



Miami Valley Outdoor Club

www.mvoc.net

May, 2014

Tuesday May 6, 2014

Torrent Falls Climbing Adventure



For a true outdoor adventure experience, you need to go to Torrent Falls Climbing Adventure. They are located 5 miles from the Natural Bridge State Park in the Red River Gorge of Kentucky. It is a unique and special place offering the first Via Ferrata in the United States. You may ask, "What is a Via Ferrata?" A Via Ferrata is a self-belay climbing system that requires no prior experience. The system consists of Hand Grips, Foot Steps, and a safety cable system that allows you to experience rock climbing on real rock. It is great for beginners, large groups, families, and individuals. They also offer Night Climbing, Guided Rock Climbing, Rock Climbing Clinics, Multi-Pitch Climbing, Boy Scout Climbing Merit Badge and Rappelling.

Mark Meyer will be presenting the offerings of Torrent Falls Climbing Adventure on Tuesday, May 6. Mark is the Owner of the first Via Ferrata and will have a presentation

with pictures and a brief demonstration of this unique climbing system.

This program is free and open to the public with light refreshments. Because it will be election day, the May meeting will take place in the downstairs classroom, not the auditorium where it is usually held.

Anyone interested in having a club activity to Torrent Falls is asked to contact Sharon at 937-620-0887 or dmullinsvanoh@aol.com

WEGERZYN Garden Center
1301 E. Siebenthaler Ave
Dayton, Ohio 45414

Guest Speakers begin their presentations 7:00 p.m.

The MVOC meets the first Tuesday of each month at 7:00 PM at [Wegerzyn Garden MetroPark](#), located at 1301 E. Siebenthaler Avenue, Dayton, Ohio 45414. Come early and enjoy catching up with other members before the business meeting! Look for us in the basement meeting room of the Wegerzyn Center building. [Google Map Link](#)

Meetings normally consist of a short introduction where we discuss past activities and upcoming events. This is followed by a program which might feature a guest speaker, or a slide presentation of past activities. Meetings are open to the public and guests are encouraged to attend.

Are You Interested In Giving A Presentation At An MVOC Meeting Any relevant outdoor related presentation is welcome. If you are interested please contact [Tom Schommer](mailto:tschommer@sbcglobal.net).

Fast Hikes at Taylorsville, Tuesdays at 4:30, May 6, 13, 20, 27

Join members of MVOC for a Tuesday hike at [Taylorsville MetroPark](#), 2101 U.S. 40, Vandalia. Various members will take turns leading a FAST-paced hike through hilly wooded terrain and along the Great Miami River, beginning promptly at 4:30 at a pace around 4 miles an hour. Meet at the parking lot near the CCC shelter off Route 40. This is a

conditioning hike, fast moving and not suitable for inexperienced hikers looking for a stroll in the park.

Note: Regular hikers often take another loop, beginning about 5:40(ish), at a slightly slower pace.

Easy Hikes in May

Join Lindy McDonough as she explores various Five Rivers MetroParks. Times & locations vary. Each lasts about 1.5 hours. Fairly flat terrain. Good for beginning or out of shape hikers, retirees or anyone who just enjoys a nice walk in the woods. Dogs welcome, but must be on leash.

Sat., May 10, 3:00 p.m. - Carriage Hill MetroPark, 7891 E. Shull Rd. Meet at the Cedar Lake Shelter parking lot

Fri., May 16, 10:00 a.m. - Possum Creek MetroPark, 4790 Frytown Road, borders Dayton/Jefferson Twp. Meet in the Argonne Forest parking lot, first right after entering the park.

Sat., May 24, 3:00 p.m. - Taylorville MetroPark, Tadmor Trail 2005 U.S. 40 (west end of Taylorville Dam), Vandalia. Meet in the parking lot.

Fri., May 30, 10:00 a.m. - Englewood East MetroPark, 4361 National Rd (U.S. 40), Englewood. Meet at the Patty Shelter parking lot.



Attendance Good at Easy Hikes in April

Despite steady rain up until start time, 4 people and two dogs showed up to hike at Wegerzyn MetroPark and on to the wet woods behind Jay Lake and the remote-control air field, and finally to the community vegetable gardens before heading back. One hiker who recently moved here from the Hamptons of Long Island has been very pleasantly surprised

by the wonderful parks in the Dayton area. Along the trail we ran into one of the first garter snakes of the season, a sure sign of spring.

The Wegerzyn hike was pretty soggy with stretches of clear water, but not muddy. Possum Creek, the next week, on the

other hand, was very muddy. Among the 10 who came there were several people new to the park and it was the very first hike for one young lady. She had to be led around many stretches of mud, through patches of blackberry bushes, in her shorts, to avoid ruining her white work shoes. Hopefully she will give hiking another try.



The Tadmor Trail hike later in the month had 9 hikers, several who had never been to this part of Taylorville MetroPark. It was an absolutely beautiful day, no mud and great scenery. The Great Miami River just begged you to slide your kayak into the water and start paddling.

Weekly Bike Rides

Every Thursday in May at 6:00 PM: MVOC bike ride at Taylorville. Trip begins on the south side of the dam from the parking lot just before the Blue Heron picnic shelter.

We will usually head north on the bike path for 20-30 miles depending on daylight and weather conditions. Plan on a pace of 15-17mph with some going faster. The trip won't happen if there's rain.

Thursdays May 8, 15, 22, 29 Contact David Snell if you have questions.

Reminders:

All MVOC members are eligible for a 10-15% Great Miami Outfitters discount on many items. Stop by the store at 25 E. Linden Ave, Miamisburg to pick up your 2014 discount card.

You can send email to all members of the MVOC easily. Just address your email to members@miamivalleyoutdoorclub.org and all club members will see your message.

