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# Miami Valley Outdoor Club

March, 2015

## Wales!?! Why Wales?

Guest Speaker: Jim Nies  
Tuesday, March 3, 2015



Jim Nies is a retired educator and president of MVOC. Last September, inspired by an old article in *Backpacker Magazine*, Jim and his daughter spent a week hiking on the Pembrokeshire Coast Path National Trail, a part of the Wales Coast Path. He will talk about the planning, the sights, the lodgings, the transportation, and even the people. There might be a nice photo or two as well.

The program is free and open to the public with light refreshments

Wegerzyn Garden Center  
1301 E. Siebenthaler Ave.  
Dayton, Ohio 45414

Guest speakers will begin their presentation at 7:00 p.m.

For more information contact Sharon Mullins at 937-620-0887 or [dmullinsvanoh@aol.com](mailto:dmullinsvanoh@aol.com)

**Are You Interested In Giving A Presentation At An MVOC Meeting?** Any relevant outdoor related presentation is welcome. If you are interested please contact [Tom Schommer](mailto:tschommer@sbcglobal.net). [tschommer@sbcglobal.net](mailto:tschommer@sbcglobal.net)

## Once Again, Superbowl Sunday Starts with a Hike and Chili

About twenty intrepid MVOC members and guests braved the threatening weather forecasts to join in the annual chili cookoff on Super Bowl Sunday. The hike, led by Ella Himes, followed the orange trail at nearby SugarCreek Metropark, was enjoyed by all, even if it was a bit rainy. Afterward, attendees enjoyed six different types of chili, some fruit and vegetable salads and several yummy desserts. All who tried it declared Dwayne's blueberry special special. (There's some talk about adding dessert judging to the contest next year.)

Sharon Mullins's creation was declared best overall, with David Snell's coming in as the hottest, and Sandy LaCaze's white chicken chili the most unusual.



## Fast Hikes at Taylorsville,

**Tuesdays at 4:30, March 3, 10, 17, 24, 31**

Join members of MVOC for a Tuesday hike at [Taylorsville MetroPark](#), 2101 U.S. 40, Vandalia. Various members will take turns leading a FAST-paced hike through hilly wooded terrain and along the Great Miami River, beginning promptly at 4:30 at a pace around 4 miles an hour. Meet at the parking lot near the CCC shelter off Route 40. This is a conditioning hike, fast moving and not suitable for inexperienced hikers looking for a stroll the park. Now that the days are getting longer, the group usually does a second "cool-down" round starting about 5:40—and yes, they do take flashlights.

**Note: Daylight Savings Time starts March 8.**

**It's now time** to renew your membership. You need to do it by March 15 to be included 2015 roster that will be published in March and to receive any further newsletters.

## Great Miami Outfitters Discount

Included with this emailed (or snail-mailed) newsletter is a certificate detailing the discount the folks at Great Miami Outfitters in Miamisburg is extending to MVOC members.

The short version is: after registering, members receive a 10% discount on all merchandise, a further 10% discount on clearance items and free shipping on online purchases over \$45. See the certificate for further details.

As soon as your club president can work out the details, True Heights Outfitters in Beavercreek will extend a similar discount.

For the paddlers...

## World Tour of the Reel Paddling Film Festival coming March 19

The Massie Creek Paddlers has joined with Tom Helbig's Tomfoolery Outdoors to sponsor a showing of the Reel Paddle Film Festival. Happening at 7:00 pm March 19 at the Neon Theater downtown, the festival features several recent films about (what else?) paddle sports. Tickets at the door are \$15, but cost \$10 in advance. Also, the advance purchase will net the buyer digital subscriptions to several paddling magazines.

Click [here](#) to purchase advance tickets. The Massie Creek paddlers web link is

<https://massiecreekpaddlers.wordpress.com/> There is a link to their Facebook page there as well.

## Pete Livingston Memorial 5k

The Boy Scouts' Miami Valley Council is sponsoring a 5k race/walk in memory of Scout leader Pete Livingston of Centerville, who fell 125 feet to his death in a climbing accident at Hocking Hills in May of 2013.

Proceeds of the event will help support an international camp counselor at Woodland Trails scout camp this summer.

The event takes place April 11, 9:00 am at Sugarcreek Metropark.

<http://www.speedy-feet.com/race-entry.php?id=1224> to sign up.

## March Metroparks Action

For more information and to register, <http://www.metroparks.org/> or 275-7275

## Intro To Backpacking For Women Tue. Mar. 17, 6:00-8:30 pm

Wegerzyn Gardens MetroPark: Auditorium  
1301 E. Siebenthaler Ave., Dayton, OH 45414

Join other women interested in backpacking to get an orientation to backpacking. This class, taught by female backpacking experts, will cover trip planning, trail techniques, nutrition, physical fitness, 'Leave No Trace' concepts, and female specific techniques. Introduction to Backpacking or other demonstrable experience is a prerequisite for Outdoor Recreation Department backpacking trips.

