



# Miami Valley Outdoor Club

November, 2012



*Amy Callahan West*

Tuesday, November 6, 2012,

## **Never Give Up... my journey over, under, and thru the Appalachian Trail**

Outdoor enthusiast and Dayton resident Amy Callahan West will share her story about fulfilling her dream of hiking the Appalachian Trail, 7:00 p.m., Tuesday, November 6 at the Miami Valley Outdoor Club at Wegerzyn Garden Center, 1301 E. Siebenthaler Ave.

In 2011, her first year on the trail, Amy hiked many miles with her son Nick, and part way through her journey met the love-of-her-life, Joel West. She and Joel have been hiking companions ever since. On her second trip in 2012, she and Joel were married on the Appalachian Trail at camp Riff Raff near Damascus, Virginia.

Despite the fun she had, the places she saw and the friends she made, Amy had more than her share of hurdles while hiking the AT, not only encountering, heat, rain and snow but dealing with illness, injuries and medical issues that would stop most people in their tracks. But she was determined to complete the more than 2,100-mile trek beginning at Springer Mountain in

Georgia, passing through 14 states, and culminating on Mt.

Katahdin in Maine. Come hear Amy share her adventure - the highs, the lows, and the memories of a lifetime.

Come as early as 6:30 for a short meeting with announcements and trip reports. The speaker will begin at 7:00 p.m. The program is free and open to the public. Light refreshments.

## **Tuesdays at Taylorsville**

November 6, 13, 20, 27 at 4:30

Join members of MVOC for a Tuesday hike at Taylorsville MetroPark. Various members will take turns leading a FAST-paced hike through hilly wooded terrain and along the Great Miami River, beginning promptly at 4:30 at a pace around 4 miles an hour. Meet at the

parking lot near the CCC shelter off Route 40. This is a conditioning hike. Time, energy and attitude willing, some hikers often take another, somewhat slower, trip around the park at 5:30 or so.

Note: with the time change, sunset will probably eliminate the later loop until sometime next spring.



*Tuesday night hikers*

## Taylorsville Tuesday Celebrates 3

On Tuesday, October 30, something like 25 current and former Tuesday hikers celebrated 3 years of continuous Tuesday hikes. For the past three years, each and every Tuesday has seen at least three members of the group on the trail, come rain, sleet, snow or other obstacles. Interestingly, Mother Nature has cooperated during that time--extreme weather, like thunderstorms or high winds would cancel the hike. Each time that threatened, nature's trail magic took over and the hikes continued. Even Hurricane Sandy's threatened mayhem eased off on the night of the anniversary hike.

After Sharon led the faster-paced group and Lindy a more moderate pace, hikers--many in costume--retreated to the CCC shelter for hotdogs over an open fire, s'mores and mountains of other goodies, like Jeanie's carrot cupcakes.

MVOC would like to thank the staff at Taylorsville Metropark for helping and supporting our 3 year anniversary celebration. The shelter was cleaned out and we appreciated that the fire was already burning when we arrived. The trails were in good condition and muddy areas were minimal. They have worked hard to upgrade the trails and reduce the obstacles on the new trails that were built over the past two years. We really appreciate Chris, Greg, and Aaron for keeping "our Park" clean and trails open.

## Moderate Hikes in November

### Mondays & Fridays at 3:30

Join Lindy McDonough for these moderately paced, 1.5 hour hikes. About 3.3 miles. Locations vary. Dogs are welcome but must be on leash.

#### **Fri., Nov. 2 ... Carriage Hill**

7891 E. Shull Rd; meet at the Cedar Lake Shelter NOT Red Wing Shelter. Fairly flat terrain.

#### **Mon., Nov. 5 ... Wegerzyn - 1301 E.**

Siebenthaler Ave, meet at south end of parking lot away from buildings. Please wear long pants. We will be going in some overgrown areas. Flat terrain.

