



Miami Valley Outdoor Club

www.mvoc.net

January 2013

One Woman, Her Bicycle & 15,000 Miles Across Asia

Guest Speaker: Eleanor Moseman
Tuesday, January 8, 2013, 7:00 p.m.
Wegerzyn Garden Center,
1301 E. Siebenthaler Ave. in Dayton.

The Miami Valley Outdoor Club will be co-hosting the kick-off program for the Five Rivers MetroParks and Wright State University 2013 Adventure Speaker Series. The program is free and open to the public. All ages are welcome and no registration is required.

In the spring of 2010, armed with a fluency in Mandarin and a history of bike commuting, Eleanor took off on a two year cycling adventure.

She went slow, avoided well-known routes, and took time to get to know the locals. While her exploits include braving sandstorms in the Gobi Desert, camping at -25°C in the Tianshan Mountains, and weathering a blizzard in Kyrgyzstan, Moseman's aim were cultural experiences such as building a mud house in Yunnan, receiving a sponge bath from Tajik women, riding a horse during a Buzkashi match in Kyrgyzstan, and witnessing a Shaman ritual in U-Tsang Tibet. Learn more of Eleanor's extensive bicycle explorations by visiting www.wandercyclist.com



Annual Hike & Chili Cook-Off at Cricket Holler

SuperBowl Sunday, February 3, 2013
Hike at 2:00 p.m. - Meal at 3:30 p.m.

Mark your calendars for MVOC's popular mid-winter event - the 8th annual Hike & Chili Cook-Off at beautiful Cricket Holler Boy Scout Camp with a heated lodge and indoor restrooms. It's a perfect get-together for all ages, with hiking, board games, and lots of food.

We'll meet and eat in the K-Lodge at 6675 Brantford Road across the field from the parking lot. (Do not take the Frederick Pike entrance) Arrive at 2:00 p.m., plug in your crockpots, and we're off for a hike that lasts about 1.5 hours. When we get



back, be ready to cozy up to a roaring fire and taste all kinds of delicious homemade, steaming-hot chili. Then we'll vote for "The Hottest," "Most Unusual" and the winner of "The Best" chili will be presented with the coveted "Golden Ladle." *Make lots so we don't run out!*

The event is free, but you must bring something to share - chili, a covered dish, salad or dessert to serve at least eight. Please bring your own table setting as well. If you don't want to hike, bring along your knitting, a book or a deck of cards, scrabble and wait by the fire for the hikers to return.

Come to the hike or the meal or both. Again this year we'll have a 50/50 money game where you can put your name in a hat for each dollar you contribute. The person whose name is drawn at the end of the day will win half the money. The other half will go to defray the cost of the event. We'll finish in time to watch the SuperBowl.

Reservations preferred, but walk-ins welcome. For more information contact Lindy McDonough, 278-1493 or lindymcd46@aol.com.



Displaying donated items at the MVOC Holiday Auction.

Out & About

by Lindy McDonough

Despite all the holiday activities with family, friends and colleagues, in Dayton and elsewhere, December was a busy month for the Miami Valley Outdoor Club as well. December 4 MVOC had its annual Holiday Dinner and Benefit Auction with more than 40 in attendance. Sharon Mullins and Pat Nies did a super job as auctioneer and assistant, and many thanks go to David Snell for keeping track of all the bidders and their money. According to our treasurer Dale Bockhorst, we made \$477, half of which will be donated to the Buckeye Trail Association and the other half to the Glen Helen Raptor Center. Tuesday's fast hikes at Taylorsville continued right through the holidays, with dedicated hikers showing up on both Christmas Day and New Year's Day. One evening Mike Nelson, Lindy McDonough, Bruce & Sue Howorth and a guest from the Dayton Hikers watched the fascinating but alarming film "Chasing Ice," about vanishing glaciers, at the Neon

Movies. Our members kept climbing at Urban Krag and there were six moderate weekday hikes at six different metro parks with anywhere from two to thirteen hikers at each. On December 13 MVOCer Bruce Howorth led 9 hikers at Germantown MetroPark, including MVOC members Jim Nies and Jim Lemaster. A few days later Dwight and Donna Gehring again led a



Rainy Day MVOC Hike at Wegerzyn MetroPark

group of nine on the annual Christmas Light Hike through Clifton Gorge, ending at Clifton Mill to see the holiday lights turned on. And two impromptu hikes were organized after the deep snowfall at the end of the year. Jeanne Boeke led the skiers at Possum Creek and Connie Steele led a group at Stillwater Prairie Reserve in Miami County.

