



Miami Valley Outdoor Club

www.mvoc.net

September 2013

White Water Rafting The Royal Gorge



Guest speaker: Allen Johnson

Miami Valley Outdoor Club meeting
7:00 p.m.

Tuesday, September 3

Wegerzyn Garden Center
1301 E. Siebenthaler Ave.

Free with light refreshments.

In June 2012, Allen and four of his grandchildren camped for a week 8,000 feet up in the Colorado Mountains and fished the nearby streams, dining on fresh trout and Dinty Moore stew, Spam and hotdogs. After camping they drove to Cañon City for a white-water rafting trip down the Arkansas River through the Royal Gorge. Following some brief instructions, the guide pushed their raft into the roaring river, soon plunging into the rapids. A sheet of water washed over the grandchildren in the front of the

raft. The spray continued back, engulfing Allen. Further on, they splashed through a Class-V rapid, spun around backwards and bounded off a big rock in the middle of the river that almost turned them over. After four hours of crashing through foamy rapids and back-breaking paddling they finally reached the take-out at Cañon City.

From there they drove to Royal Gorge Adventure Park and rode the Skycoaster, a 100-foot-high swing that sends thrill seekers out over the edge of the canyon, 1,200 feet above the river. They also tried the Soaring Eagle Zip Line, the world's highest zip line, running 1,000 feet above the river, walked across the suspension bridge, rode the inclined railway down to the river and enjoyed a scenic trip across the canyon on a tram. Their adventure ended at the Garden of the Gods outside Colorado Springs.

Books about Allen's adventures with his grandchildren will be available for purchase. Learn more about Allen Johnson's adventures at www.creative-enterprises.org.

Shimp's Hollow MVOC Campout at Germantown MetroPark

September 28-29, Saturday noon to Sunday noon Registration deadline is September 1

Here's your chance to enjoy an overnight experience close to home. MVOC has reserved this site just off of Boomershine Rd. There is limited parking at the site but more parking is available at the sledding hill on Boomershine Rd.

This event is tent/hammock camping only. Day hikes will be scheduled or you can plan your own hike. Evening activities include campfire and s'mores. Please contact Sharon at 620-0887 to sign up.

Welcome New Members

Beverly Barnes Michael Hinkle Gayle King

Harrison Lake

Pick-A-Park Weekend

Fri. & Sat. nights, September 21 & 22
[Harrison Lake State Park](#), Fayette, OH

Plans are to leave Dayton on Friday and return home on Sunday. Campsite reservations are recommended ahead of time.

All campers will be responsible for making their own reservations. All the information you need to reserve a place, as well as details about the state park can be found at the park website. Call 866-644-6727 for all Ohio state park campsite reservations. Don't forget Golden Buckeye discounts when making your reservations.

The weekend format will be much the same as the previous campouts. Outdoor activities, during the day, a potluck feast on Saturday night. Sometimes a group goes to a special restaurant for Friday dinner. RV's, pop-ups and tents welcome. Bring fishing gear, bikes, kayaks, and canoes. Family, friends, co-workers are also welcome.

Questions? Contact Patty W. at 937-684-0884 or pattywheel@yahoo.com.

Upcoming Pick-A-Park Weekends

[Kelley's Island State Park](#),
Lake Erie near Sandusky, OH
October 18, 19

[Lake Hope State Park](#), McArthur, OH
November 15, 16

[Shawnee State Park](#), Portsmouth, OH
December 13, 14

MVOC Thurs. Evening Bike Rides September 5, 12, 19 & 26

Join MVOC each Thursday evening for a ride that will begin at [Taylorsville MetroPark](#). Meet on the south side of US 40 (2000 US 40) in the Blue Heron parking lot. Each ride will go 15 - 25 miles, or 1 - 2 hours, depending on the preference of the group that night. Rides can be longer, shorter, faster, slower, go north or south or even start at different places. We'll play it by ear. If you are running a few minutes late you can call or text David S. at 937-546-9787.

CANCELLATIONS: There may be cancellations from time to time due to weather or schedule conflicts for the leader. Please check the [MVOC website](#) calendar prior to each ride to be sure it is still scheduled.

Fast Hikes at Taylorsville,

Tuesdays at 4:30, September 3, 10, 17 & 24

Join members of MVOC for a Tuesday hike at [Taylorsville MetroPark](#), 2101 U.S. 40, Vandalia.

Various members will take turns leading a FAST-paced hike through hilly wooded terrain and along the Great Miami River, beginning promptly at 4:30 at a pace around 4 miles an hour. Meet at the parking lot near the CCC shelter off Route 40. This is a conditioning hike. With the change to Daylight Savings Time and a later sunset, there may be an occasional second loop.

Climbing at Urban Krag

Wednesdays at 6:30, September 4, 11, 18 & 25

[Urban Krag Climbing Center](#), 126 Clay St., Dayton, www.urbankrag.org.

