoor Club. I do hereby relieve the Miami Valley Outdoor Club and/or its officers and members from all responsibility and liability regarding any loss, injury, or accidents incurred at, or related to, any club activity or function.

Signature _____ Date _____

Print out and Mail to: Miami Valley Outdoor Club, P.O. Box 292571, Dayton, OH 45429

MVOC Officers			
President:	Lindy McDonough	278-1493	lindymcd46@aol.com
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