



Miami Valley Outdoor Club

October, 2012

Tuesday, October 2, 2012,

“Biking the Fairy Tale Trail”

Hear Dayton resident Allen Johnson, widely known for taking his grandchildren on many outdoor adventures hiking, biking, canoeing and more, tell us about his latest trip at the October 2 meeting of the Miami Valley Outdoor Club at Wegerzyn Garden Center, 1301 E. Siebenthaler Ave. in Dayton.

In June Allen Johnson and three granddaughters biked for ten days along the Fairy Tale Trail from Frankfurt, Germany 400 miles up to Bremen, pedaling 40-miles a day between castles and staying in the restored castles at night and visiting numerous ones associated with famous fairy tales like Rapunzel, Pied Piper and Puss-in-Boots. The Sleeping Beauty storybook castle conducted reenactments on weekends. They also enjoyed stops along the way to buy fresh strawberries and saw lots of wildlife and domestic animals like a huge European hare, pheasant, stork, swans and even nine two-humped camels. Mostly they rode on bikeways along the Fulda River or Weser Rive, so except for an occasional rise over a bridge or levee, the rest of their ride remained relatively flat, visiting many towns and villages including Sababurg, Trendelburg, Hameln, Costedt and



Fairy Tale Trail

Etelsen. According to Johnson's granddaughters the trip was “Fantastic! Great fun. Delicious! Informative. Beautiful. And the people [they] met were so nice.”

Come as early as 6:00 p.m. for socializing and trip planning, followed at 6:30 by a short meeting with announcements and trip reports. The speaker will begin at 7:00 p.m. The program is free and open to the public. Light refreshments.

Climbing at Urban Krag

Wednesdays 6:30, October 3, 10, 17, 24, 31
Urban Krag Climbing Center, 126 Clay Street,
Dayton, www.urbankrag.org.

Meet at the viewing platform at 6:30 pm. After 6:30 the person at the desk can point us out in the climbing area. Your first time in to the gym you will need to complete a belay certification which takes about 30 to 45 minutes and is a one-time charge of \$15.00. Everyone 14 or older must complete a belay certification. If you are under the age of

14 you will need someone who is belay certified to belay for you. If you are a minor (under the age of 18) you will need to have a parent or guardian sign a waiver for you.

Cost: The total charges for a first time visit will be: Belay certification \$15.00, Daily pass \$12.00, Shoes \$4.00, Harness \$3.00. For more information or to sign up, contact Hank Trimble at hank.trimble@yahoo.com

Tuesdays at Taylorsville

October 2, 9, 16, 23, 30 at 4:30

Join members of MVOC for a Tuesday hike at Taylorsville MetroPark. Various members will take turns leading a FAST-paced hike through hilly wooded terrain and along the Great Miami River, beginning promptly at 4:30 at a pace around 4 miles an hour. Meet at the parking lot near the CCC shelter off Route 40. This is a conditioning hike. Time, energy and attitude willing, some hikers often take another, somewhat slower, trip around the park at 5:30 or so.

This added info comes from Tuesday hike originator Sharon:

Our Tuesday Night "Get Out and Go hike" will be accomplishing another milestone.... After our Tuesday Night Hike on October 30th, we will have completed a hike at Taylorsville Metropark EVERY Tuesday night for the past 3 years..... NOT a Single Tuesday has been missed.

Thanks to all the people who have shared the lead for the hikes and shared the wonderful friendships that we have developed over the past 3 years.

Come join us to celebrate this accomplishment. We will be planning some extra fun on this hike. Dress up in your favorite Halloween or Trail Character..... If you have a trail name, dress in character of the trail name. Be Creative! We will have small token prizes for the best costumes for different categories! More details to follow.....SAVE THE DATE and COME JOIN US!!!!!! Tuesday, Oct. 30.

Early Bird Thursday Hikes in October

Get some fresh air and exercise early in the day. Join Lindy McDonough for these moderately paced, 1.5 hour hikes at 9:00 a.m. on Thursdays. Locations vary. Dogs are welcome but must be on leash. Bring bug repellent.