Meet at the viewing platform at 6:30 pm. After 6:30 the person at the desk can point us out in the climbing area. Your first time in to the gym you will need to complete a belay certification which takes about 30 to 45 minutes and is a one-time charge of \$15.00. Everyone 14 or older must complete a belay certification. If you are under the age of 14 you will need someone who is belay certified to belay for you. If you are a minor (under the age of 18) you will need to have a parent or guardian sign a waiver for you. Cost: The total charges for a first time visit will be: Belay certification \$15.00, Daily pass \$12.00, Shoes \$4.00, Harness \$3.00. For more information or to sign up, contact Hank Trimble at hank.trimble@yahoo.com

MetroParks Workshop

Navigating a Kayak

Tuesday, October 15, 6:30-8:30 pm

Wegerzyn Gardens MetroPark: Auditorium
1301 East Siebenthaler Ave., Dayton, OH 45414

Learn how to navigate from a boat with no deck (canoe) or a small deck (kayak) This workshop will introduce concepts of map and compass, reading and using charts, dead reckoning and navigating, as well as float planning. Dene Berman is an ACA Instructor Trainer who has field experience with Outward Bound, Wilderness Education Association, and Leave No Trace. He has used Navigation skills in places as disparate as Alaska, Baja California, The Everglades, and Northern Saskatchewan. Participants should bring a handheld compass, ruler, protractor, pencil, and a piece of string. Fee: \$15...Registration required...No prerequisites...for ages 18 and up. Register online at <http://www.metroparks.org/GetOutside/paddling.aspx>
For more information call (937) 277-4374.

MVOC Volunteers Needed for Midwest Outdoor Experience Friday & Saturday, October 4 & 5

Midwest Outdoor Experience has grown beyond just gear and exploded into a multi-day event, featuring camping, competitions, regional music acts, exciting demos, a Friday and Saturday night beer garden and much more!

Midwest Outdoor Experience offers something for the budding weekend warrior to the hardcore outdoor enthusiast and is one of the largest festivals celebrating the outdoor lifestyle in the Midwest. Demos, competitions, music, camping, food and beverages, exhibitors village, used gear to buy, all ages, dogs on leash welcome. For event details check out their website at <http://www.metroparks.org/outdoorx/>

Again the Miami Valley Outdoor Club will have a booth at the event. It a great way to get to know your fellow members better as well as meet many festival visitors and outdoor enthusiasts. Before and after you volunteer at the booth, you can enjoy all the festival activities, food, music, and other exhibitors.

RAFFLE BASKET: We would like to put together another membership gift basket this year to encourage new people to join and old members to renew for 2014. If you have any new outdoor-related items that will fit in a gift basket and would like to donate them, bring them to the Sept. 3 MVOC meeting or let Sharon M. at (260-0887) know and she will pick them up. The raffle was very successful last year in growing our membership.

BOOTH VOLUNTEERS. We will also need two people for each of the following tentative time slots.
Friday Oct. 5 6 - 8 p.m.
Saturday Oct. 610 - Noon; Noon - 2;
2 - 4 p.m.; 4 - 6 p.m.; and 6 - 8 p.m.
Contact Lindy McDonough, 278-1493 or lindymcd46@aol.com to sign up.

Last Two Board Meetings of 2013 Thursdays, Oct. 10 & Nov. 14, 6:00 pm

Marion's Pizza on North Dixie. Election & end-of-year business. All MVOC members are welcome.

How to Email to All Club Members

It's easy. No need to have an officer do it for you. Just mail to: members@miamivalleyoutdoorclub.org, fill in the subject line and the message and send.
But PLEASE, *send outdoor related information only.*

Click www.mvoc.net for more upcoming outdoor activities.

GORP - Great Ohio River Paddle Cincinnati, OH, Saturday & Sunday, Sept. 15 & 16 Late registration by Sept. 6.

See river wildlife, city skylines and help raise funds for the Ohio River Foundation. Some experience on moving water required, or have taken instruction with moving water. Bring your own gear, personal items, and canoe or kayaking equipment. GORP provides the rest: meals, shuttle, on-river education, evening speakers, camaraderie, safety paddlers, camp fees, and more!

MVOCer Julie Spinner has already signed up. She would love to have you join her. For much more info in the event visit the [GORP](#) or contact Julie at 937-361-2383 or jaspinner@hotmail.com.

Upcoming Events

Sept. 20-21 - Pick-A-Park Harrison Lake SP
Sept. 28-29 - Shimp's Hollow Campout
Oct. 1 - Cave Exploring Presentation - MVOC meeting
Oct. 4-5 - Midwest Outdoor Experience
Oct. 10 - MVOC Board Meeting
Oct. 18-19 - Pick-A-Park Kelly's Island SP
Nov. 5 - Kitty Hawk Ski Club Presentation
MVOC Meeting
Nov. 14 - MVOC Board Meeting
Nov. 15-16 - Pick-A-Park Lake Hope SP
Dec. 3 - Holiday Dinner, Auction & Election
Dec. 13-14 - Pick-A-Park Shawnee SP
Feb. 2 - Chili Cookoff at Cricket Hollow

October 20, 2013

Miami-Erie Canal Towpath Trail 44th Annual Walk with Nature

Last year this hiking event had over 1,300 participants.
Registration & Location: Memorial Park, St. Marys, Ohio. Along the Miami-Erie Canal Towpath Trail (Buckeye Trail /North Country Trail).

