



# Miami Valley Outdoor Club

www.mvoc.net

July 2013



Scenes from the 2012 Annual Picnic (above).



## MVOC Annual Picnic at Hills & Dales MetroPark

6:00 p.m. 'til Dark, Paw Paw Shelter, 2740 S. Patterson Blvd.

*Don't miss one of our most popular events of the year!*

MVOC will provide hotdogs, hamburgers, buns, condiments, and pop. Bring your own table service and a side item to share - salad, casserole, fruit, dessert, etc. Come a little early and walk off a few calories before the feast by taking a hike through beautiful Hills & Dales MetroPark. The hike will leave promptly at 6 pm and return about 6:45. If you don't want to hike, come any time after 6 pm to start nibbling on appetizers. Grilling to begin about 7 pm. Contact Lindy at 278-1493 or [lindymcd46@aol.com](mailto:lindymcd46@aol.com) for info.

T-Shirt & Ball Cap Exchange. Bring your old or new imprinted items to the picnic. Outdoor, political, whimsical, any themes - any size. Bring as many as you want. Take as many as you want. No even exchange necessary.

Directions: From Dorothy Lane between Rt. 48 and Dixie Dr., turn north on South Patterson Drive. Turn Right on Oak Knoll Rd, then left on Deep Hollow Road to the entrance for Paw Paw Camp/Shelter. For more precise directions, see the map at [www.metroparks.org/Parks/HillDales/](http://www.metroparks.org/Parks/HillDales/)

*Hike, Food, Games, Conversation, Relaxation! Um Um Good!*

## Sciota Trail Pick-A-Park Weekend Fri. & Sat. nights, July 12 & 13

Plans are to leave Dayton on Fridays and return home on Sundays. Campsite reservations are recommended ahead of time.

For the remainder of the year, all campers will be responsible for making their own reservations. All the information you need to reserve a place, as well as details about the state park will be at each website - see links below. Call 866-644-6727 for all Ohio state park campsite reservations. Don't forget Golden Buckeye discounts when making your reservations.

### Outdoor Drama "Tecumseh!"

There has been some interest in going to see this historical drama the weekend of Sciota Trail. If you are interested please contact Patty W. as soon as possible about making group reservations.

Otherwise the weekend format will be much the same as the previous campouts. Outdoor activities, during the day, a potluck feast on Saturday night. RV's, pop-ups and tents welcome. Bring fishing gear, bikes, kayaks, and canoes. Family, friends, co-workers are also welcome.

Questions? Contact Patty W. at 937-684-0884 or pattywheel@yahoo.com.

### Upcoming Pick-A-Park Weekends.

[Scioto Trail State Park](#), Chillicothe, OH

July 12, 13

[Delaware State Park](#), Delaware, OH

August 9, 10

[Harrison Lake State Park](#), Fayette, OH

September 20, 21

[Kelley's Island State Park](#),

Lake Erie near Sandusky, OH

October 18, 19

[Lake Hope State Park](#), McArthur, OH

November 15, 16

[Shawnee State Park](#), Portsmouth, OH

December 13, 14

### **Fast Hikes at Taylorsville,**

**Tuesdays at 4:30, July 2, 9, 16, 23 & 30**

Join members of MVOC for a Tuesday hike at [Taylorsville MetroPark](#), 2101 U.S. 40, Vandalia.

Various members will take turns leading a FAST-paced hike through hilly wooded terrain and along the Great Miami River, beginning promptly at 4:30 at a pace around 4 miles an hour. Meet at the parking lot near the CCC shelter off Route 40. This is a conditioning hike. With the change to Daylight Savings Time and a later sunset, there may be an occasional second loop.



*Scenes from the Lake Alma Pick-A-Park Weekend, June 14 & 15 (above).*

### **Climbing at Urban Krag**

**Wednesdays at 6:30, July 3, 10, 17, 24 & 31**

[Urban Krag Climbing Center](#), 126 Clay St., Dayton, [www.urbankrag.org](http://www.urbankrag.org).