Thurs., Oct. 4 **Two Part Hike at George Rogers Clark Park & Wenrick Wetland** in Clark County, 936 South Tecumseh Road, Springfield, OH. Exit north onto Rte 369 from Rte 4, near

Donnelville. Meet in the parking lot near the Gathering House at GR Clark Park. We will hike the trails around Hosterman Lake for about an hour, then drive to nearby Wenrick Wetland at 2855 Union Rd., Medway for a tour of this 255 acre nature preserve.

Thurs., Oct. 11..... **Wegerzyn MetroPark** - 1301 E. Siebenthaler Ave, meet at south end of parking lot away from buildings. Please wear long pants. We will be going in some overgrown areas. Fairly flat terrain.

Thurs., Oct. 18..... **Taylorsville MetroPark - East** - 2101 U.S. 40, parking lot northeast of the dam. Hilly terrain. Ridges & ravines.

Thurs., Oct. 25..... **Possum Creek MetroPark** - 4790 Frytown Rd., Argonne Forest Parking lot, first lot to the right, after you enter the park. There are 3 entrances off Frytown. Be sure to take the middle one at 4790. Fairly flat terrain.

MVOC Volunteers & Raffle Donations Needed for Midwest Outdoor Experience (MOX)

Friday & Saturday, October 5 & 6

Again the Miami Valley Outdoor Club will have a booth at this event. It a great way to get to know your fellow members better as well as meet many festival visitors and outdoor enthusiasts. Before and after you volunteer at the booth, you can enjoy all the festival activities, new and used shopping for gear, food, music, demonstrations, other exhibitors and more. For event details check out their website at <http://www.metroparks.org/outdoorx/>

RAFFLE BASKET: We are putting together another membership gift basket this year to encourage new people to join and old members to renew for 2013. We would like new outdoor-related items or even money to buy items for the gift basket. Give your donations to Sharon Mullins at the October 2 MVOC meeting or let Lindy McDonough know and she will pick them up. The raffle was very successful last year in growing our membership.

BOOTH VOLUNTEERS. We will also need two people for each of the following time slots.

Friday Oct. 5 6 - 8 p.m. and **Saturday Oct. 6** 10 - Noon; Noon - 2; 2 - 4 p.m.; 4 - 6 p.m.; 6 - 8

p.m.

Contact Lindy McDonough, 278-1493
or lindymcd46@aol.com to sign up.

Out & About

by Lindy McDonough

I took last month off, but now I'm back, and first and foremost, congratulations go to MVOCer Yvonne Entingh, who recently returned from a 900 mile solo hike on the Appalachian Trail from New Jersey to Maine. This completes Yvonne's four year, 2,184 mile, hike of the entire AT. In celebration of her achievement, special hikes and a bond fire were held in her honor.

Amy Callahan and Joel West also finished a trek on the AT this summer and are now thinking about hiking the Pacific Crest Trail in California. Do these people ever run out of steam?

In August Hank Trimble and others from his Urban Krag group went to the Red River for some cliff-climbing in the outdoors. Hank also made his annual bike trip to the Port Clinton/Put-in-Bay area this summer. It was a 210 mile ride one way with stops at Indian Lake State Park and Fremont. He made it in time to play in a volleyball tournament on South Bass Island.

MVOCers Dwight and Donna Gehring took a trip to Isle Royale for hiking, kayaking and camping this summer. They also spent some time in the Put-in-Bay area. We'll be hearing all about it at the November Outdoor Club meeting. Recently Gary Mount and Ella Himes took a trip to Red River Gorge for some backpacking. Sharon Mullins, Hank Trimble and Patty Wheelbarger recently backpacked about 42 miles on the AT in Virginia and in September Jim Nies recently joined his son in California to hike 40 miles in Sequoia National Park.

In early September Steve Longenecker, his wife Sandy, and Bruce & Sue Howorth met in California to do some hiking and sightseeing in and around Yosemite National Park. Bruce is an avid swimmer as well and has spent time this year working out with a senior swimming group at Sinclair Community College. Maybe he'll swim across the Ohio River again next summer at Cincinnati's Paddle Fest.

Jim Lemaster didn't hang around town either. He took a trip in August to Denali National Park with a friend for some camping, birdwatching and photographing. He's back, and just this week was spotted at Aullwood's Apple Fest peeling apples that the farm volunteers made into apple butter.

