



Miami Valley Outdoor Club

June, 2012

June 5 meeting

“Cycling Self-Tour Through Southern Thailand”

Outdoor adventurer Christine Plepys will be the featured speaker at the Miami Valley Outdoor Club meeting at Wegerzyn Garden Center, 1301 E. Siebenthaler Ave. Christine Plepys will recount her journey on a first-time international self-supported cycling trip through southern Thailand. See the beauty during a colorful slideshow and hear the adventure of navigational challenges, incredible food, learning Thai, and more. Christine’s program will follow a short meeting and announcements at 6:30. Come as early as 6:00 p.m. for browsing the “free stuff” table, socializing and trip planning. The program is free and open to the public with light refreshments.



Canoeing and kayaking, cookout and carry in, cocktails and conversation, campfire and camping

(Spur of the moment short notice gathering)

Monday June 4th

You are invited to join Steve Longnecker a for day of outside activities. The adventure will start with canoeing and kayaking on the Stillwater River leaving the West Milton Park at 1:30. (There are canoes for rent at the park; check out barefoot.com)

Afterwards they will do a cookout and carry in at 6:00 at 1266 South Miami Street, West Milton, Ohio. Steve will provide hamburgers and hot dogs. Please bring something to share with others and your drink of choice.

You may join him for the evenings activities even if you don’t want to canoe. After dinner there will be conversation with cocktails and a campfire.

Anyone interested in camping will be welcome. Steve

has 20 acres with plenty of room for tents and campers, a cottage with a shower, and covered shelter if the weather gets bad. Children are welcome.

You must RSVP (or Steve might not have enough burgers/hot dogs.)

Steve Longnecker Mobile # 937-901-8722

Out and About

by Lindy McDonough

Whew! We survived the first heat wave of the season. Sure wish it was the last! At least it cooled off just in time for a refreshing, first Wednesday Paddle along the Mad River with Whitewater Warehouse on May 30. Hope some of you can check out this fun activity, if you haven’t tried it yet. Very relaxing and scenic. For most of the float you don’t even know you’re close to a city.

I heard the Buckeye TrailFest earlier this spring was a

huge success. It had one of the best ever attendance records for a Buckeye Trail event and many thanks go to a major planner and MVOC member Andy Niekamp. One attendee, Don Shivler, said there were so many good speakers, he hardly had time to spend outdoors.

Soon after the TrailFest, Andy Niekamp was off again to spend the month of May hiking the 282-mile Sheltowee Trace in Kentucky. MVOCer Amy Callahan, aka Falling Turtle, and her hiking companion now husband Irish Charm, hiked around 700 miles of the Appalachian Trail before Amy injured her ankle and had to take a break until she healed. Keep us posted, you guys, on your future progress.

Dwight Gehring and Sharon Mullins had a nice turnout for their program on “Stretching for Outdoor Activities” in May at Taylorsville MetroPark. Despite a windy rainstorm, their program went off without a hitch, mostly dry under a large park picnic shelter. Don Shivler and Laurel Slate were spotted on a recent “Bike for the Health of It” through Taylorsville MetroPark and Greg Kambitsch, Jim and Connie Steele and their daughter Hannah, Sue Howorth, and I and my husband Mike attended a recent film showing at the Dayton Canoe Club about Ohio’s scenic rivers.

I ran into Eva Williams one Thursday afternoon for the summer-long Aullwood butterfly count and MVOCer Jim Lemaster can usually be found on Thursday mornings on the weekly bird walk at Aullwood Nature Center. Because of schedule conflicts the Red River Gorge backpack trip for May had to be postponed until later in the summer, so watch our online calendar for updates. And watch your weekly reminders and the calendar, because not all our activities make it into the newsletter.

Coming up in the next few months: the annual July picnic at Hills & Dales MetroPark, tubing on the Mad River in July, Water Sports Days at Eastwood Lake with windsurfing and kayaking, Buckeye Trail maintenance, and much more. And, of course, don’t forget to sign up for the Bike Trip and Campout June 23-24. It’s a fairly flat ride from Corwin to Yellow Springs and takes about 3 hours. Give it a try!

Climbing at Urban Krag

Wednesdays 6:30, June 6, 13, 20, 27
Urban Krag Climbing Center, 126 Clay Street,
Dayton, www.urbankrag.org.

Meet at the viewing platform at 6:30 pm. After 6:30 the person at the desk can point us out in the climbing area. Your first time in to the gym you will need to complete a belay certification which takes about 30 to 45 minutes and is a one-time charge of \$15.00. Everyone 14 or older must complete a belay certification. If you are under the age of 14 you will need someone who is belay certified to belay for you. If you are a minor (under the age of 18) you will need to have a parent or guardian sign a waiver for you.

Cost: The total charges for a first time visit will be: Belay certification \$15.00, Daily pass \$12.00, Shoes \$4.00, Harness \$3.00. For more information or to sign up, contact Hank Trimble at hank.trimble@yahoo.com

Tuesdays at Taylorsville

June 5, 12, 19, 26 at 4:30

Join members of MVOC for a Tuesday hike at Taylorsville MetroPark. Various members will take turns leading a **FAST**-paced hike through hilly wooded terrain and along the Great Miami River, beginning promptly at 4:30 at a pace around 4 miles an hour. Meet at the parking lot near the CCC shelter off Route 40. This is a conditioning hike. Time, energy and attitude willing, some hikers often take another, somewhat slower, trip around the park at 5:30 or so.