Meet at the viewing platform at 6:30 pm. After 6:30 the person at the desk can point us out in the climbing area. Your first time in to the gym you will need to complete a belay certification which takes about 30 to 45 minutes and is a one-time charge of \$15.00. Everyone 14 or older must complete a belay certification. If you are under the age of 14 you will need someone who is belay certified to belay for you. If you are a minor (under the age of 18) you will need to have a parent or guardian sign a waiver for you. Cost: The total charges for a first time visit will be: Belay certification \$15.00, Daily pass \$12.00, Shoes \$4.00, Harness \$3.00. For more information or to sign up, contact Hank Trimble at [hank.trimble@yahoo.com](mailto:hank.trimble@yahoo.com)

### **NO MVOC Meeting August 6**

Because attendance at the August meeting at Wegerzyn is traditionally low there will be no August meeting this year. Watch your calendar for [MVOC](#) activities and other outdoor events around the Miami Valley. Enjoy your month off and see you at Wegerzyn in September.

## **MVOC Thurs. Evening Bike Rides**

**July 4, 11, 18 & 25**

Join MVOC each Thursday evening for a ride that will begin at [Taylorsville MetroPark](#). Meet on the south side of US 40 (2000 US 40) in the Blue Heron parking lot. Each ride will go 15 - 25 miles, or 1 - 2 hours, depending on the preference of the group that night. Rides can be longer, shorter, faster, slower, go north or south or even start at different places. We will just see who shows up and play it by ear. If you are running a few minutes late you can call or text David S. at 937-546-9787.

**CANCELLATIONS:** There may be cancellations from time to time due to weather or schedule conflicts for the leader. Please check the [MVOC website](#) calendar prior to each ride to be sure it is still scheduled.

## **Buckeye Trail Maintenance**

**Monday, July 17, 6:00 p.m.**

Join members of the Miami Valley Outdoor Club to help spruce up a section of the Buckeye Trail adopted by MVOC. Meet at McDonald's on Rt. 40 (National Rd.) just west of I-75 in Vandalia at 6:00 pm. We will car pool up to Johnston Farm in Piqua. Please bring gloves, clippers, weed whips--- or even better -- weed whackers. We have a few areas where the grass has grown pretty high and we need to cut it to clear the trail. A fun event! Please let Sharon M. know if you will be coming. Contact her at 620-0887 or dmullinsvanoh@aol.com

## **Send an MVOC Email Yourself**

Did you know YOU can send outdoor related messages to all members of MVOC by using our exclusive MVOC email service? Want our members to know about upcoming movies, books, events, hikes, gear for sale, the latest bug repellent, bear alerts, anything that an outdoor person might want to know? Just type the address: [members@miamivalleyoutdoorclub.org](mailto:members@miamivalleyoutdoorclub.org), fill in the subject line and the message and send. It's that easy. No need to have an officer do it for you. But PLEASE, *send outdoor information only.*

## **Your MVOC President Is Retiring**

MVOC President, Lindy McDonough, is halfway through her fifth term as president and will be retiring from official duties at the end of the year. It has been a great ride, she has enjoyed the challenge, the activities and the friendships, but she has run out of steam and feels it is time for some new blood, ideas and energy. The board is now searching for someone to take over starting January 1. If you are interested in the position or would like to recommend someone, let any one of our officers know, so they can do a little arm-twisting, if need be, before the elections later this year.