Some former MVOC members, Dave and Virginia Wood, were in the area to visit their son and granddaughter after spending the last couple



Sue & Bruce Howorth and Steve & Sandy Longenecker

of years in Hawaii and points west. They spent a weekend camping a Kiser Lake and a number of MVOCers had one last chance to see them before they headed for their permanent retirement home in Oregon. Those weekend visitors to Kiser Lake were Jeanne Boeke, Dwight & Donna Gehring, Dan and Nancy Haas, Lindy McDonough, and Rebecca and Dave Ingebo. Jeanne, Virginia and Dave Wood got a bit of sailboarding in. In fact Dave Wood got hung up in a tangle of lily pad stems and shallow water, lost his black baseball hat and had to be pulled to shore. Unbelievably, someone went back to where he got stranded and found his hat in the dark water

among the vegetation. Later a few enjoyed a nature talk with live specimens at the park amphitheatre.

As usual Jim & Connie Steele are on the go across the map. This summer they were off to Jackson, Wyoming to visit their daughter and met up Dave and Virginia Wood for some camping and hiking in Idaho. They then spent 3 weeks in Alaska including a trip on the Alaska Marine Highway and whale watching at Glacier Bay National Park.

Many of our MVOC outdoor enthusiasts continue to attend climbing at the Urban Krag, the Brisk Tuesday Hikes at Taylorsville and the Early Bird Hikes at various metroparks. One Sunday, 15 people showed up to walk the Marie Aull Trail at Weyerzyn Garden Center, around Jay Lake to see a huge beaver lodge and through a still wild and partly overgrown woods that stretches all the way to the Weyerzyn community vegetable gardens.

I'm hoping to have more hikes through there to develop a new trail that is more user friendly.

And finally, many thanks go to Scott Barger for a great presentation on his recent backpacking trip in the High Sierras. Some of us may never make it to those wilderness areas, but it's great to see and hear from friends what we are missing.

Upcoming MVOC Meetings

November 6 Isle Royale, by Dwight & Donna Gehring

December 4 Annual Holiday Dinner & Auction

November Newsletter Deadline: October 28, 2012

Midwest Outdoor Experience

October 5-6, 2012 Eastwood Park

If you're around the weekend of October 5th and 6th, not out gallivanting on the AT or some other such scenic diversions, you won't want to miss the MetroParks' Midwest Outdoor Experience.

Based on Gearfess of previous Octobers, the offerings this year have expanded, exploded is more like it.

Beginning with a few pre-weekend experiences, like a Reel Paddling Film Festival in the Cedarville Opera House on Sept. 28, the entertainment opens Friday Oct. 5 at 6 with the official welcome. From 6 to 10, enjoy demonstrations of or participate in whitewater kayaking, slackline highline, fly fishing, orienteering, climbing, geocaching, disc golf, backpacking, Great Lakes Brewing Company Beer Garden, Exhibitor Village, used gear swap, runners plus off road 5k. and.....lots more. The same, and more continues on Saturday, starting with a Wake-up Campers Continental Breakfast at 8:30 and continuing until close at 8:00 PM.

And yes, there is tent camping sponsored by Eddie Bauer. Register at the information tent inside the main entrance. Friday only, Saturday only, or for both nights.

See their website for more info: <http://www.metro parks.org/outdoorx/Home.aspx>

Bike For The Health Of It

Stillwater River Bikeway Central

Sat. Oct. 6, 9:00-11:00 am at Weyerzyn Gardens MetroPark

Meet in the parking lot at 1301 E Siebenthaler. (Riding to Eastwood MetroPark)13 miles.

Creekside Bikeway

Sat. Oct. 13, 9:00-11:00 am at Eastwood MetroPark Use the entrance at 1385 Harshman Rd. at the traffic light. Meet in the last parking lot. We will ride to the Green County Line (12 miles)

Wolf Creek Bikeway (W)

Sat. Oct. 20, 9:00 am-12:00 pm at Bikeway: Wolf Creek

Meet in the parking lot behind Rob's Restaurant, 705 Arlington Rd., in Brookville. We will ride toward Trotwood (14 miles)

Wolf Creek Bikeway (WEST)

Sat. Oct. 27, 9:00-11:00 am at Bikeway: Wolf Creek Meet in the parking lot behind Rob's Restaurant, 705 Arlington Rd., in Brookville. We will ride toward Verona (11 miles)

Other MetroParks Opportunities

Introduction to Fly Fishing

Mon. Oct. 15, 5:30-8:30 pm at Possum Creek MetroPark

Get an overview of fly fishing. The session will include a classroom overview of gear, local opportunities and techniques needed to get started.