Registration required: Fri. Jan. 16 - Tue. Mar. 17 (937) 275-7275  
Fee: \$5

## Intro to Backpacking Wed. Mar. 25, 6:00-8:30 pm

Cox Arboretum MetroPark: Fifth Third Conference Room  
6733 Springboro Pk., Miamisburg, OH 45459

Get an introduction to backpacking and find your comfort zone in terms of trips and gear selection. This class will introduce you to trip planning, trail techniques and nutrition, physical fitness, and 'Leave No Trace' concepts. Introduction to Backpacking or other demonstrable experience is a prerequisite for Five Rivers MetroParks backpacking trips.

Registration required: Fri. Jan. 16 - Wed. Mar. 25 (937) 275-7275  
Fee: \$5

## Hike With The Metro Dayton Hikers

### Taylorville Metropark Sun. Mar. 1, 1:30-4:00 pm

Enjoy a 5 mile, two-and-a-half hour hike with the Metro Dayton Hikers. This hike is considered moderate, some hills. FREE, Age: All ages

### Englewood Metropark Sun. Mar. 15, 1:30-4:00 pm

Enjoy a 5-6 mile, two-and-a-half hour hike with the Metro Dayton Hikers. This hike is considered moderate, some hills. FREE, Age: All ages

### Sugarcreek Metropark Sun. Mar. 29, 1:30-4:00 pm

Enjoy a 5 mile, two-and-a-half hour hike with the Metro Dayton Hikers. This hike is considered difficult, very hilly in spots.

## Intro to Bicycle Maintenance Thu. Mar. 12, 6:00-8:30 pm at Wegerzyn Gardens

This lecture-style class with some hands-on instruction will help you diagnose and fix minor mechanical issues. Participants will be introduced to basic repairs and adjustments, ...  
Fee: \$5, Age: 14Y - and up

## Bicycle Maintenance Basics Thu. Mar. 19, 6:00-8:30 pm at Cox Arboretum

This next step in the bike maintenance progression will give riders a more comprehensive understanding of what makes the wheels

go round. This hands-on class will cover bike ...  
Fee: \$10, Age: 14Y - and up

**Fly Fishing For Bass And Bluegill** Wed. Mar. 11, 6:00-8:00 pm at [Possum Creek](#)

The Miami Valley is loaded with great bass and bluegill fishing opportunities on our local streams, ponds and lakes. Learn about the techniques, gear and flies needed to catch ...  
Fee: \$5, Age: 10Y - and up

## Programs at Great Miami Outfitters

*FREE – reservations preferred, limited seating.*

*(Walk-ins welcome if space is available on evening of class.)*

Call us at (937) 847-8787 or

email [adventure@greatmiamioutfitters.com](mailto:adventure@greatmiamioutfitters.com)

## Climbing to the High Points of the 50 States

### FREE “Living For Adventure” Presentation

This program will be about climbing, hiking, and traveling to the highest point of all 50 states, presented by Ron Schilb

It will provide the attendee, resources, information, and inspiration to visit the highest point of each state. Ron’s emphasis is on the journey and not the destination. He will talk about the dangers, skills, and procedures to obtain this lofty (pun intended) goal. Ron has visited 47 of the 50 high points and he hopes to finish all 50. Enjoy this PowerPoint presentation of his personal journey to accomplish this goal. Ron will draw from his experience and provide lots of tips and pointers that can help anyone who seeks a wonderful goal such as this, that unites lots of skills and learning and mixes it with geography, history, and travel.

**WHEN:** Thursday, February 26th, 6:30 PM to 8:00 PM

## INTRODUCTION TO BACKPACKING CLASS

**Tuesday, March 10, 6:00 to 8:00 PM**

We offer this FREE class to help you get started in backpacking or to refresh you on the latest in gear, clothing, backpacks, stoves and more! Our class is held in our downstairs classroom. Great Miami Outfitters will cover a spectrum of information from how to find and fit the right backpack, how to fit everything into your pack, how to pack and be prepared for any weather, all the way to what to look for when shopping for your gear – tents, hammocks, backpacks, sleeping bags, stoves, food, clothing and more. This is a great way to learn more about backpacking and ask questions in a friendly, casual atmosphere.  
Great Miami Outfitters Classroom\*

## Steve Coomer’s Little Miami River

Saturday March 14th, 2014 at 12:00 PM

If you missed this presentation last June, here’s your chance to attend. Join us for Steve Coomer’s presentation about the Little Miami River. Steve grew up along the river and knows the local stream fishing scene better than anyone. He also works part-time as a naturalist for Little Miami Conservancy helping introduce people to the great outdoors. And now he has turned that

passion into a book – *Steve Coomer’s Little Miami River – Fishing, Facts & Folklore Galore!*

Having spent his entire life fishing the Little Miami and probably catching more trophy fish out of it than anyone ever has, Steve is uniquely qualified to write this book. Along with snapshots of different areas all along the river, this book provides solid info on catching all the river’s fish as well as stories and history of the river itself.