There's more to do coming up in the new year. The Aullwood Audubon Nature Center Winter Speaker series begins 2:30 Sunday, January 6 with a program every Sunday through February 10. The theme of the series is "Conservation in Action" with speakers talking about the Edge of Appalachia Preserve, Alaska, enchanted New Mexico, coyotes, Eco-tourism in South America, and Ohio's Black Swamp Observatory. January 7 MVOCer Andy Niekamp will be giving a talk at the Huber Heights Library about Thru-Hiking the Buckeye Trail. If you haven't gone before, you might consider going on the Buckeye Trail Annual Martin Luther King, Jr. Day Hike at Hueston Woods. Lots of hikers attend from all over the state, plus beautiful scenery and a hot, delicious chili lunch. And finally, MVOC will be co-hosting the kick-off program in the MetroParks/WSU 2013 Adventure Speaker Series. *Don't miss it!*

Welcome New Member

Duane Gray



December MVOC hike at Carriage Hill MetroPark

Fast Hikes at Taylorsville,

Tuesdays at 4:30

January 1, 8, 15, 22 & 29

Join members of MVOC for a Tuesday hike at Taylorsville MetroPark, 2101 U.S. 40, Vandalia. Various members will take turns leading a FAST-paced hike through hilly wooded terrain and along the Great Miami River, beginning promptly at 4:30 at a pace around 4 miles an hour. Meet at the parking lot near the CCC shelter off Route 40. This is a conditioning hike. Because sunset happens near the end of the first loop, the occasional second round has been discontinued until spring.

Climbing at Urban Krag

Wednesdays 6:30, January 2, 9, 16, 23 & 30
Urban Krag Climbing Center, 126 Clay Street,
Dayton, www.urbankrag.org.

Meet at the viewing platform at 6:30 pm. After 6:30 the person at the desk can point us out in the climbing area. Your first time in to the gym you will need to complete a belay certification which takes about 30 to 45 minutes and is a one-time charge of \$15.00. Everyone 14 or older must complete a belay certification. If you are under the age of 14 you will need someone who is belay certified to belay for you. If you are a minor (under the age of 18) you will need to have a parent or guardian sign a waiver for you. Cost: The total charges for a first time visit will be: Belay certification \$15.00, Daily pass \$12.00, Shoes \$4.00, Harness \$3.00. For more information or to sign up, contact Hank Trimble at hank.trimble@yahoo.com

Recreation Kayak Rescue Clinic

Sunday, Feb. 10, 3 - 5 p.m.

Beavercreek YMCA, 560 Grange Hall Rd.

Learn how to properly rescue yourself and others during a hands-on clinic in recreation-style kayaks. You'll learn how to successfully rescue yourself and others in near-shore and offshore situations. Several techniques and rescues will be taught. It is an excellent way to gain confidence in your kayak skills and become more knowledgeable in safety rescue. You must have taken Kayak Basics before taking the clinic. For more information or to register please call (937)- 277-4374. Prerequisites: Intro to Kayaking, Kayak Basics. Registration required. Contact (937) 277-4374 for details. All ages. Fee \$25.

Time to Renew!

It's now time to renew your membership for 2013. Please fill out the membership/waiver form on the last page of the newsletter or on our website, and along with your dues, bring to the next MVOC meeting or mail to Miami Valley Outdoor Club, P.O. Box 292571, Dayton, OH 45429. For couples and families, signatures of both spouses/partners are required. And be sure to indicate if you would prefer NOT to be listed in the upcoming membership roster that will be shared with all our members.

Many Thanks to

*Outgoing Miami Valley Outdoor Club Board Members
for jobs well done.*

Jim Nies

Gary Mount

Dwight Gehring

Mary Ellen Beardmore

The 2013 Adventure Speaker Series

[Five Rivers Metroparks](#) And [Wright State University](#) present a speaker series from local and internationally known outdoor personalities that is sure to excite all types of outdoor enthusiasts! For Details Check Out <http://www.metroparks.org/adventuresummit/index.html?id=2013ss>

Eleanor Moseman, One Woman, Her Bicycle & 15,000 Miles Across Asia

Tuesday, Jan. 8, 7:00 pm

[Wegerzyn Gardens Metropark](#)

The Movement, One Man Joins An Uprising

Thursday, Jan. 17, 7:00 pm

[WSU Student Union - Apollo Room](#)

Henry Dorfman,

Alaska: A Kayak Experience Of A Lifetime

Thursday, Jan. 24, 7:00 pm

[Wegerzyn Gardens Metropark](#)

Christine Plepys ,Up And Around Mount Rainier

Wednesday, Jan. 30, 7:00 pm

[WSU Student Union - Apollo Room](#)

Majka Burhardt, Additive Adventure

Thursday, Feb. 7, 7:00 pm

[WSU Student Union - Apollo Room](#)

Thru Hiking the Buckeye Trail - A 1,400 Mile Journey Around Ohio

Monday, January 7, 6:30 p.m.

MVOCer Andy Niekamp will talk about his experience hiking the Buckeye Trail at the Huber Heights Branch, Dayton Metro Library, 6160 Chambersburg Rd., Huber Heights, OH. In the spring of 2011, he set out from Dayton with the goal of hiking as long as it was fun. Over 1,400 miles and 88 days later, Andy returned to Dayton on the Buckeye Trail, the longest circular trail in the nation. His presentation will take you on a foot journey around Ohio with beautiful photos and acquaint you with Ohio's backyard trail. Andy Niekamp is from Kettering and has a passion for long distance hiking. He has hiked the entire Appalachian Trail end to end three times. Andy is founder and leader of the DaytonHikers.Org group, the largest outdoor recreation group in Dayton. Andy is also the lead adventurer for Outdoor Adventure Connection, which specializes in backcountry adventures.

