



Miami Valley Outdoor Club

August, 2012



Jeanne Hand and Dave Platt on their Alaskan Road Trip.

Tuesday, August 7, 2012,

“Alaska Road Trip”

Jeanne Hand and her husband Dave Platt will share their recent multiple-month driving trip from Cincinnati through Canada to Alaska, at the Miami Valley Outdoor Club meeting at Wegerzyn Garden Center, 1301 E. Siebenthaler Ave. in Dayton. Camping about half the time, the pair road 60 hours on the Alaska SE Marine Ferry from Bellingham, WA to Juneau, AK plus an 8-hour ride on the ‘fast’ catamaran jaunt to Sitka. They visited Tracy Arm Fjord, about a 3-hour boat ride from Juneau in a boat that holds about 50 passengers, with a captain who liked to get really up close and personal with glaciers, bears, and waterfalls. The scenery was absolutely breath taking and they

frequently sighted American bald eagles. They also took a several-hour bus trip into Mt. Denali (McKinley) on July 4th. As is typical in Alaska, it was cool and rainy and Mt. Denali was not visible. Locals say you can only see it 30% of the time during the summer months. Disappointed that they couldn’t see the highest peak in North America, Dave and Jeanne left a day early and headed to Anchorage. A few hours into the drive, the clouds parted and all of a sudden there was this huge mountain miles away. At least it was visible from a distance for several days after. These are just a few highlights of their Alaskan adventure. Hear their full story and see the sights as they share their once-in-a-lifetime trip.

Come as early as 6:00 p.m. for socializing and trip planning, followed at 6:30 by a short meeting with announcements and trip reports. Guest speakers begin at 7:00 p.m. The program is free and open to the public. Light refreshments.

Climbing at Urban Krag

Wednesdays 6:30, August 8, 15, 22, 29
Urban Krag Climbing Center, 126 Clay Street,
Dayton, www.urbankrag.org.

Meet at the viewing platform at 6:30 pm. After 6:30 the person at the desk can point us out in the climbing area. Your first time in to the gym you will need to complete a belay certification which takes about 30 to 45 minutes and is a one-time charge of \$15.00. Everyone 14 or older must complete a belay certification. If you are under the age of 14 you will need someone who is belay certified to belay for you. If you are a minor (under the age of 18) you will need to have a parent or guardian sign a waiver for you.

Cost: The total charges for a first time visit will be:
Belay certification \$15.00, Daily pass \$12.00, Shoes \$4.00,

Harness \$3.00. For more information or to sign up, contact Hank Trimble at hank.trimble@yahoo.com

Tuesdays at Taylorsville

August 7, 14, 21, 28 at 4:30

Join members of MVOC for a Tuesday hike at Taylorsville MetroPark. Various members will take turns leading a **FAST**-paced hike through hilly wooded terrain and along the Great Miami River, beginning promptly at 4:30 at a pace around 4 miles an hour. Meet at the parking lot near the CCC shelter off Route 40. This is a conditioning hike. Time, energy and attitude willing, some hikers often take another, somewhat slower, trip around the park at 5:30 or so.

Early Bird Tuesday Hikes in August

Get some fresh air and exercise early in the day. Join Lindy McDonough for these moderately paced, 1.5 hour hikes at 7:30 a.m. four times in July. Locations vary. Dogs are welcome but must be on leash. Bring bug repellent.

Tues., Aug. 7 **Possum Creek MetroPark** - 4790 Frytown Rd; meet at the Argonne Forest parking lot

Tues., Aug 14..... **Englewood MetroPark East** - 4361 National Rd. Meet at the Patty Shelter parking lot.

Tues., Aug 21..... **Carriage Hill MetroPark** - 7821 E. Shull Rd; meet at the Red Wing Shelter.

Tues., Aug 28..... **Englewood MetroPark South** - 9331 Meeker Rd.

Great Miami Outfitters, Saturday Morning Paddle Float August 11 & 18, 8:30 a.m.

Join in and enjoy Saturday Morning Paddle Floats down the Great Miami River. Afterwards, stop in at one of the local downtown Miamisburg restaurants for lunch. Paddle down our local waterway from West Carrollton to downtown Miamisburg. It's a relaxing 5.5 mile "moving water" trail through the urban wilderness. This trip usually takes between 1-1/2 and 2 hours. If you've never seen the river from this perspective, you're in for a treat. You'll have a good chance to spot various wildlife including great blue herons, beavers, red-tailed hawks and more.