Many people know Steve as “Old Stinky Guy” on the Ohio Game Fishing Forum, where he shares his advice, tips and tricks.

The new book is primarily a fishing book by an expert river fisherman, the book is loaded with tons of other information. Folklore, trivia and interesting tidbits of history about the river past and present fill this book. Also included are the best maps of the river you will ever see as well as snapshots of some of the wildlife. Filled with high quality photos this book is a must have for anyone who loves the Little Miami.

### FREE PRESENTATION

Great Miami Outfitters Downstairs Classroom

## Program at True Heights Outfitters

### Appalachian Trail Long Distance Hiker Panel

March 4, 2015 - 7:00pm

Free and open to the public.

**Presented by: Outdoor Adventure Connection**

Hosted By: True Heights Outfitters, 3170

Rodenbeck Drive Beavercreek, Ohio 45432 - [map link](#)

Have you ever thought about hiking on the Appalachian Trail but need some advice and guidance? Want to learn more about about what it takes to do a section or thru-hike on the Appalachian Trail? Then attend this informal Appalachian Trail Long Distance Hiker panel. Five panelists will share their experiences, challenges, stories and takeaways from their long distance hiking on the AT. Learn from the experts. Combined the panelists and moderator have nearly 20,000 miles of hiking experience on the Appalachian Trail. A question and answer session will follow the panel discussion.

### Panelists:

Yvonne "Princess Doah" Entingh - Section Hiker '12

Carol "Kettering Strider" Inskeep - Section Hiker '15

Angie "Sunbeam" Sheldon - Thru Hiker '09

David "Rowdy" Rough - Thru Hiker '14

Brandon "Rolling Stone" Riggins - Thru Hiker '11

### Program Moderator:

Andy "Captain Blue" Niekamp - Section Hiker '98, '04, '10



## Miami Valley Outdoor Club

P.O. Box 292571  
Dayton, OH 45429  
www.mvoc.net

### 2014 MVOC Officers

President/Newsletter:	Jim Nies	937-275-9614	jnies@aol.com
Vice Pres/Activities:	Sharon Mullins	937-620-0887	dmullinsvanoh@aol.com
Activities Committee:	Patty Wheelbarger, David Snell, Bruce Howorth, Ella Himes, Gary Mount, Marty Moseman, Duane Gray		
Secretary/Treasurer:	Dale Bockhorst	513-675-1425	dalebockhorst@yahoo.com
Programs Director:	Tom Schommer	937-233-1021	tschommer@sbcglobal.net
Webmaster:	Hank Trimble	937-620-4971	hank.trimble@yahoo.com
Special Events Coordinator:	David Snell	937-546-9787	crayds@woh.rr.com

### Membership Form

Miami Valley Outdoor Club Membership/Waiver Form

Renewing dues are the full year's amount: singles \$16 / families \$24 regardless of date of renewal.

Renewing members must fill out membership/waiver form every year. Both spouses/partners in a family must sign.

Write additional family members on back of form.

New members please mark time-frame you are joining: \_\_\_\_ Jan. thru Mar. - singles \$16 / families \$24

\_\_\_\_ April thru June - singles \$12 / families \$18 \_\_\_\_ July thru Sept. - singles \$8 / families \$12

\_\_\_\_ Oct. and after - full-year membership dues (\$16 or \$24) will include the remainder of the current year and the entire following year.

**\*Circle one:** (Include) (Do not include) my name and information on the annual roster sent to all MVOC members.

Name \_\_\_\_\_ I'd like to join \_\_\_\_ I'd like to renew \_\_\_\_

Address \_\_\_\_\_ I'd like more information \_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Phone # \_\_\_\_\_

Email Address \_\_\_\_\_ Amount enclosed \$ \_\_\_\_\_

I hereby declare that I am at least 18 years of age and agree to abide by the rules and regulations of the Miami Valley Outdoor Club. I do hereby relieve the Miami Valley Outdoor Club and/or its officers and members from all responsibility and liability regarding any loss, injury, or accidents incurred at, or related to, any club activity or function.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Print out and Mail to: Miami Valley Outdoor Club, P.O. Box 292571, Dayton, OH 45429