



# Miami Valley Outdoor Club

[www.mvoc.net](http://www.mvoc.net)

March 2013

## The Great Allegheny Passage Trail Bicycle Adventure



### **Tuesday, March 5, 2013 ..... Presented by Centerville Scout Troop 516**

Last summer, eleven senior scouts along with four adults set out on bicycles, peddling through Pennsylvania and Maryland, and coming home with a trip to remember! Come hear members of Centerville Scout Troop 516 share their experience at the March 5 meeting of the Miami Valley Outdoor Club at Wegerzyn Garden Center, 1301 E. Siebenthaler Ave. in Dayton.

The group biked the Great Allegheny Passage Trail in southern Pennsylvania and then connected up to the C&O Canal Towpath in Maryland. The combined trails are 325 miles long. The scouts carried all their own gear and camped along the way. The bike trail starts just south of Pittsburgh and goes all the way to Washington D.C. which was their goal. After 175 miles of travel a catalytic event occurred that changed the plan and made for quite an adventure. Join us to hear how they planned and executed their journey, what gear and supplies they took, what sights they saw, and how they dealt with the unexpected.

After a short meeting with announcements and trip reports at 6:30 p.m., the guest speakers will begin their presentation at 7:00 p.m. The program is free and open to the public. Light refreshments.

## National Geographic Live! Annie Griffiths

Monday, March 11  
7:00-9:00 pm  
Victoria Theatre  
1 W. Second St.,  
Dayton



One of the first women photographers to work for *National Geographic*, Griffiths has photographed in more than 100 countries during her career. She has worked on dozens of magazine and book projects, including stories on Lawrence of Arabia, Baja California, Galilee, Petra, Sydney, New Zealand, and Jerusalem. Don't miss this exciting speaker! Contact (937) 228-3630 or [info@victoriatheatre.com](mailto:info@victoriatheatre.com) for details. [www.victoriatheatre.com/series/national-geographic-live](http://www.victoriatheatre.com/series/national-geographic-live). \$20-\$35 Registration requested, walk-ins welcome. All ages

### Leisurely Hikes in March

#### Mondays & Fridays at 3:00 p.m.

Join Lindy McDonough for these moderately paced, 1.5 hour hikes. About 3.3 miles. Locations vary. These are good hikes for beginners, seniors or anyone who wants a leisurely hike in the great outdoors. Dogs are welcome but must be on leash.

#### Fri., Mar. 1 ... Wegerzyn MetroPark

1301 E. Siebenthaler Ave., Dayton. Park in parking lot furthest from the garden center buildings.

#### Mon., Mar. 4 ... Possum Creek MetroPark

4790 Frytown Rd., Argonne Forest Parking lot, first lot to the right, after you enter the park. There are 3 entrances off Frytown. Be sure to take the middle one at 4790. Fairly flat terrain.

#### Fri., Mar. 8 ... Wegerzyn MetroPark

1301 E. Siebenthaler Ave., Dayton. Park in parking lot furthest from the garden center buildings.

#### Mon., Mar. 11 ... Englewood East MetroPark

4361 National Rd. Meet at the Patty Shelter parking lot. Some hills.

#### Fri., Mar. 15 ... Wegerzyn MetroPark

1301 E. Siebenthaler Ave., Dayton. Park in parking lot furthest from the garden center buildings.

#### Mon., Mar. 18 ... Taylorsville Tadmor Trail

2005 U.S. 40, parking lot northwest end of the dam. Flat terrain.

#### Fri., Mar. 22 ... Wegerzyn MetroPark

1301 E. Siebenthaler Ave., Dayton. Park in parking lot furthest from the garden center buildings.

#### Mon., Mar. 25 ... Carriage Hill MetroPark

7891 E. Shull Rd; meet at the Cedar Lake Shelter. Fairly flat terrain.

## Climbing at Urban Krag

Wednesdays at 6:30, March 6, 13, 20, 27

Urban Krag Climbing Center, 126 Clay St., Dayton,  
[www.urbankrag.org](http://www.urbankrag.org).

Meet at the viewing platform at 6:30 pm. After 6:30 the person at the desk can point us out in the climbing area. Your first time in to the gym you will need to complete a belay certification which takes about 30 to 45 minutes and is a one-time charge of \$15.00. Everyone 14 or older must complete a belay certification. If you are under the age of 14 you will need someone who is belay certified to belay for you. If you are a minor (under the age of 18) you will need to have a parent or guardian sign a waiver for you. Cost: The total charges for a first time visit will be: Belay certification \$15.00, Daily pass \$12.00, Shoes \$4.00, Harness \$3.00. For more information or to sign up, contact Hank Trimble at [hank.trimble@yahoo.com](mailto:hank.trimble@yahoo.com)

## Fast Hikes at Taylorsville,

Tuesdays at 4:30

March 5, 12, 19, 26

Join members of MVOC for a Tuesday hike at Taylorsville MetroPark, 2101 U.S. 40, Vandalia. Various members will take turns leading a FAST-paced hike through hilly wooded terrain and along the Great Miami River, beginning promptly at 4:30 at a pace around 4 miles an hour. Meet at the parking lot near the CCC shelter off Route 40. This is a conditioning hike. Because sunset happens near the end of the first loop, the occasional second round has been discontinued until spring.

## Next MVOC Board Meeting

Thursday, March 14, 6:00 p.m. at Marion's Pizza on North Dixie. All members are welcome.