For more information, contact: **Great Miami Outfitters**, 25 East Linden Avenue, Miamisburg, Ohio 45342, (937) 847-8787, www.GreatMiamiOutfitters.com

NOTE: This event is dependent on weather and river flow conditions. This is not a guided river trip. Prior kayaking or canoeing experience is required and you must have demonstrable experience to attend. New boaters may consider attending recreational kayaking classes prior to participation. Our Kayak Basics Instruction will get you started.

When on the water, always wear a personal flotation device (PFD).

Whitewater Warehouse,

Wednesday & Saturday Kayaking

Wednesday Nite Paddles, Aug 8 & 15

Whitewater Warehouse, 104 Valley St, Dayton, OH, www.kayakdayton.com

Time: Shuttles leave at approximately 5:30 & 6:15 and later if necessary.

Cost: \$20.00 Equipment and Shuttle; \$5.00 Shuttle Only; Equipment and shuttle fees include sales tax.

Payment by cash or check preferred. Enjoy the transition from an urban wilderness to the downtown Dayton skyline. We paddle approximately three miles of what is considered "moving water" from Eastwood MetroPark to the Keowee Street Bridge. This river trip generally takes 1 ¼ to 1 ½ hours. Shuttle leaves whenever it is full, and will continue until all boaters are on the river - sometimes as many as 4-5 shuttles. Equipment and shuttle slots are available on a first come first serve basis. Dress to get wet, and be ready to have some Fun! Recommended age 14+.

Low Water Plan for Wednesday Nite Paddle

Due to the low water on the Mad River recently Whitewater Warehouse is implementing a cut off level of 250 cfs for the Wednesday Nite Paddle. On the nights that the river is at or near 250 cfs they will

Dwight and Donna Gehring at Eastwood Lake



offer an alternative activity. It could be paddling around RiverScape where you can cool off under the fountains; or a demo day at Eastwood Lake. Activity changes will be posted on Facebook.

Saturday Fountain Kayak Floats to Riverscape, August 11 & 25

Cool off in the fountains on a hot summer afternoon; or enjoy a leisurely float around RiverScape. After kayaking grab a bite to eat at the Wine Gallery or indulge in a cold ice cream from the concession.

Trips launch from Whitewater Warehouse between 11:00-2:30; weather and water permitting. Costs \$20.00 per person. (Includes rental fees and shuttle). Return shuttles run at approximately 1:00 and 3:30.

No experience required. Must be 12 or older to kayak in single kayaks; Children 50-90 lbs and under 12 years old can kayak with a guardian in a tandem kayak.

Contact Whitewater Warehouse at (937) 222-7020 or www@erinet.com for additional information

Many Thanks to
Great Miami Outfitters
Miamisburg, OH
for their recent donation of a
\$25 Gift Certificate to MVOC

Welcome New Members

Julie Spinner, Joseph & Regina Wheelbarger, Bonnie Spitzkeit, Elizabeth McDonough

Out and About

by *Lindy McDonough*

All this hot, sometimes dry, sometimes muggy, downright unpleasant weather has not kept our MVOC gang from enjoying the outdoors. Twenty-eight people showed up for our annual July picnic at the Paw Paw shelter in Hills & Dales MetroPark on July 3. I was relieved when no one wanted to go on the hike because it was so hot. Instead, those of us who arrived early just sat around and gabbed until

the burgers and hotdogs were ready to serve. Many, many thanks go to Dwight Gehring and Dale Bockhorst for agreeing to tend the grills in the hot sun. And as usual all the food was delicious!

The last Friday in June, a few MVOCers showed up for WaterSports Day at Eastwood Lake. Bruce Howorth and Jeanne Boeke brought



Darlene Niles tubing on the Mad

their sailboards and Dwight and Donna Gehring and I brought kayaks. We even had a visitor named Matt stop by who had read about our event. Bruce and Jeanne gave him a quick windsurfing lesson. Several weeks later, on Saturday, July 21, the same MVOC crew, as well as Mike Nelson, Sue Howorth, Steve Longenecker and his pooch Buckeye, and Julie Spinner enjoyed an afternoon on the water at Hueston Woods. Once again a visitor to the park was interested in our sailboards



A lazy afternoon at Hueston Woods

and got a quick lesson. In exchange a couple of our members got to try out his paddle surf board. That same day we put up the club's new 10' x 10' canopy for outdoor club events. Assembly was quick and easy, it looked great and all the parts were there. Just for the heck of it we hung the MVOC banner on it and it was clearly visible from the parking lot and well down the beach, so we

got a little extra publicity that day.