#### **Fri., Nov. 9 ... Taylorsville East**

2101 U.S. 40, parking lot northeast of the dam at CCC shelter. Hilly terrain. Ridges & ravines.

#### **Mon., Nov. 12 ... Huffman MetroPark**

4095 Lower Valley Pike, off Rte. 4 at the dam. Will include Wright Bros. Memorial.

#### **Fri., Nov. 16 ... Englewood East**

4361 National Rd. Meet at the Patty Shelter parking lot. Some hills.

#### **Mon., Nov. 19 ... Taylorsville Tadmor Trail**

2005 U.S. 40, parking lot northwest end of the dam. Flat terrain.'

#### **Fri., Nov. 23 ... Englewood South**

9331 Meeker Rd. Some long hills.

#### **Mon., Nov. 26 ... Possum Creek**

4790 Frytown Rd., Argonne Forest Parking lot, first lot to the right, after you enter the park. There are 3 entrances off Frytown. Be sure to take the middle one at 4790. Fairly flat terrain.



# Climbing at Urban Krag

Wednesdays 6:30, November 7, 14, 21, 28  
Urban Krag Climbing Center, 126 Clay Street,  
Dayton, [www.urbankrag.org](http://www.urbankrag.org).

the desk out in area. in to the need belay which to 45 a one-\$15.00. or older a belay you are of 14 someone certified you. If (under you will parent or waiver for you.



Meet at the viewing platform at 6:30 pm. After 6:30 person at the can point us the climbing Your first time gym you will to complete a certification takes about 30 minutes and is time charge of Everyone 14 must complete certification. If under the age you will need who is belay to belay for you are a minor the age of 18) need to have a guardian sign a

Cost: The total charges for a first time visit will be: Belay certification \$15.00, Daily pass \$12.00, Shoes \$4.00, Harness \$3.00. For more information or to sign up, contact Hank Trimble at [hank.trimble@yahoo.com](mailto:hank.trimble@yahoo.com)

## Out & About

by Lindy McDonough

The past month has been a beehive of activity for Miami Valley Outdoor Club members. The MetroParks' Midwest Outdoor Experience (MOX) saw a substantial gathering of club members. Many thanks go to Steve Longenecker, Dale Bockhorst, Jim Nies, Don Achs, Mike Nelson, Mike Fanelli, and Tom Schommer for volunteering at our MVOC booth. Our membership drive was a real success. Thirteen singles and 6 families either renewed or joined for the first time. Hank Trimble won the MVOC gift basket of more than \$250 worth of gift cards and merchandise. Another MVOCer, Jim Nies won the MOX club membership grand prize of a 4-person Coleman dome tent. Several of our members again were MetroParks volunteers for the event, including Sharon Mullins, Hank and Carl Trimble, Joel West, and Amy Callahan West - that I know of. And a

whole slew of other members were spotted here and there at the festival working and enjoying themselves, including, Andy Niekamp, Yvonne Entingh, Kathy Vickers, Rick Youngberg, Walt Fenstermacher, Becky Gruber, Sue Howorth, Barbara Matthews, John Knisley, Patty Wheelbarger, Jim Lemaster, Julie Webb, Kathy Hemmerick, Nat and Jenny Davis, Dene Berman and Gayle Conley and family. Forgive me if I left anyone out, but there were so many people and so much happening that it was hard to keep track.

On October 18, Dwight Gehring conducted an audio-visual workshop for Dave Lundy, Tom Schommer and myself. He demonstrated how to hook up a laptop computer to our projector and operate the equipment. Dwight is giving up his position as Program Director to take time for more traveling and camping with his wife Donna. We still hope to see them enjoying our speaker programs and activities while letting others do the work. And I think I heard Dwight say he would still be leading the annual inner tube floats. YEAH! Many thanks to Dwight for all he does and has done for MVOC for many years.

One of our out-of-town members, Barbara Matthews, leads a hike every Wednesday and Saturday at Mt. Airy Forest in Cincinnati. Two MVOCers, myself and Don Shivler, managed to make separate trips there in October to hike in the nearly 1,500 acre park of wooded forest, hills, ridges, deep ravines, streams, ponds and a beautiful formal garden and arboretum. Well worth the drive down. Several MVOCers, including Gary Mount, the Gehrings, Bruce and Sue Howorth, Patty Wheelbarger and her granddaughter Tamara and I, enjoyed a chilly autumn evening at Steve and Sandy Longeneckers' Hike-O-Ween get-together in West Milton. A few started the evening with a hike at the Lange Estate and all settled in for hot dogs and fixin's, games and an amazing National Geographic video of a young man free climbing Half Dome, a sheer 2,130-foot wall of granite in the heart of Yosemite Valley.