## **NeonVibe 5K Run/Walk for Children's Miracle Network Hospitals**

**Saturday, August 10,**

**6:30 PM - check in; 8:30 PM - race begins;**

**9:00 PM - AfterVibe celebration**

Miami Valley Outdoor club member Julie Spinner invites other MVOCers to join her team for this unique event. The Neon Vibe 5k is an after-dark, fluorescent glow light fun run (**NOT A RAVE**). Each course is designed to light up the night with several UV black light glow-zones, upbeat dance music, and amped runners who are dressed up and ready to party. Although it is a 5k and you can run as hard as you'd like, most just want to light-it-up, have a good time throughout the 3.1 mile course, and dance their way to the finish. The fun doesn't end there because the aftervibe celebration near the finish line is the best part of the Neon Vibe experience. The Neon Vibe provides participants with an entertaining way to get healthy, have a blast, and support a great cause. For much more information go to [Neon Vibe](#) or contact Julie at [jaspinner@hotmail.com](mailto:jaspinner@hotmail.com) or 937-361-2383

## **GORP - Great Ohio River Paddle**

**Saturday & Sunday, September 15 & 16**

There's still time to register early by July 15. Late registration by Sept. 6.

This unique paddling experience provides an unsurpassed opportunity to gain an understanding of the Ohio River system and develop a lifelong love of river travel via canoe or kayak. See river wildlife, city skylines and help raise funds for the Ohio River Foundation. You need not be an expert paddler, but they do require that people have experience on moving water, or have taken instruction with moving water.

Participants only need to bring their own gear, personal items, and canoe or kayaking equipment. GORP provides the rest: meals, shuttle, on-river education, evening speakers, camaraderie, safety paddlers, camp fees, and much more!

MVOCer Julie Spinner has already signed up. She would love to have you join her. For much more info in the event visit the [GORP](#) or contact Julie at 937-361-2383 or [jaspinner@hotmail.com](mailto:jaspinner@hotmail.com).

## **Whitewater Rafting the Royal Gorge**

Guest speaker Allen Johnson, September 3 at the MVOC meeting at Wegerzyn Garden Center.

**MVOC Board Meeting.** Thurs., Aug. 15, 6:00 pm at Marion's Pizza on North Dixie. All MVOC members are welcome.

## "Bike for the Health of It"

**Saturdays, 9:00 a.m. - 11 a.m. or noon**

Join Five Rivers MetroParks for a bike ride on Saturdays, April through October. Earn a T-shirt by reaching a goal of 125 miles. Participants completing 250 miles or more will receive an additional award. Parents/guardians must remain with children. Wearing a helmet is strongly recommended for all participants and required for children under 13. We ride rain or shine, but may cancel due to storms or trail flooding. Registration requested, walk-ins welcome. Contact (937) 277-4823 for details. [metroparks.org/bikehealth](http://metroparks.org/bikehealth). All ages

- July 6: (16 miles). Start at W. Carrollton low dam to Carillon Historical Park  
July 13: (12 miles). Start at Eastwood MetroPark, 1385 Harshman, last parking lot to Fifth Third Field  
July 20: (13 Miles). Start at Wegerzyn MetroPark to Eastwood and RiverScape Bike Hub  
July 27: (20 miles). Start at W. Carrollton low dam to Crain's Run Nature Park

## New Outdoor Outfitter Opens June 29 in the Miami Valley

A brand new business, catering to the outdoor lover, [True Heights Equipment Outfitters](http://True Heights Equipment Outfitters), 3170 Rodenbeck Drive, Beavercreek, OH 45432, (937) 320-2279, will open their doors to the public June 29. Their focus is on promoting and enhancing outdoor experiences by providing outdoor equipment and services to young and old, experienced and inexperienced, through personalized caring interactions with the customer with an emphasis on community involvement and social responsibility.

The owners and staff have numerous years of experience in hiking, backpacking, camping and paddling and have worked to create a gathering and educational place that supports both the community and the customer.



## Hike to a Free Old Time Country Concert

**Saturday, July 20, 4:30 p.m.**

Carriage Hill MetroPark  
7800 E. Shull Road

Join MVOCer Lindy McDonough for a 1.5 hour hike at Carriage Hill MetroPark followed by a free Prairie Serenade: Old Time Country Music program at the Carriage Hill Farm Visitor Center. Enjoy good music and a summer evening surrounded by prairie flower gardens and your MVOC friends.

Bring your lawn chairs and blankets for seating. A food concession is available with items like hot dogs, chips, pop, candy popcorn. Or bring your own picnic basket.