Kayaking with GMO

Note: this trip is filling fast but will take a waiting list. Bring your deposit to the May 6 meeting.

August 1-3, 2014

MVOC is teaming with Great Miami Outfitters for a weekend of camping, kayaking and classes at Caesar's Creek State Park for MVOC members only Friday August 1 thru Sunday August 3.

GMO will provide the 2 hour kayaking quick start lessons on Friday evening, followed by 8 hours of basic

kayaking instructions and deep water rescue techniques on Saturday. The cost for the Kayaking classes will be \$100 including equipment. (Normally, the cost is \$150 plus equipment rental.)

*Please note that we will have shared camp site cost that will be added to the total cost of the weekend.

You are welcome to come for the kayaking, the camping or the entire adventure. If you're interested, please contact Sharon Mullins at 937-620-0887 dmullinsvanoh@aol.com. You are asked to commit with a 50% deposit (\$50 per person) by May 15.

Monthly Pick-a-Park

Just like last year, Patty has planned monthly trips to various Ohio State parks. She has kept most of them in or near southwest Ohio so travel distance isn't too far. Campers will need to get their own reservations.

The first is May 2-4 at Jackson Lake State Park in Southeast Ohio (about a 2 hour drive) near the tiny town of Oak Hill, Ohio. Attractions nearby:

- The [Leo Petroglyph State Memorial](#), three miles north of U.S. 35 on County Road 28 northwest of Coalton, is a 12-acre site featuring well-preserved rock carvings cut into sandstone by prehistoric Indians. Forty figures represent animals, humans and other life forms.
- Preserving the history of the great Ohio iron-producing days, [Buckeye Iron Furnace State Memorial](#) displays reconstructed buildings typical of those used during the 19th century. The Buckeye Iron Furnace dominates the picturesque cluster of buildings. Picnic areas and a gift shop are located on the grounds. The memorial is open May through October and information on hours is available by calling the Ohio Historical Society at 800-686-1529. This memorial is ten miles southeast of the town of Jackson near State Route 124 on County Road 58.
- [Lake Katharine State Nature Preserve](#) near the town of Jackson contains several fine examples of bigleaf and umbrella magnolias. The preserve has many rare plant species including several native orchids. The area is open during daylight hours.
- [Cooper Hollow Wildlife Area](#) just south of the park allows public hunting and fishing.

Tentatively, the June trip will be June 13-15 at Senaca Lake near Mansfield. More info coming.

DaytonHikers TVT Challenge

2nd Annual Twin Valley Trail Challenge

Saturday, June 14, 2014

6:00 AM

[Twin Creek MetroPark](#)

8539 Morningstar Rd.

Group Campsites and Camp Hook Amphitheater

Franklin, OH

40 miles, or whatever part of that you feel you can do; water and refreshments along the trail; shuttle pickup for those who over/under estimate their stamina.

Check out DaytonHikers.org for more info.

Ohio Buckeye Trail Maintenance

A group of six members recently performed maintenance on the section of the Ohio Buckeye Trail adopted by the MVOC a couple of years ago. On Sunday April 6 Jim Nies, Sharon Mullins, Dave Snell, Hank Trimble, Bob Lindeman and Tom Schommer hit the trail. The trail is 1440 miles long and circles Ohio and run by The Buckeye Trail Association a 501 (c) non-profit charitable organization for the

enjoyment of all.



The section MVOC adopted for maintenance is in Piqua and is about 9 miles long. Fortunately,

the previous two years of our maintenance has made continued maintenance easier. A few small fallen trees, sticks and weeds, as well as two bags of trash, were removed but two large fallen trees requiring a chain saw for removal were left for the next time. Following the maintenance we hiked a portion of the trail that traverses Piqua as a paved bike trail. A fun time was had by all.



Miami Valley Outdoor Club

P.O. Box 292571
Dayton, OH 45429
www.mvoc.net

2014 MVOC Officers

President/Newsletter:	Jim Nies	937-275-9614	jnies@aol.com
Vice Pres/Activities:	Sharon Mullins	937-620-0887	dmullinsvanoh@aol.com
Activities Committee:	Steve Longenecker, Patty Wheelbarger, David Snell, Bruce Howorth, Ella Himes, Gary Mount, Marty Moseman, Duane Gray		
Secretary/Treasurer:	Dale Bockhorst	513-675-1425	dalebockhorst@yahoo.com
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Membership Form

Miami Valley Outdoor Club Membership/Waiver Form

Renewing dues are the full year's amount: singles \$16 / families \$24 regardless of date of renewal.

Renewing members must fill out membership/waiver form every year. Both spouses/partners in a family must sign.

Write additional family members on back of form.

New members please mark time-frame you are joining: ____Jan. thru Mar. - singles \$16 / families \$24

____April thru June - singles \$12 / families \$18 ____July thru Sept. - singles \$8 / families \$12

____Oct. and after - full-year membership dues (\$16 or \$24) will include the remainder of the current year and the entire following year.

***Circle one:** (Include) (Do not include) my name and information on the annual roster sent to all MVOC members.

Name _____ I'd like to join ____ I'd like to renew ____

Address _____ I'd like more information ____

City _____ State _____ Zip _____ Phone # _____

Email Address _____ Amount enclosed \$ _____

I hereby declare that I am at least 18 years of age and agree to abide by the rules and regulations of the Miami Valley Outdoor Club. I do hereby relieve the Miami Valley Outdoor Club and/or its officers and members from all responsibility and liability regarding any loss, injury, or accidents incurred at, or related to, any club activity or function.

Signature _____ Date _____

Print out and Mail to: Miami Valley Outdoor Club, P.O. Box 292571, Dayton, OH 45429