Description: From 12:00 Noon to 5:00pm, the "Walk with Nature" is a pleasant, level walk along the Towpath of the Canal and can begin or end at several points. The length of the walk can be from 3.3 miles to as much as 10 miles. Buses are available for transport to and from starting and stopping points. The Towpath extends north from St. Marys, Memorial Park to 40 acre pond and on to Lock 14.

Note: Inquire about being transported out to one of the ending points of the hike and hike back into town. By doing so, you will not have to wait for transportation back from the end of the hike.

For further information call 419-394-4611 or email wwwstmo@bright.net, or stmarys@buckeyetrail.org

Try Mountain Biking

Free MetroParks Program

Wednesday, Sept. 11, 4:00 - 7:00 pm

[Huffman Metropark, MoMBA](#),

4485 Union Rd. off Rt 4 north of Rt 444

Is not owning a mountain bike keeping you from trying mountain biking? If so, then come out to the MetroParks Mountain Bike Area and borrow one of our bikes to ride for a lap or two. Bikes are available on a first-come, first-served basis. Youth under 18 must be accompanied by a parent or guardian. Helmets are mandatory and provided with bike. Registration requested, walk-ins welcome. Contact (937) 277-4374 for details. Age: All ages



Intro To Mountain Biking

Thursday, Sept. 19, 6:00 - 8:30 pm

MetroParks Program Fee: \$10

Five Rivers MetroParks Main Office, downtown, 409 E. Monument Ave., 3rd Floor, This classroom based program will introduce you to the equipment and skills you want for a fun, enjoyable ride. Topics will include bike selection, ride preparation, trail riding, trail etiquette, and riding as a family. Registration required. Contact (937) 277-4374 for details. All ages

Mountain Biking Basics

Saturday, Sept. 21, 9:00 am - 3:00 pm

MetroParks Program Fee: \$15

[Huffman Metropark, MoMBA](#), 4485 Union Rd.

After you have completed Intro to Mountain Biking, join us for practical training at MoMBA, MetroParks Mountain Bike Area. Practice will include bike balance, braking and shifting, falling, front/rear wheel lift, reading a map and route finding. After we practice the techniques we'll go on a trail ride.

Prerequisites: Intro to Mountain Biking. Registration required. Contact (937) 277-4374 for details. All ages



Top Photo: MVOC campers at Guilford Lake Pick-A-Park weekend.

Middle: Pick-A-Park weekend at Sciota Trail State Park

Bottom: Discovery while hiking at Sciota Trail State Park



2013 MVOC Officers

President/ Newsletter:	Lindy McDonough	937-278-1493	lindymcd46@aol.com
Vice Pres/Activities:	Sharon Mullins	937-620-0887	dmullinsvanoh@aol.com
Activities Committee:	Steve Longenecker, Patty Wheelbarger, David Snell, Bruce Howorth, Ella Himes, Gary Mount, Jim Nies		
Secretary/Treasurer:	Dale Bockhorst	513-675-1425	dalebckhorst@yahoo.com
Programs Director:	Tom Schommer	937-233-1021	tschommer@sbcglobal.net
Webmaster:	Hank Trimble	937-620-4971	hank.trimble@yahoo.com



Miami Valley Outdoor Club

P.O. Box 292571

Dayton, OH 45429

www.mvoc.net

Membership Form

Miami Valley Outdoor Club Membership/Waiver Form

Renewing dues are the full year's amount: singles \$16 / families \$24 regardless of date of renewal.

Renewing members must fill out membership/waiver form every year. Both spouses/partners in a family must sign. Write additional family members on back of form.

New members please mark time-frame you are joining: _____Jan. thru Mar. - singles \$16 / families \$24

_____April thru June - singles \$12 / families \$18 _____July thru Sept. - singles \$8 / families \$12

_____Oct. and after - full-year membership dues (\$16 or \$24) will include the remainder of the current year and the entire following year.

***Circle one:** (Include) (Do not include) my name and information on the annual roster sent to all MVOC members.

Name _____ I'd like to join _____ I'd like to renew _____

Address _____ I'd like more information _____

City _____ State _____ Zip _____ Phone # _____

Email Address _____ Amount enclosed \$ _____

I hereby declare that I am at least 18 years of age and agree to abide by the rules and regulations of the Miami Valley Outdoor Club. I do hereby relieve the Miami Valley Outdoor Club and/or its officers and members from all responsibility and liability regarding any loss, injury, or accidents incurred at, or related to, any club activity or function.

Signature _____ Date _____

Print out and Mail to: Miami Valley Outdoor Club, P.O. Box 292571, Dayton, OH 45429