Casting techniques are covered

Fee: \$5, Age: 18 - and up

Contact info and to register: (937) 277-4374

Fly Fishing Basics

Sat. Oct. 20, 9:00 am-4:00 pm at Taylorsville MetroPark

Are you to take the next step in Fly Fishing? Join us for a day of fly fishing on a local river. Students will learn tips on reading water, casting techniques, flies to use and gear needed. (*Editor's note: this session is currently full, but Metroparks often runs a waiting list.*)

Fee: \$30, Age: 18 - and up

Contact info and to register: (937) 277-4374

Autumn Photography

Sat. Oct. 13, 10:00-11:30 am at Aullwood Garden MetroPark

Fall is the perfect time of year to capture colorful outdoor pictures. Join Adam Alonzo for an informal photography session in the garden. Participants can take pictures, ask questions and try new techniques.

FREE, Age: 18 - and up

Registration requested, walk-ins welcome: Contact Info:(937) 277-6545

Aullwood from a Conservationist's Perspective

Sun. Oct. 14, 2:00-4:00 pm at Aullwood Garden MetroPark

Many times we focus on the gardens at the Aull's property. Today, MetroParks' Dave Nolin will lead us on a tour of the non-garden surrounding the site and discuss the importance of its location and its native plant and animal life. We'll meet in the Parking Lot.

FREE, Age: All ages

Registration requested, walk-ins welcome: Contact Info:(937) 277-6545

REI Opening In Cincinnati

And just in case you don't have enough to do the first weekend in October, you might want to visit the REI store

in Cincinnati. According to their website, the store is now open, but the OFFICIAL grand opening is October 5-7.

You can join them for special promotions, free continental breakfast, etc., after you've visited MOX.

2643 Edmondson Road
Cincinnati, OH 45209
Phone:513-924-1938

DaytonHikers

Many of our members are also members of the meetup group DaytonHikers, to the point where many of the MVOC events are listed on the meetup website. October's calendar is pretty full, with activities scheduled almost every other day, sometimes two or three activities on the same day. Getting outside was never so easy

Be sure to check out the website, daytonhikers.org, for a complete list of hikes and other activities.

Activities not previously mentioned in this newsletter:

October 7 1:30 Taylorsville MetroParks Brisk Pace hike with MetroDayton Hikers

October 13 9:30 DayHike Fort Ancient Area
October 13 10:00 AM Edge of Appalachia Preserve Hike

October 13-14 Red River Gorge Beginner Backpacking trip

October 18 6:00 PM Benchmark Outfitters Ladies Night

October 20-21 Beginner Backpack trip and workshop, Germantown Park

October 20-21 Taylorsville Car Camping and Day Hiking

October 21 Caesar Creek State Park brisk hike with MetroDayton Hikers

October 27 10:30 AM Dayhike fall hike Hike Fort Hill

Miami Valley Outdoor Club
P.O. Box 292571
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www.miamivalleyoutdoorclub.org

Miami Valley Outdoor Club Membership/Waiver Form

New members please mark time-frame you are joining: _____Jan. thru Mar. - singles \$16 / families \$24
_____April thru June - singles \$12 / families \$18 _____July thru Sept. - singles \$8 / families \$12
_____Oct. and after - full-year membership dues (\$16 or \$24) will include the remainder of the year and the entire following year. Renewing dues are singles \$16 / families \$24. Renewing members must fill out membership/waiver form every year. Both spouses/partners in a family must sign. Membership year is Jan.1 to Dec.31

Name _____ I'd like to join _____ I'd like to renew _____

Address _____ I'd like more information _____

City _____ State _____ Zip _____ Phone # _____

Email Address _____ Amount enclosed \$ _____

I hereby declare that I am at least 18 years of age and agree to abide by the rules and regulations of the Miami Valley Outdoor Club. I do hereby relieve the Miami Valley Outdoor Club and/or its officers and members from all responsibility and liability regarding any loss, injury, or accidents incurred at, or related to, any club activity or function.

Signature _____ Date _____

Print out and Mail to: Miami Valley Outdoor Club, P.O. Box 292571, Dayton, OH 45429

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