The hike goes through woods, prairie and around Cedar Lake and is fairly flat terrain.

Come to the hike or the concert or both and stay as long as you like. The concert goes from 5:00 - 9:00 p.m. A great event for the whole family.

For more information contact Lindy at 278-1493 or [lindymcd46@aol.com](mailto:lindymcd46@aol.com) or visit the [Carriage Hill MetroPark](http://Carriage Hill MetroPark) website.



## Great Miami Outfitters' Saturday Morning Paddle Float

**July 20,** Shuttle Times: 8:30, 9:00 and 9:30 am

Paddle down the Great Miami River from West Carrollton to downtown Miamisburg. It's a 5.5 mile "moving water" trail through the urban wilderness. The trip usually takes about 2 hours. For details visit [Great Miami Outfitters](http://Great Miami Outfitters). 25 E. Linden Ave., Miamisburg

## Whitewater Warehouse

**Wednesday Evenings,** 104 Valley St. Dayton

Paddle down the Mad River, about three miles from Eastwood MetroPark to the Keowee St. Bridge. About 1 ¼ to 1 ½ hours. Check [Whitewater Warehouse](http://Whitewater Warehouse) website for details, event status and updates. Dates subject to change. Shuttles leave at approximately 5:30 & 6:15

### 2013 MVOC Officers

President/ Newsletter:	Lindy McDonough	937-278-1493	<a href="mailto:lindymcd46@aol.com">lindymcd46@aol.com</a>
Vice Pres/Activities:	Sharon Mullins	937-620-0887	<a href="mailto:dmullinsvanoh@aol.com">dmullinsvanoh@aol.com</a>
Activities Committee:	Steve Longenecker, Patty Wheelbarger, David Snell, Bruce Howorth, Ella Himes, Gary Mount, Jim Nies		
Secretary/Treasurer:	Dale Bockhorst	513-675-1425	<a href="mailto:dalebckhorst@yahoo.com">dalebckhorst@yahoo.com</a>
Programs Director:	Tom Schommer	937-233-1021	<a href="mailto:tschommer@sbcglobal.net">tschommer@sbcglobal.net</a>
Webmaster:	Hank Trimble	937-620-4971	<a href="mailto:hank.trimble@yahoo.com">hank.trimble@yahoo.com</a>



## Miami Valley Outdoor Club

P.O. Box 292571

Dayton, OH 45429

www.mvoc.net

### Membership Form

#### Miami Valley Outdoor Club Membership/Waiver Form

Renewing dues are the full year's amount: singles \$16 / families \$24 regardless of date of renewal.

Renewing members must fill out membership/waiver form every year. Both spouses/partners in a family must sign. Write additional family members on back of form.

New members please mark time-frame you are joining: \_\_\_\_\_Jan. thru Mar. - singles \$16 / families \$24

\_\_\_\_\_April thru June - singles \$12 / families \$18 \_\_\_\_\_July thru Sept. - singles \$8 / families \$12

\_\_\_\_\_Oct. and after - full-year membership dues (\$16 or \$24) will include the remainder of the current year and the entire following year.

**\*Circle one:** (Include) (Do not include) my name and information on the annual roster sent to all MVOC members.

Name \_\_\_\_\_ I'd like to join \_\_\_\_\_ I'd like to renew \_\_\_\_\_

Address \_\_\_\_\_ I'd like more information \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Phone # \_\_\_\_\_

Email Address \_\_\_\_\_ Amount enclosed \$ \_\_\_\_\_

I hereby declare that I am at least 18 years of age and agree to abide by the rules and regulations of the Miami Valley Outdoor Club. I do hereby relieve the Miami Valley Outdoor Club and/or its officers and members from all responsibility and liability regarding any loss, injury, or accidents incurred at, or related to, any club activity or function.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Print out and Mail to: Miami Valley Outdoor Club, P.O. Box 292571, Dayton, OH 45429