Hank and his MVOC gift basket...yes, the hat was part of the prize.

Even though the weather is cooling down,

there's lots to look forward to in the weeks and months ahead. We're crossing our fingers that it doesn't rain for the 3-Year Anniversary Celebration for the "Get Out & Go!" Taylorsville hike Oct. 30. Elections are coming up in December as well as our fun, fantastic annual Holiday Dinner and Auction, and in February our Chili Cook-Off will again be held at Cricket Holler boy scout camp. Let's hope for some snow in 2013, so we can go cross-country skiing a few times this winter. And on January 8, our first meeting of the year at Wegerzyn, we will be co-sponsoring with Five Rivers MetroParks, the first speaker for their 2013 Adventure Speaker Series. At that event noted photographer, Eleanor Moseman, will share her trip cycling 15,000 miles through 7 Asian countries, starting in 2010 and finishing this winter. Mark your calendars!

## Welcome New Members

Allen Johnson  
Mary Beth Thompson  
Nancy Banks  
Marty Moseman  
James Lucot

## Election of Officers at December Dinner

Our annual election of officers is coming up at the December 4 Holiday Dinner and Auction. The slate is evolving in some cases from individual officers to special committees since many members want to help but don't have time for a full-time commitment. And sometimes it seems like there is always more that can be done. Again ballots will be handed out to MVOC members as you arrive at the dinner.

Below is the slate of officers; however, we are still open to people who want to serve on the board. Let us know if you would like to be part of any of these committees or would like to share responsibility with an individual officer. The more people involved in running our organization the better.

President : Lindy McDonough  
Vice Pres: Sharon Mullins  
Treasurer: Dale Bockhorst

Program Director: Tom Schommer  
Webmaster: Hank Trimble  
Newsletter: Lindy McDonough  
Activities Coordinators: Sharon Mullins, Ella Himes, Steve Longenecker, Patty Wheelbarger, David Snell, Bruce Horworth, and Jim Nies

\* Brewmaster : Gary Mount (*Actually, "Brewmaster" is not an official position, but the club wishes to thank Gary for his tireless attention to the cookies, coffee and hot water detail every meeting night. He's agreed to continue for one more year.*)

## Holiday Feast & Auction Just a Month Away

**Tuesday, December 4**

It's time to dig through your closets, basements, garages and attics for all that outdoor equipment, apparel, maps and books that you no longer need. Our annual Holiday Feast and Auction is coming up. Get ready for some great food and some real bargains. Join us, at Wegerzyn Garden Center. The club will provide meat and drinks; you bring a dish to share, dinner service, and your gently-used outdoor gear. Auction proceeds will be donated to two deserving area outdoor preservation organizations.

## Time to Renew!

It's now time to renew your membership for 2013. Please fill out the membership/waiver form on the last page of the newsletter or on our website, and along with your dues, bring to the next MVOC meeting or mail to Miami Valley Outdoor Club, P.O. Box 292571, Dayton, OH 45429. For couples and families, signatures of both spouses/partners are required.

## Tire Clean Up - Round Two

**Saturday, Dec. 1, 1-4 p.m.**

As a follow-up to the March "Little Trail in the Woods - BIG Tire Roll Out" near Wegerzyn MetroPark, the Miami Valley Outdoor Club will be sponsoring another clean up in the same place, to remove the remaining tires. This time volunteers won't have to contend with knee-high water. In a walk-through on October 28, the area was completely dry, mostly

covered with fallen leaves and about 80 tires are all that are left. Over 300 tires were retrieved in



*Tire cleanup, March 2012*

March. The cooler temperatures could be in our favor because there is much less brush to contend with and participants won't get as hot as they would in warmer weather. Please wear heavy boots or shoes and heavy work gloves. You might even want to put rubber gloves under the work gloves. Enter at Wegerzyn Garden Center, 1301 E. Siebenthaler Ave., Dayton. Drive past the Garden Center and Jay Lake and park at the WingMasters Flying Field. The clean up will take place in the woods to the east of the flying field and the far end of Jay Lake. For more information or to sign up, contact Lindy M. 278-1493 or [lindymcd46@aol.com](mailto:lindymcd46@aol.com).