John Bryan Bike Trip and Campout

June 23 & 24 - Corwin to John Bryan State Park

Come join us for an overnight trip on the Little Miami Bike Trail! Here are the details: We will meet at 1:00pm on June 23 in the parking lot by the bike path in Corwin. The plan is for you to bring your camping gear with you to Corwin where we will have a car to transport the gear. We will leave Corwin and ride about 25 miles to Yellow Springs. In Yellow Springs, we will take the road to the John Bryan Park Group Campgrounds. We will set up camp, have dinner, and relax around the campfire. Then, Sunday morning we will eat breakfast, break down camp and start riding back to Corwin arriving around noon where we can have lunch or just collect our gear and head home.

If you will be driving and leaving your vehicle

by the bike path in Corwin overnight, please forward me your vehicle make, model and license plate number upon registering. These will be forwarded to Corwin Parks personnel to insure your car is not towed.

The campsite provides picnic tables, a fire ring, and a pit toilet. The cost for the campsite is \$4 per person, and we will need to purchase firewood if we want a fire so make sure you bring some cash for the group camp as well as for lunch on Sunday. Everyone is responsible for cooking their own food Saturday night and Sunday morning (unless someone wants to run into Yellow Springs for carryout??). Dogs are allowed if leashed and under control at all times.

If you aren't up for the whole 50 miles, you have two other options:

A. Skip the bike ride, but meet us in Corwin at 1:00pm to collect our camping gear. Then drive to Yellow Springs and claim your campsite first and enjoy the park! On Sunday, drive our camping gear back to Corwin and join us for lunch.

OR

B. Skip the bike ride, and meet us in Yellow Springs at the John Bryan group campsite and claim your campsite first and enjoy the park! On Sunday, drive our camping gear back to Corwin and join us for lunch.

C. If no one volunteers to transport our gear, we will plan to collect the camping gear on Friday night and transport it to the park prior to our departure on Saturday.

To sign-up or for more info contact Ella H at 321-6314 , ellahimes@yahoo.com OR Sharon M at 620-0887 or dmullinsvanoh@aol.

July 3 Picnic at Hills & Dales

Tuesday, July 3

Mark your calendars for the Annual MVOC July Picnic. Pot luck, with hamburgers and hot dogs provided. It will again be held at the Hills & Dales MetroPark Paw Paw Shelter. Same place as last year. It's a beautiful new shelter, parking close by and excellent restrooms. And of course, beautiful hiking trails. Start going through your closets and drawers.

We will be having another free t-shirt exchange, but this year it will include sweat shirts and ball caps. Bring some, take others home. Even if you don't bring any, you can take as many as you want. Anything left over goes to Goodwill. Come early for a hike before we eat. Details coming later.

Wednesday Nite Paddles Have Begun!

Nearly every Wednesday throughout the summer,

June 6, 13, 20, 27, July 11, 18, 25 and Aug 8, 15

Whitewater Warehouse, 104 Valley St, Dayton, OH

Time: Shuttles leave at approximately 5:30 & 6:15 and later if necessary.

Cost: \$20.00 Equipment and Shuttle; \$5.00 Shuttle Only; Equipment and shuttle fees include sales tax.

Payment by cash or check preferred. Enjoy the transition from an urban wilderness to the downtown Dayton skyline. We paddle approximately three miles of what is considered "moving water" from Eastwood MetroPark to the Keowee Street Bridge. This river trip generally takes 1 ¼ to 1 ½ hours. Shuttle leaves whenever it is full, and will continue until all boaters are on the river - sometimes as many as 4-5 shuttles. Equipment and shuttle slots are available on a first come first serve basis. Dress to get wet, and be ready to have some Fun! Recommended age 14+.

Check the Whitewater Warehouse website at www.kayakdayton.com for special events and trips, variations in dates, classes, river conditions and more.

Miami Valley Outdoor Club
P.O. Box 292571
Dayton, OH 45429
www.miamivalleyoutdoorclub.org

Miami Valley Outdoor Club Membership/Waiver Form

New members please mark time-frame you are joining: _____Jan. thru Mar. - singles \$16 / families \$24
_____April thru June - singles \$12 / families \$18 _____July thru Sept. - singles \$8 / families \$12
_____Oct. and after - full-year membership dues (\$16 or \$24) will include the remainder of the year and the entire following year. Renewing dues are singles \$16 / families \$24. Renewing members must fill out membership/waiver form every year. Both spouses/partners in a family must sign. Membership year is Jan.1 to Dec.31

Name _____ I'd like to join _____ I'd like to renew _____

Address _____ I'd like more information _____

City _____ State _____ Zip _____ Phone # _____

Email Address _____ Amount enclosed \$ _____

I hereby declare that I am at least 18 years of age and agree to abide by the rules and regulations of the Miami Valley Outdoor Club. I do hereby relieve the Miami Valley Outdoor Club and/or its officers and members from all responsibility and liability regarding any loss, injury, or accidents incurred at, or related to, any club activity or function.

Signature _____ Date _____

Print out and Mail to: Miami Valley Outdoor Club, P.O. Box 292571, Dayton, OH 45429

| MVOC Officers | | | |
|-----------------------|----------------------|--------------|-------------------------|
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