Contact: Andy Niekamp at andyniekamp@gmail.com

MVOC Board Meeting

6:00 p.m., Thursday, January 10, Marion's Pizza, 3443 N. Dixie Dr. All MVOC members are welcome to attend and plan for the Chili Cook-Off and other upcoming activities.



New Year's Day Stillwater Float

MVOCer Ellis Willis and three friends, in two kayaks and a canoe, paddled down the Stillwater River on New Year's Day for about 2 hours. Ellis reported it could not have been a finer day - clear water at an excellent level, with not another boat in sight. Lots of blue herons, ducks and geese were on the water. Wild turkeys crowded the water's edge as they embarked. An eight point buck deer was spotted on the bank off Frederick Pike and many beaver cuttings and some beaver slides were seen along the shore. They were even splashed by a beaver at Wergerzen MetroPark.

Free MetroParks

Conservation Volunteer Orientation

Tuesday, January 29, 9-11 a.m.

Monday, February 11, 6:30-8:30 p.m.

Five Rivers Metroparks Main Office,
409 E. Monument Ave., 3rd Floor

Five Rivers MetroParks protects over 15,000 acres, and we could use your help. Discover the ways you can participate and join our conservation team in reforestation efforts, habitat restoration, wildlife management, and land stewardship. Attending orientation doesn't commit you to anything, so come learn what we are doing at Five Rivers MetroParks. Registration requested, walkins welcome. Contact (937) 277-4147 or yvonne.dunphe@metroparks.org for details. <http://www.metroparks.org/AboutUs/Conservation.aspx>
Age: 21 years and up.

Buckeye Trail Hike on MLK, Jr. Day

Monday, January 21

Join hikers from near and far to celebrate Martin Luther King, Jr. Day. Meet at the Lodge at Hueston Woods State Park. Hike starts at 9:00 am. Arrive early and have breakfast (you pay for breakfast) with other hikers at the Lodge at 8 am. Participants will hike around Acton Lake, about 11 miles, on a variety of trails. A bean soup and/or chili and corn muffin lunch will be available at the park office next to the Nature Center. This is a free event although donations are accepted for the lunch. A shuttle back to the Lodge will be available for those wishing to hike only from the Lodge to the Nature Center.

Note: Dogs (all pets) are not allowed in the nature preserve portion of Hueston Woods. There is an easy route bypassing that section if you bring your dog.

Contact: Pat Hayes pat.hayes@buckeyetrail.org

MetroParks Adult Nature Walks

Enjoy a leisurely hike and explore nature while meeting new friends on this slow-paced journey. Bring binoculars if you have them; a limited supply will be available. No registration required. Contact (937) 277-4178 for details. Age: 18 years and up

Thursday, Jan. 10, 9-11 a.m., Sugarcreek Metropark, Trailhead Parking Lot , 4178 Conference Rd.

Tuesday, Feb 12, 9-11 a.m. Eastwood Metropark, first Parking Lot, 1385 Harshman Rd.



MVOC hike at Huffman Dam & Wright Bros. Memorial

2013 MVOC Officers

President/ Newsletter:	Lindy McDonough	937-278-1493	lindymcd46@aol.com
Vice Pres/Activities:	Sharon Mullins	937-620-0887	dmullinsvanoh@aol.com
Activities Committee:	Steve Longenecker, Patty Wheelbarger, David Snell, Bruce Howorth, Ella Himes, Gary Mount, Jim Nies		
Secretary/Treasurer:	Dale Bockhorst	513-675-1425	dalebockhorst@yahoo.com
Programs Director:	Tom Schommer	937-233-1021	tschommer@sbcglobal.net
Webmaster:	Hank Trimble	937-620-4971	hank.trimble@yahoo.com



Miami Valley Outdoor Club

P.O. Box 292571
Dayton, OH 45429
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Membership Form

Miami Valley Outdoor Club Membership/Waiver Form

New members please mark time-frame you are joining: ____Jan. thru Mar. - singles \$16 / families \$24
____April thru June - singles \$12 / families \$18 ____July thru Sept. - singles \$8 / families \$12
____Oct. and after - full-year membership dues (\$16 or \$24) will include the remainder of the year and the entire following year. Renewing dues are singles \$16 / families \$24.

Renewing members must fill out membership/waiver form every year. Both spouses/partners in a family must sign. Membership year is Jan.1 to Dec.31

***Circle one:** (Include) (Do not include) my name and information on the annual roster sent to all MVOC members.

Name _____ I'd like to join ____ I'd like to renew ____

Address _____ I'd like more information ____

City _____ State _____ Zip _____ Phone # _____

Email Address _____ Amount enclosed \$ _____

I hereby declare that I am at least 18 years of age and agree to abide by the rules and regulations of the Miami Valley Outdoor Club. I do hereby relieve the Miami Valley Outdoor Club and/or its officers and members from all responsibility and liability regarding any loss, injury, or accidents incurred at, or related to, any club activity or function.

Signature _____ Date _____

Print out and Mail to: Miami Valley Outdoor Club, P.O. Box 292571, Dayton, OH 45429