Nine people enjoyed the innertube float lead by Dwight and Donna Gehring July 14 on the Mad River. New member Darlene Niles brought along a friend and her granddaughter and Jeanne Boeke came with two nephews. Dale Bockhorst and I enjoyed the cool ride as well. Fortunately the spring-fed river was still deep enough to bob along without dragging on the bottom.

There were no takers for the first July Early Bird hike at Possum Creek, but the two following hikes picked up a few new people through the Dayton Hikers website. Hopefully, they will come again. And of course our toughest MVOC members have continued their fast hikes on Tuesdays at Taylorsville, all through the recent record-breaking heat waves. Despite the hot weather, a group of MVOCers managed to schedule a Buckeye Trail work day on Sunday July 15th. Hank Trimble, Gary Mount, David Snell, Sharon Mullins, and Greg Kambitsch all did a great job of getting most of the smaller limbs off the trail as well as cutting down extensive overgrown weeds along the way. Andy Neikamp and a small group of Buckeye Trail maintainers finished the job on the following Thursday by cutting 4 smaller trees/branches and one very large tree that had completely obstructed the trail. Thanks to all the volunteers for their time and effort. And, finally, welcome back to MVOCer Ella Himes who recently returned from a trip to Guatemala and the Galapagos Islands.

Next MVOC Board Meeting

Thursday, September 13, 6:00 p.m., Marion's Pizza on North Dixie. All members are welcome to come and help plan future events.

Newsletter Deadline: Sunday, August 26

Great Ohio River Paddle (GORP) 2012

National Wildlife Refuge Experience, October 13-14

The Great Ohio River Paddle 2012 (GORP 2012) is a 2-day event to raise money to protect and improve the water quality in the watershed. Paddlers will stop each day at different sites. Along the way, naturalists,

biologists, scientists, and local historians will share their knowledge and experiences. Many have intimate knowledge and up-to-date information about their areas of expertise. Come explore, learn, and have fun!

This year, on Saturday, there will be an optional visit to Manchester Island #2, as we help one of our restoration partners, US Fish & Wildlife Service, kick-off National Wildlife Refuge Recognition Week.

Manchester Island #2 is the easternmost of the 22 islands of the Ohio River Islands National Wildlife Refuge, which are scattered along 362 miles of the Ohio River. The ORINWR protects the habitat for several mammals, birds, mussels, and other wildlife. We will learn about the history, wildlife, and vegetation of the island from ORINWR personnel and do a service project on the island.

Next discount deadline is August 31. Participation is limited.

For details on the event check out their website at:

www.ohioriverfdn.org/news_events/great_ohio_river_paddle/weekend_trip_details/index.html

Dwight & Donna Gehring and Julie Spinner have already registered for this event. If anyone is interested in joining them - they would love it! It would really be great to have a group from MVOC participate. If anyone has any questions they can contact Julie via email jaspinner@hotmail.com or phone 937-361-2383.

Projector/Computer Training

Oh, No! Next year our longtime audio/visual expert Dwight Gehring will not be around as much to work the projector at meetings. We are considering having a training session for anyone interested in learning how to work the equipment as backup in times of need. Please let Dwight know if you are interested and we will schedule a time and place. Contact: ddgehring60@woh.rr.com or cell (937) 371-8511.

Woolie Worms Don't Lie

Last August on a tubing trip on the Mad River north of Springfield I saw two milky white wooly worms on a log along the river. Instantly, a memory

of a solid black Woolly Worm popped into my mind from many years ago and I knew what was coming... a mild winter. Since then, the winter-that-wasn't of 2011 happened.

The darker the Woolly Worm the harsher the following winter will be. Also the lighter the Woolly Worm the milder the following winter will be. The Woolly Worm prognosticated correctly.