## Membership Roster Coming

### To Opt Out - Email

[dalebockhorst@yahoo.com](mailto:dalebockhorst@yahoo.com) to

MVOC is planning to publish a membership roster, with names, addresses, phone numbers and email addresses after the first of the year. Although sharing the roster was a tradition in the past, it has not been published for some time and members have been asking that we share it again. The roster will be sent to all members by email or snail mail. It is to be used only for member to member and is not to be shared with non-members, or other organizations and businesses. Most membership forms have had an item to check if you do or don't want to be included, but some forms slipped by with that item omitted. Most members will probably want to be included. If you can't remember if you opted out and you do not want

your name and contact information included, please let us know so we don't publish it. If you do not contact us to OPT OUT, your name and info WILL appear on the roster.

## Other area outdoor action in November

### Metroparks:

#### **Fundamentals of Lightweight Backpacking**

Wednesday, November 7 at Wegerzyn Gardens MetroPark.

#### **Outfitting Your Kayak**

Tuesday, November 13 at Wegerzyn Gardens MetroPark.

#### **Backcountry Gourmet Cooking**

Thursday, November 15 at PNC 2nd Street Market

#### **Northern Saw-Whet Owl Search**

Thursday, November 15 Germantown MetroPark  
Register online or call (937) 277-4374 for more information for any of these MP activities.

## Beyond the MetroParks

November 4: Mad River Ski Swap & Capital Park Rail Jam. Find more info at [skimadriver.com](http://skimadriver.com)

November 7: Dayton Ski & Board membership meeting. Find more info at [daytonski.org](http://daytonski.org)

November 8: Zumba Toning at C.I. Beaver Park. Find more info at [active.com](http://active.com)

November 9: Wildcat Hollow Backpack Trip. Find more info at [greatmiamioutfitters.com](http://greatmiamioutfitters.com)

November 10: Turkey Hunt Orienteering Event, Centerville. Find more info at [mvoclub.org](http://mvoclub.org)

November 23: 34th Turkey Trot in Miamisburg. Find more info at [orrrc.org](http://orrrc.org)

Miami Valley Outdoor Club  
P.O. Box 292571  
Dayton, OH 45429  
www.miamivalleyoutdoorclub.org

Miami Valley Outdoor Club Membership/Waiver Form

New members please mark time-frame you are joining: \_\_\_\_\_Jan. thru Mar. - singles \$16 / families \$24  
\_\_\_\_\_April thru June - singles \$12 / families \$18 \_\_\_\_\_July thru Sept. - singles \$8 / families \$12  
\_\_\_\_\_Oct. and after - full-year membership dues (\$16 or \$24) will include the remainder of the year and the entire following year. Renewing dues are singles \$16 / families \$24. Renewing members must fill out membership/waiver form every year. Both spouses/partners in a family must sign. Membership year is Jan.1 to Dec.31

Name \_\_\_\_\_ I'd like to join \_\_\_\_\_ I'd like to renew \_\_\_\_\_

Address \_\_\_\_\_ I'd like more information \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Phone # \_\_\_\_\_

Email Address \_\_\_\_\_ Amount enclosed \$ \_\_\_\_\_

I hereby declare that I am at least 18 years of age and agree to abide by the rules and regulations of the Miami Valley Outdoor Club. I do hereby relieve the Miami Valley Outdoor Club and/or its officers and members from all responsibility and liability regarding any loss, injury, or accidents incurred at, or related to, any club activity or function.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Print out and Mail to: Miami Valley Outdoor Club, P.O. Box 292571, Dayton, OH 45429

MVOC Officers			
President:	Lindy McDonough	278-1493	lindymcd46@aol.com
Vice President:	Gary Mount	367-6702	glmount@yahoo.com
Secretary/Treasurer:	Dale Bockhorst	513-675-1425	dalebockhorst@yahoo.com
Programs Director:	Dwight Gehring	836-8515	ddgehring60@woh.rr.com
Newsletter/Publicity:	Jim Nies	275-9614	jnies@aol.com
Activities:	Sharon Mullins	620-0887	dmullinsvanoh@aol.com
	Ella Himes	321-6314	ellahimes@yahoo.com
	Steve Longenecker	901-8722	slongenecker@woh.rr.com
Webmaster:	Mary Ellen Beardmore	274-2956	beardmore@aol.com