Carriage Hill Hikers, February 18, 2013



## Family Campout at Lake Loramie

Friday & Saturday, April 26 & 27

Steve Longenecker is organizing this event suitable for all ages at Lake Loramie State Park Campground in Minster, OH. RV, pop-up, and tent campers are welcome. Eight campsites have been reserved in Steve's name (sites #100 thru #107) at \$60.25 each for two nights, can have up to 6 people at each site and are available on a first come first serve bases. Two campsites are already spoken for.

Lots of activities are planned including, hiking, kayaking, canoeing, evening outdoor movies, cookout, campfire, cards, cornhole and maybe more.

Volunteers to help with the event are needed. Call Steve at 937-901-8722 or email him at [slongenecker@woh.rr.com](mailto:slongenecker@woh.rr.com) to volunteer or reserve a campsite. If all camp sites are spoken for you may reserve your own by calling 866-644-6727 or 937-295-3900. More details to come.

Let Steve know if you have other fun activities to suggest. Feel free to invite family and friends.

Lake Loramie website:

<http://www.dnr.state.oh.us/parks/lakeloramie/tabid/758/Default.aspx>

## Welcome New Members

Mitch & Brenda Niese  
 Andy Auman  
 Jeannie Wilkinson

## Upcoming MVOC Events

- March 5** - The Great Allegheny Passage Trail Bicycle Adventure at MVOC meeting at Wegerzyn
- March 14** - MVOC board meeting
- April 2** - Whitewater Warehouse presentation at MVOC Meeting at Wegerzyn
- April 12** - WPAFB Outdoor Recreation Booth
- April 26-27** - Campout at Lake Loramie
- May 7** - Great Miami Outfitters - MVOC meeting at Miamisburg store
- July 2** - MVOC Annual Picnic at Paw Paw Shelter Hills & Dales MetroPark

## Heritage Trail Park District Events

**Canawlers Hike - Sunday, March 10**

**April Showers Hike - Sunday, April 14**

**Location:** Register at the Noble Township Hall, 16586 County Road 66A, Saint Marys, OH 45885

**Details:** Join us for the Cabin Fever 5K Hike along the Miami and Erie Canal Towpath Trail (Buckeye Trail/NCT) in Auglaize County, OH. Each hike is out and back, 3.1 miles total. Starting and ending at the registration point where hikers can warm up, refresh with water and yogurt, and use the restroom. Register between 1-3 pm and then take a hike at your own pace. This hike is free and easy for the whole family.

Sponsored by the Heritage Trails Park District - 419.202.6053 or [www.htparks.org](http://www.htparks.org)

Hikers can earn points for the Road to Fitness sponsored by Grand Lake Health System. Learn more at [www.grandlakehealth.org](http://www.grandlakehealth.org)

## Intro To Bicycle Maintenance

**Monday, March 18, 6:00-8:30 pm**

A MetroParks Program at Wegerzyn Gardens Auditorium, 1301 East Siebenthaler Ave.

Lecture and hands-on instruction to help you diagnose and fix minor mechanical issues. Participants will be introduced to basic repairs and adjustments as well as the tools needed to do so. Topics will include bike inspection and terminology, fixing a flat tire, and basic brake and gear adjustment. Registration required.

Contact (937) 277-4374 for details. All ages Fee: \$5

## 2013 MVOC Officers

President/ Newsletter:	Lindy McDonough	937-278-1493	<a href="mailto:lindymcd46@aol.com">lindymcd46@aol.com</a>
Vice Pres/Activities:	Sharon Mullins	937-620-0887	<a href="mailto:dmullinsvanoh@aol.com">dmullinsvanoh@aol.com</a>
Activities Committee:	Steve Longenecker, Patty Wheelbarger, Ella Himes, Gary Mount, Jim Nies		David Snell, Bruce Howorth,
Secretary/Treasurer:	Dale Bockhorst	513-675-1425	<a href="mailto:dalebckhorst@yahoo.com">dalebckhorst@yahoo.com</a>
Programs Director:	Tom Schommer	937-233-1021	<a href="mailto:tschommer@sbcglobal.net">tschommer@sbcglobal.net</a>
Webmaster:	Hank Trimble	937-620-4971	<a href="mailto:hank.trimble@yahoo.com">hank.trimble@yahoo.com</a>



## Miami Valley Outdoor Club

P.O. Box 292571

Dayton, OH 45429

www.mvoc.net

### Membership Form

#### Miami Valley Outdoor Club Membership/Waiver Form

New members please mark time-frame you are joining: \_\_\_\_\_Jan. thru Mar. - singles \$16 / families \$24

\_\_\_\_\_April thru June - singles \$12 / families \$18 \_\_\_\_\_July thru Sept. - singles \$8 / families \$12

\_\_\_\_\_Oct. and after - full-year membership dues (\$16 or \$24) will include the remainder of the year and the entire following year. Renewing dues are singles \$16 / families \$24.

Renewing members must fill out membership/waiver form every year. Both spouses/partners in a family must sign.

Membership year is Jan.1 to Dec.31

**\*Circle one:** (Include) (Do not include) my name and information on the annual roster sent to all MVOC members.

Name \_\_\_\_\_ I'd like to join \_\_\_\_\_ I'd like to renew \_\_\_\_\_

Address \_\_\_\_\_ I'd like more information \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Phone # \_\_\_\_\_

Email Address \_\_\_\_\_ Amount enclosed \$ \_\_\_\_\_

I hereby declare that I am at least 18 years of age and agree to abide by the rules and regulations of the Miami Valley Outdoor Club. I do hereby relieve the Miami Valley Outdoor Club and/or its officers and members from all responsibility and liability regarding any loss, injury, or accidents incurred at, or related to, any club activity or function.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Print out and Mail to: Miami Valley Outdoor Club, P.O. Box 292571, Dayton, OH 45429