The tubing trip this past month brought another run-in with a Woolly Worm. I was minding my own business meandering along the river with fellow club members, Jeanne Boeke and her nephews, Alexander, and Evan, Dale Bockhorst, Julie Spinner, Lindy McDonough, Darlene Niles, her grand daughter Carissa Mitchell and Darlene's friend, Amy Symon, and our patient but fearless river guide, Dwight Gehring, when I acquired a hitch hiker. It was crawling all over my innertube and even up onto my shoulder. The Woolly Worm stayed with me for a respectable distance.

When we came to a strainer in the river that we had to portage around, Evan and Alexander took the Woolly Worm and settled it into a comfortable bush along the river. On the other side of the strainer downstream on the river we paused to play in the water for a short period of time and then resumed our lackadayzical foray down the river. This was a refreshing break from the summer heat. Everyone had a good time.

The Woolly Worm was pale beige, almost white.



July Picnic at Hills and Dales MetroPark

Metro Parks Action

Try Hiking @...

Sat. Aug. 18, 9:00-11:00 am

Program #:B1165

Location:Taylorville MetroPark: Shelter: CCC/East Park Parking Lot, 2101 U.S. 40, Vandalia, OH 45377

Curious about hiking in the MetroParks? This program will introduce you to a new trail experience. Volunteers and staff will be stationed at the trailhead providing park information, an orientation to the trail, and inviting you to explore a new trail on your own. If you are interested in a group-led hike please visit www.daytonhikers.org

Age Range:All ages

This program is weather dependent.

Registration:Registration requested, walk-ins welcome:

Contact Info:(937) 277-4374

Recreation Kayak Rescue Clinic

Tue. Aug. 21, 6:00-8:00 pm

Program #:B1572

Location:Eastwood MetroPark: Eastwood Lake 1401 Harshman Rd., Dayton, OH 45431

Learn how to properly rescue yourself and others during a hands-on clinic in recreation kayaks. You'll learn how to successfully rescue yourself and others in near-shore and offshore situations. Several techniques and rescues will be taught. It is an excellent way to gain confidence in your kayak skills and become more knowledgeable in safety rescue. You must have taken Kayak Basics before taking the clinic.For more information or to register please call (937) -277-4374.

Prerequisites:Intro to KayakKayak Basics

Fee:\$25

Bike For The Health Of It:

Stillwater River Bikeway Central

Meet in the parking lot at 1301 E Siebenthaler. Riding to Eastwood MetroPark. (13 miles)

Sat. Aug. 11, 9:00-11:00 am at Wegerzyn Gardens MetroPark

Great Miami River Bikeway S

Meet at West Carrollton Low Dam, Take N. Alex Road to Hydraulic Road:use the entrance on right. We will ride to RiverScape MetroPark.

Sat. Aug. 18, 9:00 am-12:00 pm

Great Miami River Bikeway South

Meet at West Carrollton Low Dam, Take N. Alex Road to Hydraulic Road:use the entrance on right. We will ride to Crains Run Nature Park

Sat. Aug. 25, 9:00 am-12:00 pm

Miami Valley Outdoor Club
P.O. Box 292571
Dayton, OH 45429
www.miamivalleyoutdoorclub.org

Miami Valley Outdoor Club Membership/Waiver Form

New members please mark time-frame you are joining: _____Jan. thru Mar. - singles \$16 / families \$24
_____April thru June - singles \$12 / families \$18 _____July thru Sept. - singles \$8 / families \$12
_____Oct. and after - full-year membership dues (\$16 or \$24) will include the remainder of the year and the entire following year. Renewing dues are singles \$16 / families \$24. Renewing members must fill out membership/waiver form every year. Both spouses/partners in a family must sign. Membership year is Jan.1 to Dec.31

Name _____ I'd like to join _____ I'd like to renew _____

Address _____ I'd like more information _____

City _____ State _____ Zip _____ Phone # _____

Email Address _____ Amount enclosed \$ _____

I hereby declare that I am at least 18 years of age and agree to abide by the rules and regulations of the Miami Valley Outdoor Club. I do hereby relieve the Miami Valley Outdoor Club and/or its officers and members from all responsibility and liability regarding any loss, injury, or accidents incurred at, or related to, any club activity or function.

Signature _____ Date _____

Print out and Mail to: Miami Valley Outdoor Club, P.O. Box 292571, Dayton, OH 45429

MVOC Officers			
President:	Lindy McDonough	278-1493	lindymcd46@aol.com
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Secretary/Treasurer:	Dale Bockhorst	513-675-1425	dalebockhorst@yahoo.com
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